



समानो मन्त्रः समिति. समानी



NOT ME BUT YOU

NATIONAL SERVICE SCHEME

ANNUAL REPORT

2022-2023



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University of North Bengal is an educational institution established as per university act of West Bengal and is situated at foot hills of Himalaya of Darjeeling District. The institute providing quality education and research in this part of Eastern India. National Service Scheme has been introduced at the University of North Bengal since 1982. It was introduced as a complement to the academic programs of the University. It has become a part and parcel of the academic system. The major objective ever since has been to involve the students in the society of which they are an integral part. The entire programs of the NSS revolve around the students wherein the NSS volunteers put the students in a single thread in order to implement the NSS objectives. The NSS is a challenging medium for functioning amongst the down trodden section of the society as north Bengal University represents those affiliated colleges which are in majority located in rural areas where majority of the population belongs to Scheduled caste, Scheduled tribe and many other minority communities. To reach this vulnerable section of population and to work for them, the NSS can be a major weapon to curb their destitution. Presently university has 93 NSS unit distributed in university campus and various colleges from hills of Darjeeling, Kalimpong and plains of North Bengal. Around 9000 students volunteers of colleges and university are directly involve themselves to provide the community services. University of North Bengal Rajarammohunpur campus itself holding 6 NSS units with around 600 volunteers and Jalpaiguri Campus with 1 unit with 100 volunteers. Out of 7 units, 6 unit accommodates male and female members and 1 unit is with fully for girls' volunteers.

Unit I- Students volunteers from the Department of Law, NBU (Male and Female)

Unit-II: Students volunteers from the Department of History, Bengali, Economics, Philosophy, Bengali and Education, NBU (Male and Female)

Unit-III: Students volunteers from the All the Science Departments, NBU (Male and Female)

Unit-IV: Students volunteers from some of the Arts Departments, NBU (Male and Female)

Unit-V: Female Students volunteers from the all the Departments, NBU (Female)

Unit-VI: Students volunteers from the Centre for Innovative studies, NBU (Male and Female)

Unit-Jalpaiguri Campus: All students of Jalpaiguri Campus

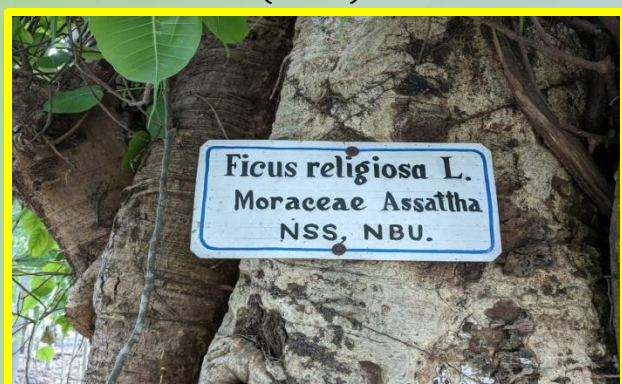
PRE-RD University Level Camp:

University level camp for the selection of potential NSS volunteers from different colleges and University Units for Pre-Republic day Parade (Ref no. P.16-1/NSS/RD/KOL/2022- 2023/2897-2929 dt. 16.08.2022) was organized by the office of the Programme Coordinator NSS, NBU. This camp was held on 07.09.2022 at NBU sports board from 9 a.m. onwards at Sports Board, NBU. Volunteers from various college NSS units were participated and the Potential Volunteers were sent to Pre-RD camp. A total of 66 volunteers from 12 college units and 3 NBU NSS units, participated in the camp. Mr. Vinay Kumar (Regional Director, Kolkata), Dr. Subhrajyoti Kundu, Department of Mass Communication, NBU (Cultural), and Mr. Partha Protim Roy (Associate NCC officer, Siliguri College, Physical test expert) and few senior Program officer and staff of Sports Board, NBU and members of Office of Program coordinator were present there and successfully completed the camp.



Tree nameplating:

A tree nameplating programme was carried out in the main campus of University of North Bengal throughout the academic year by all NSS units of NBU. About 650 plants were tagged with a metal nameplate including the scientific names, plant families and common or vernacular names. Prior to nameplating all the trees were identified properly according to the international nomenclatural rules. Taxonomic identification of the trees were done with the help of subject expert Prof. Monoranjan Chowdhury, Professor, Department of Botany, and the plant specimens were validated by matching the samples with the preexisting samples of Digital Herbarium Facility of NBU Herbarium(NBU).



Observation of Students' Week:

All the NSS units of University of North Bengal celebrated "Students' Week" (Ref no. 238-SSE/2022 dt. 27.12.2022). It was celebrated throughout the entire state. The programme was organized by the office of the Programme Coordinator NSS, NBU. This camp was held from 1st to 7th January, 2023. The weeklong programme focused on awareness of students regarding different beneficial schemes implemented by the state government. About 250 NSS volunteers from all NBU NSS units were present.

Induction Publicity Exhibition Vehicle Drive:

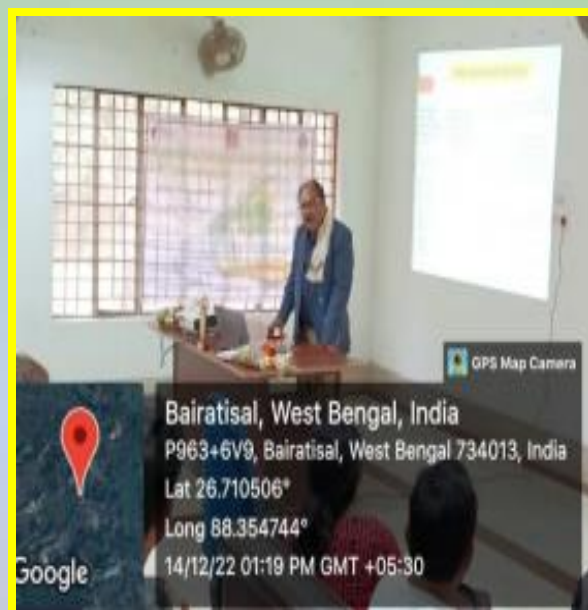
An awareness programme on Indian Publicity Exhibition Vehicle “Induction Publicity Exhibition Vehicle(IPEV) Drive” was organized on 3rd September, 2022 by NSS Unit I of University of North Bengal in association with Indian Air Force. Indian Air Force conducts Induction Publicity programmes in different parts of the country through ‘DISHA’, Air HQ to spread career and induction related information for Officers’ cadre in the IAF. In continuation of the efforts towards induction of officers in the IAF, DISHA has developed an Induction Publicity Exhibition Vehicle (IPEV) with a Flight simulator and



other gadgets aimed at motivating the target group towards opting for IAF as a career. The drive is an effort by the IAF to benefit large cross section of capable and interested students to be part of the IAF which is 'A Cut Above'. A total of 116 volunteers were present among them 67 were males and 49 were females. Besides all officials and dignitaries of NBU and around 150 scholars and students were also present there.

Energy conservation Day:

Energy conservation is the decision and practice of using less energy. Turning off the light when you leave the room, unplugging appliances when they're not in use and walking instead of driving are all examples of energy conservation. The two main reasons people conserve energy are to gain more control over their energy bill and reduce the demand on the earth's natural resources.



Globally, energy conservation has enormous potential to boost economic growth while reducing greenhouse gas emissions. More than two decades ago, India began implementing energy conservation measures and has since established a clear policy architecture for promoting energy conservation. It can be attained through efficient energy use, in which energy use is reduced while achieving the same result, or through reduced consumption of energy services. It is one of the simplest ways to help the environment by reducing pollution and utilizing natural energy. All the NSS units of University of North Bengal in collaboration with IIC organized "Energy Conservation Day" on 14th December, 2022. The objective was to enhance awareness level amongst the public on energy efficiency and inform them about the virtues of adopting energy conservation. People were also made aware of the quality and standard issues of energy intensive appliances. A total of 350 individuals including NBU NSS officials, 100 NSS volunteers and around 225 students and scholars were also present to make this programme successful.

Aranya Saptaha:

All the NSS units of University of North Bengal along with Panchanan Anuragi Mancha, NBU celebrated “Aranya Saptaha” from 14th to 20th July, 2022. On that auspicious occasion a tree plantation drive was organized in the main campus of University of North Bengal on 18th July, 2022. A total of 80 plant saplings were planted at the following places-

- i. Beside HRDC Guest House
- ii. Back side of Sociology Department
- iii. Boys’ Hostel roadside
- iv. Near VK Hostel

A total of 685 individuals including 200 NSS volunteers were participated in this drive. Besides all NBU NSS officials, members of Panchanan Anuragi Mancha and around 400 students and scholars also participated in this drive to make it successful.



Mega Health Camp:

A mega health check up camp was arranged by all NSS units of university of North Bengal in association with Lions Club of Siliguri Gogetters, Star Dental and cosmetics and Dr. Bindal's Dental Care. North Bengal Medical College and Hospital was the Blood Partner. The camp was arranged on 2nd September, 2022 from 10:30 am to 1:30 pm at Room No. 109 of Humanities Ground. The main objective of the camp was to spread awareness of blood donation and Health and Nutrition. On that occasion Vital Check up and Dental Check up were also provided. A blood donation drive was also carried out. And last but not the least, after the drive food was distributed among the patients. A total of 150 NSS volunteers were present in that occasion. Besides NSS Programme Coordinator, Programme Officers and around 200 Research Scholars and students were also present there to make the drive successful.



NBU NSS UNIT-I

Thou brave one, be bold, take courage, be proud that thou art an Indian, and proudly proclaim, "I am an Indian, every Indian is my brother." Say, "The ignorant Indian, the poor and destitute Indian, the Brahmin Indian, the Pariah Indian, is my brother."

-Swami Vivekananda

Same like the thought of Swami Vivekananda and all other unnamed Ideals of India, had the same ethos and vision to promote the conscience of social service and brotherhood to each other for a greater progression of India. Being a human, humanity is the foremost identity of oneself that starts from the selfless service to the society. With the values of education, the role of community service as an extracurricular, would play a vital role in the life of all students for their personality development. **National Service Scheme** provides the platform to the students for that community service that is also reflected in the Moto- "**Not Me But You**". In the symbol of NSS, the Rath chakra, taken from Konark Sun temple, symbolises the progression across time and space and its crimson colour stands for the young blood in other sense, young students, who have the best energy and power to serve the society.

First in 1969, the National Service Scheme was launched by the Government of India for the students that was accepted by the University Grants Commission. In University of North Bengal, it was first introduced in the year 1982 and built its multiple units in the University Departments and in also the affiliated colleges by the coordination and the efforts of the authority and the students. NSS Unit-I, Department of Law is also among those units that is performing and contributing a great effort by its volunteers in various socio-cultural activities since beginning. The unit is now under the supervision and guidance of the Program Officer **Asst. Prof. Sanjay Dutta**, who is always promoting and encouraging the students towards the goal of National Service Scheme. The NSS Unit-I in the preceding year 2022-23 accordingly fulfilled the true goal of NSS by conducting various events throughout the year that is discussed under this **Annual Report 2022-23**.

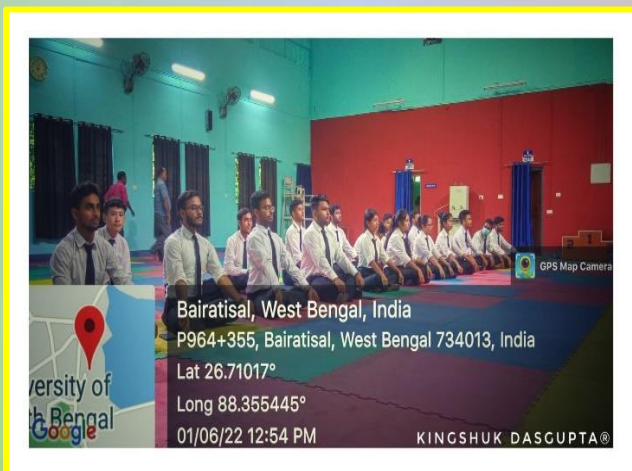
Fire Safety Awareness and Mock Drill Program:

The Volunteers of NSS Unit-I cordially participated with their voluntary cooperation in the **Fire Safety Awareness and Mock Drill Program**, organised on the 25th of May 2022 by University of North Bengal in association with Siliguri Fire Station at Vidyasagar Mancha. This awareness program aimed to spread knowledge and consciousness to the young students about the precautionary measures to avoid fire breaking and if it happens then how to extinguish the same at initial. It was taught to all the volunteers and other spectators by a fire brigade officer of the Siliguri Fire Station that a fire has its three necessary components, respectively- oxygen, fuel and heat that is also known as **Fire Triangle** and taking away any of the components will definitely result in the extinguishment of fire. The five different classes of fires and also the respective fire extinguishers were shown and demonstrated. At the second phase, there was a mock drill in the premises in which practically various extinguishers were tested by NSS volunteers with the instructions of the fire officers. The coordinator of NSS Units, NBU, Dr. Manoranjan Chowdhury, Program Officer of NSS Unit-I, Dr. Sanjay Dutta, Dean of Arts-Commerce-Law, NBU, Dr. Rathin Bandopadhyay and other respected officials were present at the program. The program ended with the message and a call to all the volunteers present at the program to spread the knowledge to the community at rest about those measures and techniques by which they themselves extinguish fire at ground level, quickly avoiding further damage.



Yoga Day Practice & Celebration Of International Yoga Day: "Health is Wealth"

Health is very precious to everyone. It is impossible to perfectly do any work, especially studies if one is sick. For the student, health care and exercise have its vital role. Yoga is an ancient Indian practice of exercise for spiritual upliftment that is found in Indian scriptures like Yoga sutra by **Maharshi Patanjali** and in forms of **Lord Shiva**. Other than the spiritual basis it has its great impact to the health and fitness that is accepted and practised throughout the globe. Not only the physical health but also it has some mental positive effects to it. It was first in 2014 when the United Nations recognised the day 21st June, World Yoga Day, it got its large spread in India and abroad as well. A one-month yoga practice session was organised by Khela Ghar (Sports Board) of University of North Bengal, celebrating the International Yoga Day, involving 100 NSS volunteers in which the selected volunteers of NSS Unit-I cordially participated. The practice session for the volunteers of NSS Unit-I took place in the hall premises of Khela Ghar on and from first of June 2022. Various Asanas of Raj Yoga were trained to the volunteers and were practiced by the volunteers. Special costume for yoga day were provided to the volunteers by the sports board. On 21st June 2022, in the holy moment of 8th International Yoga Day, all the volunteers together performed Yoga at morning. There was a session organised where the importance and benefit of yoga practice was explained to all the volunteers and it was instructed to all of them to make a routine practice of Yoga in each day to achieve long term healthy and fit body and mind.



Legal Awareness Program on LGBTQIA+ Rights:

"We the people of India...." Preamble of Indian Constitution

Gender is the social identity of any person that is based upon the behaviour through his socialisation process. LGBTQIA+ is an inclusive term that includes people of all genders and sexualities, such as lesbian, gay, bisexual, transgender, questioning, queer, intersex, asexual, pansexual, and allies (+ denotes "so on"). While each letter in LGBTQIA+ stands for a specific group of people, the term encompasses the entire spectrum of gender fluidity and sexual identities. We have been using the term since the 90's for the upliftment and to provide equal status and reputation to all the genders in the society. Due to social-illness and lack of consciousness, we have always been differentiated by the third genders for a long sphere of time, which has created discrimination to the rights and also to their dignity. India by its soul constitution provides for fundamental equality to them that was also reestablished and interpreted in **Navtej Singh Johar's case** and also enacting **The Transgender Persons (Protection of Rights) Act, 2019**. To spread this noble message, a "Legal Awareness Program on LGBTQIA+ Rights' ' was organised on the 3rd of June 2022 by **NSS Unit-I** in the multipurpose hall, situated in the Department of Law, University of North Bengal with the presence of respected guests who actually belong from the third gender community. It was discussed by the PPT presentation and speeches about government policies for the LGBTQIA+ community and the critical implementation of it by the NSS volunteers and also the guests. It was also discussed that to erase the social problem from the ground level, we as a community have to change our mind set and enforce the same by our social activities by which we together can strengthen fraternity and brotherhood among ourself and can bring the actual social reform. At the end, a drama was performed on this topic following with taking oath by everyone to try their best of securing the third gender rights.



Orientation and Social Media Awareness Training Program:

“Man is by nature a social animal” -Aristotle

The human being loves solidarity and a feeling of togetherness that always makes them different from the lower animals. By the progression of science and civilization the social channels enlarged from time to time. In the 21st century, social media can be denoted as a gift of science that is irreplaceable to get contact with the people in any corner of the world by only tapping a mobile phone. In the positive sense, social media platforms like- **Facebook, WhatsApp, Twitter, Instagram, Telegram**, etc. can be a great way to connect with the whole world and to achieve globalisation and World fraternity. 2 years back in the time of pandemic, those social platforms were also considered as a one and only virtual mode of education. Social media awareness refers to the knowledge and practical use of those social channels for marketing and promoting a brand that was discussed in **Orientation and Social Media Awareness Training Program** on 15th June 2022, organised by DNO, Jalpaiguri District in collaboration with NSS Unit-II, Surya Sen Mahavidyalaya & NBU NSS Unit-I, Dept. of Law in the auditorium of Surya Sen Mahavidyalaya.

Mr. Agnimeel Das, Youth Officer, Regional Directorate of NSS, Ministry of Youth Affairs & Sports, Govt. of India, was the chief guest in the program who not only discussed about the social media but also delivered his audio-visual speech on all the aspects of **National Service Scheme** as a whole along with the PPT presentation. The volunteers of NSS Unit-I actively participated with their cooperation and positive interactions with the speakers on the subject.



Celebration of "Aranya Saptaho“:

"দাও ফিরে সে অরণ্য, লও এ নগর,
লও যত লৌহ লৌহ কাষ্ঠ ও প্রস্তর"

(Give back the forest by reversing back the assets of urbanisation)

-Rabindranath Tagore

Due to the increase of deforestation, urbanisation has its major effect on the environment, causes -air pollution, soil erosion, destruction of endemic species, destruction of habitat of wild animals, greenhouse effect, negative shift of level of oxygen, global warming and so on. It is only through plants that carbon dioxide (CO₂) is taken in and oxygen (O₂) is released from the environment through photosynthesis, and that oxygen is the only means of sustaining life on earth. From the ancient time India was conscious about the trees and even worshipped it as well. There were various movements like the Bishnoi movement (1730), Chipko movement (1970s) etc. Their participation here directly awakens us to the vital need of trees in our life. In undivided Bengal the tree plantation program was coined in the form of **Banamahotsav** or **Aranya Saptaha** that was first initiated by Rabindranath Tagore himself in the year 1927 at Shantiniketan. In recent times, there are various governmental initiatives also to promote tree plantation on a large scale. **National Service Scheme, NBU and Panchanan Anuragi Mancha** jointly organised for the tree plantation program titled- **Aranya Saptaha** on 14th to 20th July 2022 by the plantation of trees in the University campus. On 18th July, the NSS Unit-I volunteers participated in the program and planted a number of trees in the whole campus. Through the program, the volunteers showed their collective spirit and contributed some approach towards reviving the greenery.



Some glimpses of the “Har Ghar Tiranga” campaign of the NSS Unit-I, Department of Law, University of North Bengal (15.08.22):



(IPEV) DRIVE" OF INDIAN AIR FORCE :

नभःस्पृशं दीप्तम् ।

(Touch the sky with Glory)

-Motto of the Indian Air Force.

In the water bodies, land and also in the sky, we have the protectors in the guise of army-man who are serving the motherland by sacrificing their lives. In the army regiments, Indian Air Force provides close air support to the Indian Army troops in the battlefield and also provides strategic and tactical airlift capabilities in aerial warfare. The program about the consciousness of Indian Air Force, that is- **Induction Publicity Exhibition Vehicle Drive** was organised on the 3rd of September 2022 in the conference hall of the University of North Bengal by **NSS Unit-I**, and was directed by the army officers of Bagdogra Air Force station. Through the PPT presentation, along with an interactive quiz, officers conducted an audio-visual session on the history of the Indian Air Force from its foundation in colonial India in 1932. The various aircrafts and fighter jets were introduced in that session along with various honorary awards for the Air Force. There were also discussions about various posts including flying branch and ground duty staff and their qualifications for career building in the Indian Air Force. The volunteers of NSS Unit-I with all the rest of the students of the department of law actively cooperated and participated in the program. There was a publicity exhibition vehicle of the Indian Air Force where an exhibition was held by the officers in which there was digitized gaming equipment to provide for some sort of mock practical experience to fly an aircraft; also, there were small replicas of aircrafts, army dresses and so many other things. So many other spectators, along with the students also experienced the exhibition and the NSS volunteers cooperated and also maintained order in that event. At last, there was the distribution of gifts of notebooks and posters by the Air Force staff to all the participants.



PET Neutral Campus Drive:

Polyethylene terephthalate (or poly(ethylene terephthalate), PET, PETE, or the obsolete PETP or PET-P), is the most common thermoplastic polymer resin of the polyester family and is used in fibres for clothing, containers for liquids and foods, and thermoforming



for manufacturing, and in combination with glass fibre for engineering resins. PET is known to leach antimony trioxide and phthalates. Both of these are dangerous to health. While antimony may contribute to cancer development, skin problems, menstrual and pregnancy issues, phthalates are endocrine disruptors. PET is also known for being the source of a number of potential chemical contaminants, including endocrine disruptors such as Bisphenol A, which can cause reproductive disorders, cardiovascular problems and cancer, among other ill effects.

PET Neutral Campus Drive was organized by all the volunteers of NSS Unit I of the University of North Bengal on 28/11/2022. A total of 116 volunteers of NSS Unit I of University of North Bengal were present and successfully conducted the drive. Of them 67 were males and 49 were female volunteers.

NATIONAL ENERGY CONSERVATION DAY:

Energy cannot be destroyed but its forms can be changed to one another, that is known to be the conservation of energy that later developed in the conservation theory of mass and energy in which Einstein made a relationship between two in the formula $E = mc^2$ (E- energy, m- mass, c- constant).

The transforming of mass in either of 8 forms of energy or in changing the forms only, a large portion of energy got unutilized or wasted. The wastage of heat while cooking, wastage of natural green energy resources, wastage of electricity while transmission, lighting lamps in daytime, non-usage of advanced machinery, etc. all qualify for wastage of great amount of energy. The demand of energy directly or indirectly is increasing day by day, which promotes us to focus more on energy conservation. Conservation of energy not only will result in fulfilment of higher demand but also it is considered to be a mode of sustainable development in the community. The National Energy Conservation Day Program was organised by the **Institution's Innovation Council** in collaboration with the **National Service Scheme Units** in NBU on 14th of December 2022 from 11:00 a.m. in the Faculty Club of University of North Bengal. The program started with the PPT presentation and speech of the guests with the professors from physics department who explained about the scientific critical perspective of energy conservation and with special reference to **superconductors** of electricity and **renewable energy sources**. **Dr. Ranjan Roy**, Professor, Department of Geography, critically presented his lecture on solid waste management with referring to 3- R's, namely- reuse, reduce and recycle that can be indirectly treated as a mode to conserve energy as new product manufacturing is subject to wastage of energy. Respected **Vice Chancellor of the University**, **Dr. Om Prakash Mishra** also delivered a speech by encouraging all NSS volunteers to make an effort to conserve energy.

The science model exhibition, poster competition, group discussion, essay competition was also organised after the first session in which the NSS volunteers of Unit-I participated in an active manner and also secured many positions in those respective competitions. In the ending session, the price distribution ceremony was held and the winners were rewarded with mementos. With the thanking speech by **Dr. Manoranjan Chowdhury, NSS Coordinator, NBU** the program comes to an end.



Blood Donation Camp

A blood donation camp was organised jointly by NSS Unit-I, Department of Law and NSS Unit-III, Department of Computer Science and Technology, NBU, on 14th of March 2023 in the Faculty Club, NBU. In the human body, blood is a very essential component through which our veins and arteries transport oxygen to each cell for the metabolic actions and take back carbon dioxide to lungs to maintain the whole human body. The blood of human beings consists of the blood cells (RBC, WBC, and Platelets) and also the plasma liquids and is of 4 groups based on different antibodies, specifically- A, B, AB, O and then further differentiated out of Rh factors (+/-). Because of various components and different functionalities of it, science is still not able to produce blood artificially. According to a report of The Statesman in 2022, everyday around 12000 people in India die due to the sheer lack of blood in India. India collects around 11 million units of blood per year and needs around 15 million which is way too short for the demand. Therefore, the only way to save those patients, blood donation, is very important for us. In that blood donation camp, **Siliguri Terai Lions Blood Bank** came forth to collect blood with their clinical equipment along with doctors and medical staff. At the first session, the importance of blood donation was discussed to the students by the doctors in presence of **Dr. Manoranjan Chowdhury**, Program Coordinator, NSS, NBU, **Dr. Sanjay Dutta**, Program Officer, NSS Unit-I and **Dr. Rakesh Kr. Mandal**, Program Officer, NSS Unit-III. The role of blood donation was also discussed as a step to community service and how is it important for the NSS volunteers to achieve their motto **“Not Me But You”**. After the fitness check-up, around 40 units of blood were collected in total out of which around 20 units were donated by the volunteers of the NSS Unit-I. The blood donors were provided with certificates and some healthy refreshments after the donation.



VACCINATION CAMP :

"Prevention is better than cure."

To get protected from pathogens and to prevent epidemics and severe diseases, proper vaccination is very important for a child. Vaccine is primarily a substance used to stimulate immunity to a particular typically prepared from an inactivated or weakened form of the pathogens, and by that our body is able to build immunity against it and lymphocytes in the form of memory cells maintain the immunity for the long time against the specific pathogen. Commonly the vaccination of oral polio, hepatitis B, BCG, rotavirus is given to the children by the initiative of the government itself for the prevention. In the past few years of pandemic, there were also vaccinations given to all from the government to prevent COVID-19.

A vaccination camp of RI session was organised by NSS **Unit-I and Unit III** of University of North Bengal unitedly in Palpara, Matigara. The health staff from Palpara sub centre conducted the vaccination camp where all the children living in the surrounding areas were taken by their parents and were vaccinated. The NSS volunteers made their collective effort to maintain lines, doing registrations and also handling the children throughout the vaccination camp. The health staffs of the sub centre also acknowledged the volunteers for their cooperation throughout the vaccination camp.



Special Camp 2022-23 At St. Charles Eng. Academy, P.O- Belgachi, Darjeeling (18.03.23-24.03.23)

The special camp of NSS Unit-I was organised in **St. Charles English Academy**, P.O- Belgachi, M.M Terai, Upper Bagdogra, Darjeeling from 18th to 24th March 2023. The special camps of NSS units are organised annually for 7 days in a suitable place where there is greater need for community service and also by the camp itself, the National Service Scheme provides the platform to the volunteers to get closer to every section of people in the society and to do good for themselves with the spirit of selfless service. Day wise the following programs hereunder mentioned were carried on by the volunteers:

- **Day 1:** At the first half of the day, a cleanliness awareness campaign was organised by the volunteers with the presence of the locals and the students. In the second half, a collective cleaning campaign was done by the volunteers by cleaning school-ground and premises.

- **Day 2:** On the second day of the camp, a vector borne disease awareness campaign was conducted by the volunteers and precautionary measures were discussed with the students to prevent those diseases.

- **Day 3:** On the third day, at first there was felicitation program organised where the **Program Officer of NSS Unit-I, Dr. Sanjay Dutta** felicitated **Mrs. Bobbi Sonar**, Principal of St. Charles School; an awareness camp of human trafficking and also the value addition program about good touch and bad touch was conducted by the volunteers. Along with the programs, Fit India program was organised where school students were trained in yoga.

- **Day 4:** On the fourth day, a legal awareness program was conducted by the volunteers discussing various topics of law and justice in presence of local residents and students.

- **Day 5:** Fifth day of the special camp started with awareness camp on health and hygiene, conducted by the volunteers and on the second half of the very day, there was a health check-up of the school students by **Dr. Zakia Banu** (Medical Officer and Doctor in Health Centre, NBU).

•**Day 6:** Tree plantation program was organised at the school ground where the principal of the school, all the teachers, police officers from Siliguri Metropolitan police as a guest were present.

•**Day 7:** A Skit was performed by the volunteers based on human trafficking and the closing ceremony was organised in the school auditorium.





Other Activities and Achievements of Volunteers:

•During the **NAAC peer team visit** in University of North Bengal, the volunteers from NSS Unit-I were present for various cultural and educational activities and services.

•**Har Ghar Tiranga Campaign:** The volunteers of NSS Unit-I, celebrated Azadi Ka Amrit Mahotsav by making various handmade and digital posters, also had registered for Har Ghar Tiranga campaign and got digital certificates by the Ministry of Culture, Government of India. The volunteers also hoisted the national flag in their residence on the auspicious moment of 75th Independence Day.

•**Akshay Urja Diwas:** On 20th August 2022, Akshay Urja Diwas program was organised by NSS Unit-VI, Centre for Innovative Studies, University of North Bengal and various cultural competitions were organised, including essay writing, poster and painting. The volunteers from NSS Unit-I actively participated in those events and secured positions and awards in each of the competitions.

•Two of the volunteers from **NSS Unit-I** went for university level **Pre-Republic Day Parade camp** where they learnt and performed the march past, performed cultural events, interviewed for father selection and as a whole met with the volunteers of the all units of the university and moved towards the greater faith of solidarity in NSS.

•On 14th of December 2022, the volunteers from NSS Unit-I served accordingly in the meeting of Open House in Rabindra Bhanu Mancha, NBU.

•**Youth Day Celebration:** The Youth Day program was jointly organised by NSS Unit-III and Bagdogra Vivekananda Yuva Mahamandal on 21st and 22nd January 2023 where multiple cultural and sports events were organised. The NSS volunteers from Unit-I participated in the competition and secured positions.

•**Republic Day Parade:** On 26th January 2023, there was a Republic Day ceremony organised in front of the Administrative Building, University of North Bengal through various events signifying national consciousness. Republic Day parade was a part of the ceremonies in which there was a selected group of NSS volunteers from university units including NSS Unit-I, led by a commanding volunteer from NSS Unit-I.

Last but not the least, the NSS volunteers from Unit-I were the part of many informal socio-cultural activities in the preceding year other than the aforementioned events that is equally valuable.



NBU NSS UNIT-II

Special camp:

A special camp was organized on at Mooni Tea Estate, Bagdogra on 3rd March, 2023. A series of programmes were also organized include Village sanitation programme, Educational awareness programme, drug abuse awareness programme, Child health and awareness programme etc. Total of 90 volunteers participated in the above said programme including 30 male and 60 female volunteers.



Drug abuse awareness:

To spread awareness among the locals especially youths to keep one away from drug addiction, consumption of alcohol and other addictive products. NSS Unit-II, University of North Bengal, and volunteers are initiated to share the bad sides of consumption of addictives among local peoples and its effect on their daily lives. Total of 61 volunteers participated in the above said programme including 35 males and 29 females.



Child and Women Health and Hygiene awareness camp:

NSS Unit-II, University of North Bengal organized a special camp to aware people about cleanliness and sanitation especially focused to children's and women health hygiene. Total 66 NSS volunteers were present (M-26; F-40). The number of beneficiaries were 83 including 27 males and 56 females.



Women Empowerment Awareness Programme:

Women Empowerment Awareness Programme was organized by all the volunteers of NSS Unit II of the University of North Bengal on 14/03/2023. Total 98 volunteers were present including 63 female and 35 male NSS volunteers.



Village Sanitation Programme:

A village sanitation programme was organized by all the volunteers of NSS Unit II of the University of North Bengal at Taipo Tea Garden. Total 40 NSS volunteers of NBU NSS Unit II were present. Among them 15 were female NSS volunteers and 25 were male NSS volunteers.



Educational Awareness Programme:

Education broadens the horizons of the mind and prepares young children to face challenges. It helps inculcate integral values, knowledge, intelligence and confidence. This phase of transformation is the beginning to great things ahead for every child. While people from urban areas realize the role of education and aim to create a strong foundation for their young ones, rural India paints a different picture. It is not unusual to see countless villages where education is disregarded. People from these areas are oblivious to the concept of getting an education and prefer to overlook the potential of schooling their little ones. They are unaware of the opportunities after education. Hence, there is a crucial need to help them realize and create awareness about education. Thus an educational awareness programme was organized by all the volunteers of NSS Unit II of the University of North Bengal at Muni Tea Garden. Total of 85 NSS volunteers including 32 males and 56 females and programme officers were present in the awareness drive. A total of 42 persons including 18 males and 24 females were made literate.



NBU NSS UNIT-III

Celebrating Azadi Ka Amrit Mahotsav:

‘Azadi Ka Amrit Mahotsav’ is an initiative of the Government of India to celebrate and commemorate 75 years of independence of progressive India and the glorious history of its people, culture and achievements. The celebrations started 75 weeks before our 75th anniversary of Independence and will end on 15th August, 2023.



All the volunteers of NSS Unit III of the University of North Bengal celebrated “Azadi Ka Amrit Mahotsav” on 27/08/2022. Total of 65 volunteers participated among them 40 are males and 25 are females. Besides, about 150 students, scholars and NSS programme officers were also present. On this occasion a Martial Art competition was also successfully organised by the unit.



Orientation Programme:

An orientation programme was organized by the NBU-NSS Unit-III at Inspiria Knowledge Campus on 12th September, 2022. A total of 80 volunteers participated among them 50 are males and 30 are females.



Programme to Celebrate 160th Birth Anniversary of Swami Vivekananda:

A spiritual genius of commanding intellect and power, Swami Vivekananda crammed immense labor and achievement into his short life (1863–1902). Vivekananda renounced the world and crisscrossed India as a wandering monk. His mounting compassion for India's people drove him to seek material help from the West. He was more than just a spiritual mind; he was a prolific thinker, great orator and passionate patriot. He carried on the free-thinking philosophy of his guru, Ramakrishna Paramhansa forward into a new paradigm. He worked tirelessly towards betterment of the society, in servitude of the poor and needy, dedicating his all for his country.

All the volunteers of NSS Unit III of the University of North Bengal celebrated “160th Birth Anniversary of Swami Vivekananda” on 21/01/2023 by organizing various types of cultural activities. Total of 80 volunteers participated among them 50 are males and 30 are females. Besides, about 340 students, scholars, kids and NSS programme officers were also present. On this occasion a Martial Art competition was also successfully organized by the unit.



Awareness Programme to Celebrate 160th Birth Anniversary of Swami Vivekananda:

An awareness programme was organized by all the volunteers of NSS Unit III of the University of North Bengal to celebrate “160th Birth Anniversary of Swami Vivekananda” on 22/02/2023. Total of 80 volunteers participated among them 50 are males and 30 are females. Besides, about 200 students, scholars and NSS programme officers were also present. Self defence by martial art, women empowerment, Awareness against plastic pollution were the main agenda of this programme.



Pulse Polio vaccination camp:

Pulse Polio vaccination camp was organized by all the volunteers of NSS Unit III of the University of North Bengal on 15/03/2023.



NBU NSS UNIT-V

Special camp:

A special camp was organized on the theme “Women Empowerment” at Mooni Tea Estate, Bagdogra during the period 17th May 2022 to 25th May 2022. A series of programmes were also organized include Village sanitation programme, Educational awareness programme, drug abuse awareness programme, Girls’ self-defence camp. Total of 50 NSS volunteers and programme officers were present in that camp.



Child and Women Health and Hygiene awareness camp:

A Child and Women Health and Hygiene awareness camp was organized by the female volunteers of NBU NSS Unit V at Mooni Tea Estate, Bagdogra on the occasion of International Women’s Day on 8th March 2023. A total of 20 female volunteers participated in the programme.



Link for youtube video of activities:

<https://www.youtube.com/watch?v=vp8wQD8rdMI>

Report Preparation:

Preliminary Annual Reports of all NSS Unit of University of North Bengal were prepared by concerned NSS Programme Officers. After compilation by the Programme Coordinator, Prof. Monoranjan Chowdhury, Professor, Department of Botany, University of North Bengal, the final report was prepared by Kushankur Sarkar, Research Fellow, Department of Botany, University of North Bengal.

NSS Data Base Annual Report on NSS for the Year 2022-2023
(From 1st April 2022 to 31st March 2023)

Name of NSS Unit: NSS Unit-I, Department of Law, University of North Bengal
Name of Programme Officer: Dr. Sanjay Dutta

(Targets & Achievements)

01. Allocation & Enrolment

Allocation	Actual Enrolment of NSS Volunteers														
	General			Scheduled Caste (SC)			Scheduled Tribe (ST)			OBC			Grant Total		
	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T
01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16
116	27	20		16	15		2	6		22	8		67	49	116

02. Special Camping Programme (Please attach month wise special camp details)

Allocation	No. of Camps held	No. of NSS Volunteers Participated														
		General			Scheduled Caste (SC)			Scheduled Tribe (ST)			OBC			Grant Total		
		M	F	T	M	F	T	M	F	T	M	F	T	M	F	T
02.	03.	04.	05.	06.	07.	08.	09.	10.	11.	12.	13.	14.	15.	16.	17.	18.
116	1	27	20		16	15		2	6		22	8		67	49	116

03. Adopted Village/Slum (Please attach list)

Allocation	Villages/Slums Adopted
1	1

04. Saplings Planted (Tree Plantation)

No. of Saplings Planted	No. of NSS Volunteers Participated		
	Male	Female	Total
25	10	7	17

05. Pulse Polio Immunization Programme

No. of Children Immunized			No. of NSS Volunteers involved		
Male	Female	Total	Male	Female	Total

06. Blood Donation Camp

No. of Camps held	No. of units Blood donated	No. of Donors		
		Male	Female	Total
1	40	28	12	40

07. Road Repair/Construction (In Km.)

No. of Camps held	Total Km. Road Repair /Constructed	No. of NSS Volunteers Participated		
		Male	Female	Total

08. Literacy Programme

No. of NSS Volunteers Involved			No. of person made literate		
Male	Female	Total	Male	Female	Total

09. Disaster Management Awareness Programme

No. of D. M. Awareness Prog. Organised	No. of NSS Volunteers Involved			No. of person made aware		
	Male	Female	Total	Male	Female	Total
1	12	2	14			

10. Women Empowerment Awareness Programme

No. of W. E. Awareness Prog. Organised	No. of NSS Volunteers Involved			No. of person made aware		
	Male	Female	Total	Male	Female	Total

11. Rally (AIDS, PPI, Cycle, Health, Literacy, Anti Terrorism etc.)

Name of the Rally	No. of Rally held	No. of NSS Volunteers Participated			No. of beneficiaries		
		Male	Female	Total	Male	Female	Total
1.							
2.							
3.							
4.							
TOTAL :-							

12. Seminars/Workshop

Name of the Seminars/ Workshop held	No. of Seminars/ Workshop Org.	No. of NSS Volunteers Participated			No. of beneficiaries		
		Male	Female	Total	Male	Female	Total
1. LGBTQIA+ Programme	1	67	49	116			
2. Social Media Training Program	1	17	5	22			
3. Air Force Programme	1	67	49	116			
4. Energy Conservation Day	1	18	4	22			
TOTAL :-							

13. Health Awareness Programme

Name of the Health Prog. Organized	No. of Health Prog Organised	No. of NSS Volunteers Participated			No. of beneficiaries		
		Male	Female	Total	Male	Female	Total
1. Yoga Day Practice	1	18	5	23			
2. Vaccination Camp	1	6	0	6			
3.							
4.							
TOTAL :-							

14. Any other NSS Programme organized:

Name of the Programme (with date)	No. of NSS Volunteers participated		
	Male	Female	Total
Ban Mahotsav Programme (18-07-22)	10	7	17

15. Any other Awareness Programme Organized:

Name of the Programme (with date)	No. of NSS Volunteers participated		
	Male	Female	Total
Pet Neutral Campus Campaign (28-11-22)	67	49	116

16. Shramdaan Programme:

No of Shramdaan Programme Conducted	Shramdaan (No. of volunteers hours devoted)			Shramdaan (No. of volunteers involved)		
	M	F	Total	M	F	Total

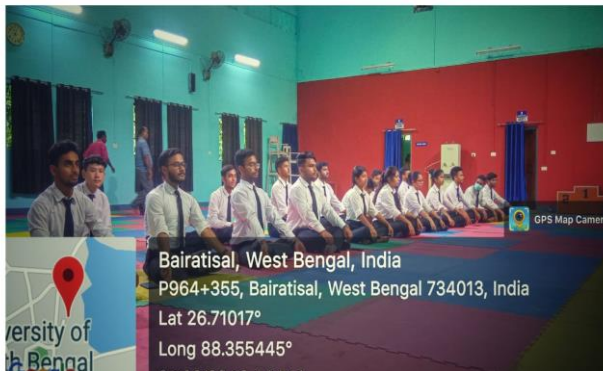
17. Self Defence Training Programme:

No. of self-defence training Programme organized	No. of Volunteers trained		
	M	F	Total

18. Swachh Bharat Campaign :

Total No Programme Organized	No of Volunteers participated		
	Male	Female	Total
1	67	49	116

18. Sample pictures of activities with captions



Yoga Day Programme



LGBTQIA+ Programme



Air Force Programme

Pet Neutral Campus



Blood Donation Camp



Vaccination Camp

19. Link/s for youtube video of activities (if any)

Signature of the Programme officer
with seal.

NSS Data Base Annual Report on NSS for the Year 2022-2023

(From 1st April 2022 to 31st March 2023)

Name of NSS Unit: Unit - II

Name of Programme Officer: Dr Sudash Lama

(Targets & Achievements)

01. Allocation & Enrolment

Allocation	Actual Enrolment of NSS Volunteers														
	General			Scheduled Caste (SC)			Scheduled Tribe (ST)			OBC			Grand Total		
	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T
01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16
	<u>5</u>	<u>10</u>		<u>19</u>	<u>30</u>			<u>6</u>		<u>12</u>	<u>18</u>		<u>36</u>	<u>64</u>	

02. Special Camping Programme (Please attach month wise special camp details)

Allocation	No. of Camps held	No. of NSS Volunteers Participated														
		General			Scheduled Caste (SC)			Scheduled Tribe (ST)			OBC			Grand Total		
		M	F	T	M	F	T	M	F	T	M	F	T	M	F	T
02.	03.	04.	05.	06.	07.	08.	09.	10.	11.	12.	13.	14.	15.	16.	17.	18
	2	3	8		16	29			6		11	17		30	60	

03. Adopted Village/Slum (Please attach list)

Allocation	Villages/Slums Adopted

04. Saplings Planted (Tree Plantation)

No. of Saplings Planted	No. of NSS Volunteers Participated		
	Male	Female	Total

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05. Pulse Polio Immunization Programme

No. of Children Immunized			No. of NSS Volunteers involved		
Male	Female	Total	Male	Female	Total

-1-

06. Blood Donation Camp

No. of Camps held	No. of units Blood donated	No. of Donors		
		Male	Female	Total

07. Road Repair/Construction (In Km.)

No. of Camps held	Total Km. Road Repair /Constructed	No. of NSS Volunteers Participated		
		Male	Female	Total

08. Literacy Programme

No. of NSS Volunteers Involved			No. of person made literate		
Male	Female	Total	Male	Female	Total
32	56	85	18	24	42

09. Disaster Management Awareness Programme

No. of D. M.	No. of NSS Volunteers	No. of person made aware

AwarenessPr og. Organised	Involved			Male	Female	Total
	Male	Femal e	Total			

10. Women Empowerment Awareness Programme

No. of W. E. AwarenessPr og. Organised	No. of NSS Volunteers Involved			No. of person made aware		
	Male	Femal e	Total	Male	Female	Total
2	13	48	61	35	77	112

11. Rally (AIDS, PPI, Cycle, Health, Literacy, Anti Terrorism etc.)

Name of the Rally	No. of Rally held	No. of NSS Volunteers Participated			No. of beneficiaries		
		Male	Fema le	Total	Male	Femal e	Total
1 Village Sanitation Programme	1	33	61	94	45	75	120
3.							
4.							
TOTAL :-	1	26	61	94	45	75	120

12. Seminars/Workshop

Name of theSeminars/ Workshopheld	No. of Semina rs/ Worksh op Org.	No. of NSS Volunteers Participated			No. of beneficiaries		
		Male	Femal e	Total	Male	Female	Total
1.							
2.							
3.							
4.							

TOTAL :-							
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-2-

13. Health Awareness Programme

Name of the Health Prog. Organized	No. of Health Prog Organised	No. of NSS Volunteers Participated			No. of beneficiaries		
		Male	Female	Total	Male	Female	Total
Health Check-up Camp	1	27	24	51	80	55	135
2. Child Health	1	26	40	66	27	56	83
3.							
4.							
TOTAL :-	2	53	64	117	107	111	218

14. Any other NSS Programme organized:

Name of the Programme (with date)	No. of NSS Volunteers participated		
	Male	Female	Total
Drug Abuse Awareness Programme (06/03/2023)	35	29	61

15. Any other Awareness Programme Organized:

Name of the Programme (with date)	No. of NSS Volunteers participated		
	Male	Female	Total
Observing International Women's Day, Awareness Camp on	35	63	98

Women's Health and Hygiene at Mooni Tea Estate(08/03/2023)			
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16. Shramdaan Programme:

No of Shramdaan Programme Conducted	Shramdaan (No. of volunteers hours devoted)			Shramdaan (No. of volunteers involved)		
	M	F	Total	M	F	Total

17. Self Defence Training Programme:

No. of self-defence training Programme organized	No. of Volunteers trained		
	M	F	Total
Girl's Self Defence Camp	19	31	50

18. Swachh Bharat Campaign :

Total No Programme Organized	No of Volunteers participated		
	Male	Female	Total
Campus Cleaning Programme	25	15	40

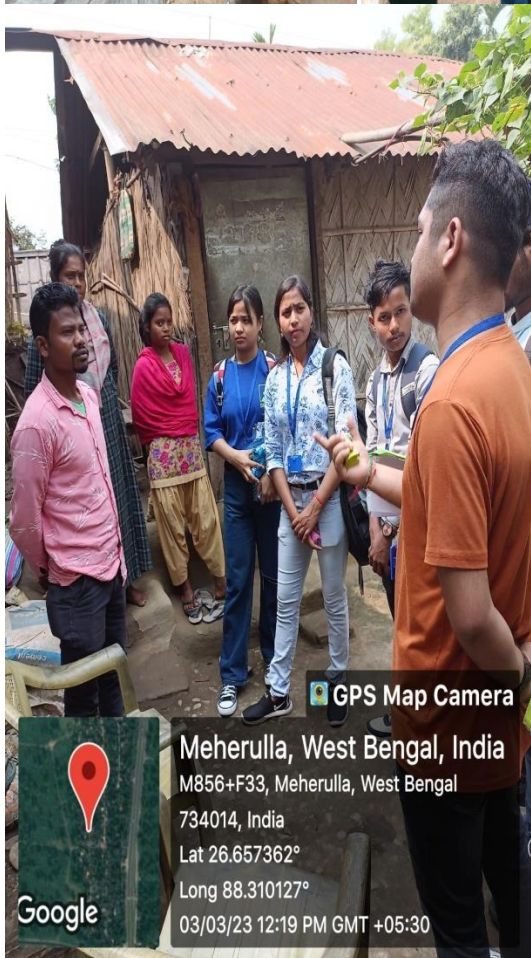
18. Sample pictures of activities with captions



Baraigachh, West Bengal, India
Purnea - Siliguri Rd, Baraigachh, West Bengal 734014, India
Lat 26.657151°
Long 88.310513°
04/03/23 02:02 PM GMT +05:30



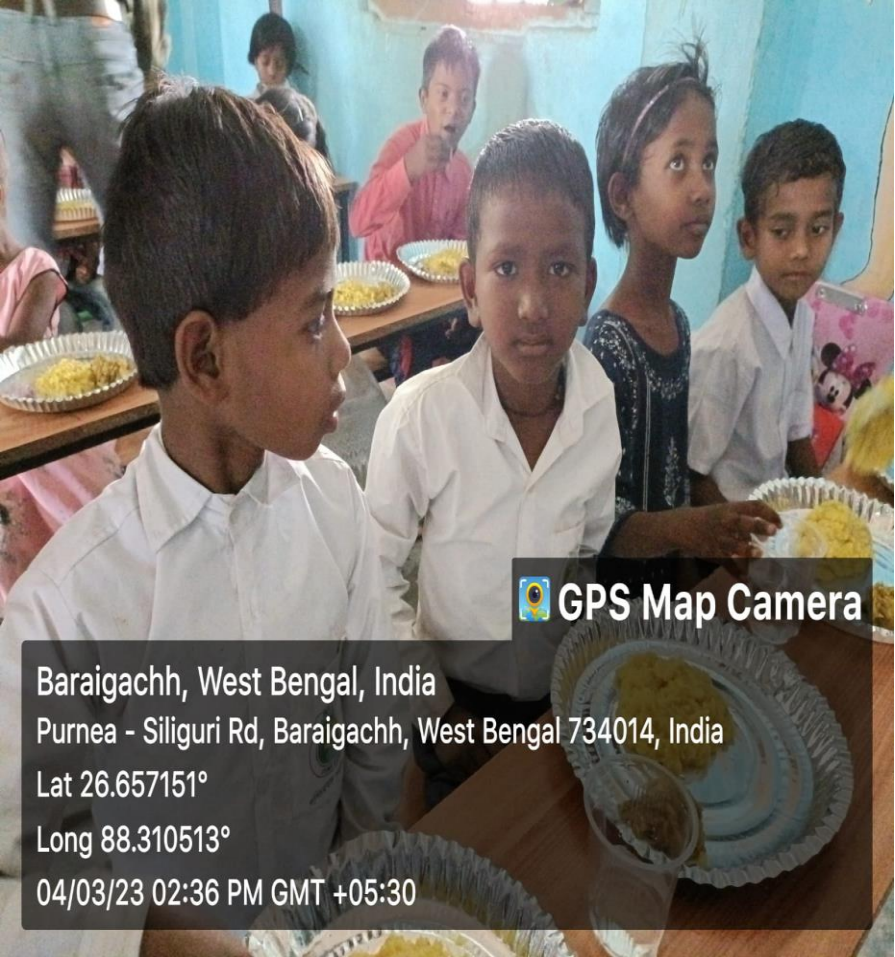
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Meherulla, West Bengal, India
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734014, India
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03/03/23 12:19 PM GMT +05:30



Baraigachh, West Bengal, India
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Long 88.310513°
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 GPS Map Camera

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Purnea - Siliguri Rd, Baraigachh, West Bengal 734014, India
Lat 26.657151°
Long 88.310513°
04/03/23 02:36 PM GMT +05:30





- Picture 1.** Observing International Women's Day at Mooni Tea Estate
- Picture 2.** Field Visit for Village Sanitation Programme at Taipo Tea Garden
- Picture 3.** Volunteers with women workers of Tea garden for Women empowerment programme
- Picture 4.** Volunteers spreading Awareness on Drug Abuse
- Picture 5.** Educational Awareness Programme
- Picture 6.** Child Health and Hygiene Awareness
- Picture 7.** Volunteers engaging themselves with tea garden workers
- Picture 8.** Volunteers with locals sharing awareness on child health
- Picture 9.** NSS Unit- II Volunteers at the Special Camp site
- Picture 10.** Engagement of students in Educational Awareness Programme
- Picture 11.** Hope for the Bright Future. A picture taken on the Educational Awareness Programme

19.Link/s for youtube video of activities (if any)

Signature of the Programme officer
with seal.

Dr Sudash Lama

NSS Unit- II

University of North Bengal

NSS Data Base Annual Report on NSS for the Year 2022-2023
(From 1st April 2022 to 31st March 2023)

Name of NSS Unit: NSS Unit III, NBU

Name of Programme Officer: Dr. Rakesh Kumar Mandal

(Targets & Achievements)

01. Allocation & Enrolment

Allocation	Actual Enrolment of NSS Volunteers														
	General			Scheduled Caste (SC)			Scheduled Tribe (ST)			OBC			Grant Total		
	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T
01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16
100	<u>25</u>	<u>15</u>	<u>40</u>	<u>17</u>	<u>8</u>	<u>25</u>	<u>7</u>	<u>3</u>	<u>10</u>	<u>17</u>	<u>8</u>	<u>25</u>	<u>66</u>	<u>34</u>	<u>100</u>

02. Special Camping Programme (Please attach month wise special camp details)

Allocation	No. of Camps held	No. of NSS Volunteers Participated														
		General			Scheduled Caste (SC)			Scheduled Tribe (ST)			OBC			Grant Total		
		M	F	T	M	F	T	M	F	T	M	F	T	M	F	T
02.	03.	04.	05.	06.	07.	08.	09.	10.	11.	12.	13.	14.	15.	16.	17.	18
50	1	15	8	23	8	4	12	5	2	7	5	3	8	33	17	50

03. Adopted Village/Slum (Please attach list)

Allocation	Villages/Slums Adopted
1	1

04. Saplings Planted (Tree Plantation)

No. of Saplings Planted	No. of NSS Volunteers Participated		
	Male	Female	Total
30	10	10	20

05. Pulse Polio Immunization Programme

No. of Children Immunized			No. of NSS Volunteers involved		
Male	Female	Total	Male	Female	Total
30	22	52	10	10	20

06. Blood Donation Camp

No. of Camps held	No. of units Blood donated	No. of Donors		
		Male	Female	Total
1	40	24	16	40

07. Road Repair/Construction (In Km.)

No. of Camps held	Total Km. Road Repair /Constructed	No. of NSS Volunteers Participated		
		Male	Female	Total
0	0	0	0	0

08. Literacy Programme

No. of NSS Volunteers Involved			No. of person made literate		
Male	Female	Total	Male	Female	Total
0	0	0	0	0	0

09. Disaster Management Awareness Programme

No. of D. M. Awareness Prog. Organised	No. of NSS Volunteers Involved			No. of person made aware		
	Male	Female	Total	Male	Female	Total
0	0	0	0	0	0	0

10. Women Empowerment Awareness Programme

No. of W. E. Awareness Prog. Organised	No. of NSS Volunteers Involved			No. of person made aware		
	Male	Female	Total	Male	Female	Total
4	10	10	20	40	180	220

11. Rally (AIDS, PPI, Cycle, Health, Literacy, Anti Terrorism etc.)

Name of the Rally	No. of Rally held	No. of NSS Volunteers Participated			No. of beneficiaries		
		Male	Female	Total	Male	Female	Total
1.							
2.							
3.							
4.							
TOTAL :-							

12. Seminars/Workshop

Name of the Seminars/ Workshop held	No. of Seminars/ Workshop Org.	No. of NSS Volunteers Participated			No. of beneficiaries		
		Male	Female	Total	Male	Female	Total
1. Seminar on Energy Conservation	1	50	30	100	120	80	200
2. Seminar on Plastic Free Movement	1	30	20	50	50	20	70
3.							
4.							
TOTAL :-							

13. Health Awareness Programme

Name of the Health Prog. Organized	No. of Health Prog Organised	No. of NSS Volunteers Participated			No. of beneficiaries		
		Male	Female	Total	Male	Female	Total
1. Free Health Checkup	1	30	20	50	120	50	170
2.							
3.							
4.							
TOTAL :-							

14. Any other NSS Programme organized:

Name of the Programme (with date)	No. of NSS Volunteers participated		
	Male	Female	Total
Value Addition Cultural Program to Celebrate 'Azadi Ka Amrit Mahotsav' (27.08.2022)	40	25	65
Martial Arts Awareness and Competition to Celebrate 'Azadi Ka Amrit Mahotsav' (27.08.2022)	30	20	50
Value Addition Cultural Program to Celebrate '160 th Birth Anniversary of Swami Vivekananda' (21.01.2023)	50	30	80
Science and Technology Model Competition to Celebrate '160 th Birth Anniversary of Swami Vivekananda' (22.02.2023)	50	30	80
Martial Art Awareness and Competition to Celebrate '160 th Birth Anniversary of Swami Vivekananda' (22.02.2023)	50	30	80

15. Any other Awareness Programme Organized:

Name of the Programme (with date)	No. of NSS Volunteers participated		
	Male	Female	Total
Orientation Program for Inspiria Knowledge Campus (12.09.2022)	50	30	80

16. Shramdaan Programme:

No of Shramdaan Programme Conducted	Shramdaan (No. of volunteers hours devoted)			Shramdaan (No. of volunteers involved)		
	M	F	Total	M	F	Total
0						

17. Self Defence Training Programme:

No. of self-defence training Programme organized	No. of Volunteers trained		
	M	F	Total
04	40	180	220

18. Swachh Bharat Campaign :

Total No Programme Organized	No of Volunteers participated		
	Male	Female	Total
1	30	20	50

-3-

18. Sample pictures of activities with captions



Blood Donation Camp



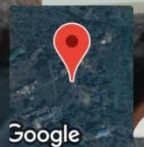
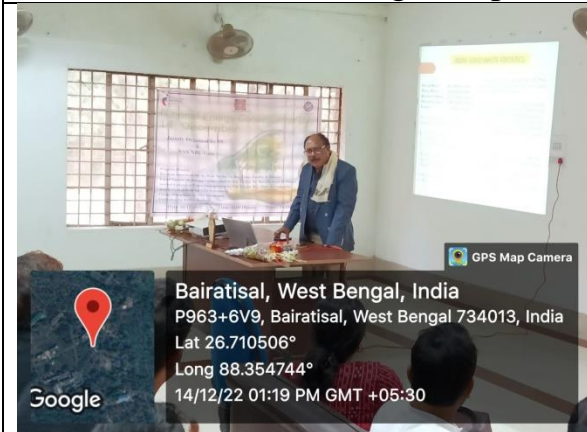
Tree Plantation



Value Added Drawing Competition



Martial Arts Training



Bairatal, West Bengal, India
P963+6V9, Bairatal, West Bengal 734013, India
Lat 26.710506°
Long 88.354744°
14/12/22 01:19 PM GMT +05:30

Seminar on Energy Conservation



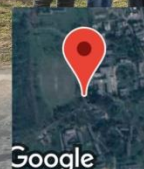
Orientation Program



Women Empowerment

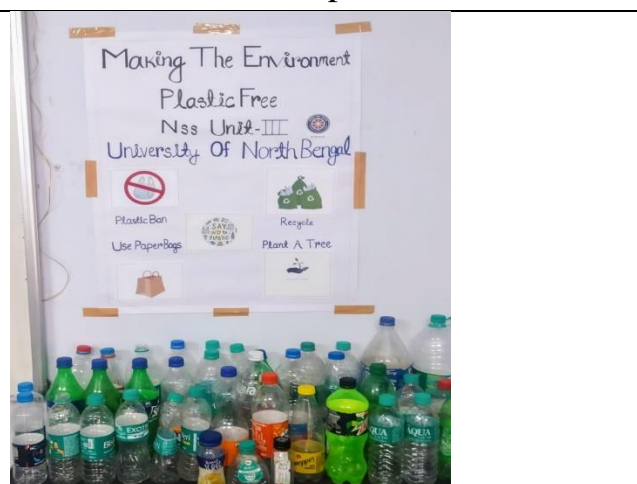


Women Empowerment



Bairatal, West Bengal, India
P975+84G, Bairatal, West Bengal 734013, India
Lat 26.713558°
Long 88.35783°
22/12/22 01:15 PM GMT +05:30

Plastic Free Awareness Camp



Empty Plastic Bottles for Recycling



Celebrating Youth Festival



Celebrating Youth Festival



Martial Arts Competition



Vaccination and Pulse Polio

19. Link/s for youtube video of activities (if any)

<https://www.youtube.com/watch?v=vp8wQD8rdMI>

Signature of the Programme officer
with seal.

NSS Data Base Annual Report on NSS for the Year 2022-2023
(From 1st April 2022 to 31st March 2023)

Name of NSS Unit: Unit V

Name of Programme Officer: Dr. Nita Tamang

(Targets & Achievements)

01. Allocation & Enrolment

Allocation	Actual Enrolment of NSS Volunteers														
	General			Scheduled Caste (SC)			Scheduled Tribe (ST)			OBC			Grant Total		
	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T
01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16
		<u>38</u>			<u>5</u>			<u>6</u>			<u>5</u>				<u>54</u>

02. Special Camping Programme (Please attach month wise special camp details)

Allocation	No. of Camps held	No. of NSS Volunteers Participated														
		General			Scheduled Caste (SC)			Scheduled Tribe (ST)			OBC			Grant Total		
		M	F	T	M	F	T	M	F	T	M	F	T	M	F	T
02.	03.	04.	05.	06.	07.	08.	09.	10.	11.	12.	13.	14.	15.	16.	17.	18
	1		10			5			5							20

03. Adopted Village/Slum (Please attach list)

Allocation	Villages/Slums Adopted

04. Saplings Planted (Tree Plantation)

No. of Saplings Planted	No. of NSS Volunteers Participated		
	Male	Female	Total

05. Pulse Polio Immunization Programme

No. of Children Immunized			No. of NSS Volunteers involved		
Male	Female	Total	Male	Female	Total

06. Blood Donation Camp

No. of Camps held	No. of units Blood donated	No. of Donors		
		Male	Female	Total

07. Road Repair/Construction (In Km.)

No. of Camps held	Total Km. Road Repair /Constructed	No. of NSS Volunteers Participated		
		Male	Female	Total

08. Literacy Programme

No. of NSS Volunteers Involved			No. of person made literate		
Male	Female	Total	Male	Female	Total
	20				

09. Disaster Management Awareness Programme

No. of D. M. Awareness Prog. Organised	No. of NSS Volunteers Involved			No. of person made aware		
	Male	Female	Total	Male	Female	Total

10. Women Empowerment Awareness Programme

No. of W. E. Awareness Prog. Organised	No. of NSS Volunteers Involved			No. of person made aware		
	Male	Female	Total	Male	Female	Total
		20			50	

11. Rally (AIDS, PPI, Cycle, Health, Literacy, Anti Terrorism etc.)

Name of the Rally	No. of Rally held	No. of NSS Volunteers Participated			No. of beneficiaries		
		Male	Female	Total	Male	Female	Total
1.							
2.							
3.							
4.							
TOTAL :-							

12. Seminars/Workshop

Name of the Seminars/ Workshop held	No. of Seminars/ Workshop Org.	No. of NSS Volunteers Participated			No. of beneficiaries		
		Male	Female	Total	Male	Female	Total
1.							
2.							
3.							
4.							
TOTAL :-							

13. Health Awareness Programme

Name of the Health Prog. Organized	No. of Health Prog Organised	No. of NSS Volunteers Participated			No. of beneficiaries		
		Male	Female	Total	Male	Female	Total
1. Child Health & Hygiene Awareness	1		20			40	
2. Health & Hygiene Awareness for Women	1		20			30	
3.							
4.							
TOTAL :-	2						

14. Any other NSS Programme organized:

Name of the Programme (with date)	No. of NSS Volunteers participated		
	Male	Female	Total
International Womens' Day			
		38	38

15. Any other Awareness Programme Organized:

Name of the Programme (with date)	No. of NSS Volunteers participated		
	Male	Female	Total

16. Shramdaan Programme:

No of Shramdaan Programme Conducted	Shramdaan (No. of volunteers hours devoted)			Shramdaan (No. of volunteers involved)		
	M	F	Total	M	F	Total

17. Self Defence Training Programme:

No. of self-defence training Programme organized	No. of Volunteers trained		
	M	F	Total

18. Swachh Bharat Campaign :

Total No Programme Organized	No of Volunteers participated		
	Male	Female	Total

19. Sample pictures of activities with captions



International Women's Day



International Women's Day



Special Camp at Mooni Tea Estate



Special Camp at Mooni Tea Estate

20. Link/s for youtube video of activities (if any)

Signature of the Programme officer
with seal.