

CENTRE FOR HIMALAYAN STUDIES
University of North Bengal

COURSE CURRICULUM

Ph.D. Pre-Registration Course Work/M.Phil.
Coursework (CBCS)

University of North Bengal

COURSE CURRICULUM

Ph.D. Pre-Registration Course Work/M.Phil. Coursework (CBCS)

Subject-Himalayan Studies

SCHEME OF PAPERS AND MARKS

1st Semester Pre-Registration Course Work
(Common for M.Phil ./Ph.D. students)

Course	Name of the Course	Teaching Hours per Week		Evaluation (Semester system)	Credit
		Lecture	Tutorial/Practice	Marks	
HS 01	Research Methodology I	2	2	50	2
HS 02	Research Methodology II	2	2	50	2
HS 03	Interdisciplinary Approaches to Social Science Research	2	2	50	2
HS 04	Research Publication and Ethics (RPE)	2	2	50	2
Total		8	8	200	8

DETAILED COURSE CURRICULUM
Ph.D. Pre-Registration Course Work/M.Phil Coursework
Centre for Himalayan Studies
University of North Bengal

1st Semester (Common for M.Phil Coursework / Ph.D. Coursework)

COURSE HS 01: RESEARCH METHODOLOGY I 50 marks

1. Methodology and Methodological Issues
2. Meaning, Nature and Objectives of Research in Social Sciences, Steps in Social Research
3. The Components of Social Research: Data, Concepts and Theories
4. Qualitative and Quantitative Research, Tools and Techniques of data collection

COURSE HS 02: RESEARCH METHODOLOGY II 50 marks

1. Historical Evidences
2. Bias and Objectivity in History
3. History and Other Social Sciences
4. Review of Published Literature, Research proposal Writing, Report Writing
5. Application of Quantitative Techniques in Social Sciences, Use of Statistics for analysis of quantitative data, computer application

COURSE HS 03: INTERDISCIPLINARY APPROACHES TO SOCIAL SCIENCE RESEARCH

1. Interdisciplinarity in Social Sciences 50 marks
2. Ideographic and Nomothetic Approaches in Social Sciences
3. Origin, Nature and Scope of Area Studies
4. Orientalism and Area Studies

COURSE HS 04: RESEARCH AND PUBLICATION ETHICS THEORY 50 marks

- 1. Philosophy and Ethics:** Introduction to philosophy: **i)** Definition, nature and scope, concept, branches;
ii) Ethics : definition, moral philosophy, nature of moral judgements and reactions

2. Scientific Conduct: **i)** Ethics with respect to science and research, **ii)** Intellectual honesty and research integrity; **iii)** Scientific misconduct: Falsification, Fabrication and Plagiarism (FFP); **iv)** Redundant publications: duplicate and overlapping publications, salami slicing; **v)** Selective reporting and misrepresentation of data

3. Publication Ethics: **i)** definition, introduction and importance, **ii)** Best practices/ standards setting initiatives and guidelines: COPE, WAMW etc.; **iii)** Conflicts of interest ; **iv)** Publication misconduct: definition concept, problems that lead to unethical behavior and vice versa, types; **v)** Violation of publication ethics, authorship and contributorship, **vi)** Identification of publication misconduct, complaints and appeals; **vii)** Predatory publishers and journals

PRACTICE

4. Open Access Publishing: **i)** Open access publications and initiatives: **ii)** SHERPA/ RoMEO online resource to check publisher copyright & self-achieving policies, **iii)** Software tool to identify

predatory publications developed by SPPU; iv)Journal finder/journal suggestion tools viz, JANE, Elsevier journal finder, Springer journal Suggester, etc.

5.Publication Misconduct: A group Discussions: i)Subject specific ethical issues, FFP, authorship; ii)Conflicts of interests; iii)Complaints and appeals: examples and fraud from India and abroad; B) Software Tools: Use of plagiarism software like Turintin, Urkund and other open source software tools

6.Databases and Research Metrics:A)Databases:i)Indexing databases; ii)Citation databases: Web of Science, Scopus,etc. B)Research Metices: i)Impact Factor of journal as per Journal Citation Report, SNIP, SJR, IPP, Cite Score; ii)Metices:h-index, g-index, i10-index, altmetrics.

Selected Readings

1st Semester

Paper I

Cahnman, Warner, J. (1948), "Outline of a Theory of Area Research", *Annals of the Association of American Geographers*, Vol. 38, No. 4, pp. 233-243.

Durkheim, Emile, *Rules of Sociological Method*.

Duroselle, John B. (1952), "Area Studies: Problems of Method", *International Social Science Bulletin*, Vol. IV, No. IV.

Farmer, B.H. (1973), "Geography, area Studies and the Study of Area", *Transactions of the Institute of British Geographers*, Vol. 60, pp. 1-15.

Foucault, Michel, *The Archaeology of Knowledge*.

Grieb, Kenneth, J. (1974), "Area Studies and the Traditional Disciplines", *The History Teacher*, Vol. 7, No. 2, pp. 228-238.

Hall, Robert B. (1947), *Area Studies with Special Reference to their Implications for Research in the Social Science*, Social Science Research Council, New York.

Hollis, Marton, (1994), *The Philosophy of Social Sciences: An Introduction*, Cambridge University Press.

Ludden, David, (1998) *Area Studies in the Age of Globalization*, University of Pennsylvania.

Mahajan Gurpreet, (1992), *Explanation and Understanding in Human Sciences*, Oxford University Press, New Delhi

Misra, B.P. (1996), "Area Studies: Policy and Methodology", *Occasional Paper No. 10*, Centre for Himalayan Studies, North Bengal University.

Riggs, Fred W. (1998), "Beyond Area Studies" *An Interpretive Paper for the International Sociological Association*, Research Committee #20 on Comparative Sociology, Montreal.

Said, Edward, (1995) *Orientalism: Western Conceptions of the Orient*. Penguin Books, New Delhi.

Whitaker, Urban, (1959), "An Application of Area Studies to the Teaching of General Education Courses in International Relations", *International Review of Education*, Vol. 5, No. 4, pp. 425-440.

Winch, Peter, (1990), *The Idea of Social Sciences and its Relation to Philosophy*, Routledge, Kegan and Paul, London.

Paper II

Alvesson, M. and K. Skoldberg, (2000), *Reflexive Methodology*, Sage Publications, New Delhi.
Bernard H. Russell, (1988), *Research Methods in Cultural Anthropology*, Sage Publications New Delhi.
Danda, A.K., *Research Methodology in Anthropology*, Inter India Publications New Delhi.
Srivastava, V.K., (2004), *Methodology and Fieldwork*, Oxford University Press New Delhi.
Weller, C. Susan and A.K. Romney, (1988), *Systematic Data Collection*, Sage Publications New Delhi.

Paper III

Anon., (2005), *Historiography: A History of Historical Writing*, Concept Publishing Company, New Delhi
Bajaj, S.K. (1998), *Research Methodology in History*, Anmol Publishers, New Delhi.
Collinwood, R.G. (1973), *The Idea of History* (Reprint), Oxford University Press, New Delhi.
Curr, E.H. (1961), *What is History?* Penguin Books, New Delhi.
Landes, S. David and Telly, Charles, ed, (1974), *History as Social Science*, Prentice Hall.
Sarkar, Sumit, (1998), *Writing Social History*, Oxford University Press, New Delhi.
Sharma, T.R. (1987), *The Concept of History*.
Singh, Lekhraj, *Cartographic Methods*.
Young, Pauline, V. (1996), *Scientific Social Surveys and Research*, Prentice hall of India Private Limited, New Delhi.

Paper IV

Khan, Najma, (2002), *Quantitative Methods in Geographical Research*, Concept Publishing Company, New Delhi.
Mehmud, Aslam, *Quantitative Methods for Geographers*.

2nd Semester

Paper I: Geography and History of Eastern Himalayas

50 marks

1. Physical landscape of the Eastern Himalayas - Physiography, climate, drainage, flora and fauna
2. Natural resources of the Eastern Himalayas - Regionalisation - Conservation and management of resources – Perspectives of economic development
3. Environment and Sustainable Development in the Himalayas
4. Religion and State formation in Tibet, Bhutan and Sikkim
5. Tibetan Government outside Tibet and the question of Tibetan nationality
6. From monarchy to democracy: Political transformation in Sikkim and Bhutan
7. Constitutional changes and administrative reforms in Arunachal Pradesh and Darjeeling

Paper II: Economy and Politics in Eastern Himalayas

50 marks

1. Traditional economy and occupation in the Eastern Himalayas: Class Structure – Relevance and concepts of tribal and peasant society in the Eastern Himalayan region
2. Patterns of urbanization, industrialization and State intervention in the Eastern Himalayas
3. Problems of development and security of small and landlocked countries – Strategic environment of the Himalayan Region
4. The politics of the Himalayan States: Ethnic and sub-national movements – Refugees and Human Rights
5. Culture, identity and politics: Critical perspectives in the study of Himalayan region
6. Community, civil society and State formation in the Eastern Himalayas

Paper III: People, Society and Culture in Eastern Himalayas

50 marks

1. Peoples of Eastern Himalayas – Races, tribes, castes and religious communities
2. Social structure and social dynamics of major ethnic, caste and religious communities of Eastern Himalayas
3. Population movement and ethno-political processes – Migration, immigration and ethnicity in Eastern Himalayan region
4. Gender differences and status of women in the Eastern Himalayas
5. Process of assimilation and integration – Great traditions, little traditions and cultural syncretism in Himalayas

Paper IV: Tibetan/Nepali language

Tibetan

50 marks

1. Introduction to the scripts of Tibetan – U Chen and U Med, vowel symbols, the Ing-Yig (reversed) and Thug-Yig (the letter) and the combination letters, Sub-joined letters of Ya, Ra, La and Wa, surmounting letters of Ra, La, Sa, consonantal suffixes and prefixes, methods of combination and formation of words
2. Basic grammatical rules, formations of words, demonstrative and descriptive adjectives, pronouns, particles, verbs, simple forms of tense
3. Composition and translation – Simple phrases and simple sentences, honorific terms
4. Conversation

Nepali

1. Grammar
2. Composition and translation
3. Conversation

Note: Details of this syllabus to be worked out by the concerned teacher in the model of the syllabus of the Tibetan language.

Selected Readings

2nd Semester

Paper I

- Aris, M. (1980), *The Early History of a Himalayan Kingdom*. Vikas, New Delhi.
- Basnet L.B. (1984), *Sikkim: A Short Political History*. S. Chand, New Delhi.
- Bose, M. L. (1987), *History of Arunachal Pradesh*. Concept, New Delhi.
- Collister, Peter, (1987), *Bhutan and the British*. Serindia, New Delhi.
- Dhamala R.R. (1993), *Problems and Strategies of Development in Eastern Himalays*. Gian, New Delhi.
- Dorji, C. T. (1995), *A Political and Religious History of Bhutan*. Prominent Publishers.
- Goodman. M. H. (1986), *The Last Dalai Lama: A Biography*. Sedgwick and Jackson.
- Ives, Jack and Messerly B. (1989) *The Himalayan Dilemma*. UNU, Routledge, London
- Jha, Rajkumar, (1986), *The Himalayan Kingdoms in Indian Foreign Policy*. Maitreyee Publications.
- Kohli, Manorama, (1993), *From Dependency to Interdependency: A Study of Indo-Bhutan Relations*. Vikas, New Delhi.
- Majumdar, A. B. (1984), *Britain and the Himalayan Kingdom of Bhutan*. Bharati Bhawan.
- Michael, F. (1982), *Rule by Incarnation: Tibetan Buddhism and its Role in Society and State*. Boulder Westview Press.
- Parmanand, (1992), *Politics of Bhutan: Retrospect and Prospect*. Pragati.
- Rahul, Ram, (1970), *Himalayan Boderland*, Vikas Publications, New Delhi.
- Richardson, H. E. (1984), *Tibet and its History*. Shambhala.
- Rose, L. (1977), *The Politics of Bhutan*. Cornell University Press.
- Shakabpa, T. W. D. (1888), *Tibet: A Political History*. Yale University Press.
- Sharma, S.K. and Sharma Usha (1997), *History and Geography of Tibet*. Anmol, New Delhi.
- Singh, Nagendra, (1988), *Bhutan: A Kingdom in the Himalayas*. S. Chand and Co.
- Singh, R. (1971), *India: A Regional Geography*. BHU, Varanasi.
- Sinha, A. C. (1975), *Politics in Sikkim: A Sociological Study*. Thomas Press.
- Spate, O. H. K. and Learmonth, A. T. A. *India and Pakistan*
- Subba, T. B. and Datta, K. (1991), *Religion and Society in the Himalayas*. Gian.
- Tshering, Sakya, (1988), *The Dragon in the Land of Snow*. Pimlico.
- Van Walt Van Praag, M. C. (1987), *The History of Tibet: History, Rights and Prospects in International Laws*. Wisdom Publications.
- Zurick and Karan, P. P. (1999), *Himalaya: Life on the Edge of the World*. The Johns Hopkins University Press, Baltimore, London.

Paper II

- Ahmad, A. (1992), *In Theory: Classes, Nation, Literature*. Oxford University Press, New Delhi.
- Anderson, Benedict, (1991), *Imagined Communities: Reflections on the Origin and Spread of Nationalism*. Verso, London.
- Chatterjee, Partha, (1993), *The Nation and its Fragments: Colonial and Postcolonial Histories*. Oxford University Press, New Delhi.
- Chaube S.K. (1985), *The Himalayas: Profiles of Modernization and Adaptation*. Sterling. New Delhi.
- Chaudhuri, Buddhadeb (1985), "Agrarian Relations in a Hill Region", in Chaube S.K., (ed.) *The Himalayas: Profiles of Modernization and Adaptation*. Sterling. New Delhi.
- Choudhury, Maitreyee (2006), *Sikkim: Geographical Perspectives*, Mittal, New Delhi.
- Dhamala Ranju Rani and D.J. Bhowmick, (1985), "Land Reforms in Sikkim" in Chaube, S.K., (ed.) *The Himalayas: Profiles of Modernization and Adaptation*. Sterling. New Delhi.
- Dhamala, Ranju R. (1993), *Problems and Strategies of Development in the Eastern Himalaya*.

Gyan. New Delhi.

Dorji, K.D. (2004), *Gross National Happiness: Concepts, Status and Prospects*, Thimphu, The Centre for Bhutan Studies.

Hutt, Michael, (1997), "Being Nepali without Nepal: Reflections on a South Asian Diaspora", in David N. Gellner et. al. (ed.) *Nationalism and Ethnicity in a Hindu Kingdom: the Politics of Culture in Contemporary Nepal*. Netherlands: Harwood Academic Publishers.

Karan, P.P. (1990), *Bhutan: Environment, Culture and Development Strategy*, New Delhi, Intellectual Publishing House.

Kinga, Sonam (2009), *Polity, Kingship and Democracy: A Biography of the Bhutanese State*, Thimphu, Ministry of Education, Royal Government of Bhutan.

Phadnis, Urmila, (1990), *Ethnicity and Nation-Building in South Asia*. New Delhi: Sage Publications.

Ramphel, Norbu (2000) *Bhutan: Emergence of a Nation State*, New Delhi, Anmol Publications.

Samaddar, Ranabir. ed. (2003), *Refugees and the State: Practices of Asylum and Care in India, 1947-2000*. Sage Publications, New Delhi.

Subba, Tanka B. (1989), *Dynamics of a Hill Society*, Mittal Publications, New Delhi.

Subba, Tanka B. (1990), *Flight and Adaptation: Tibetan Refugees in the Darjeeling-Sikkim Himalaya*. Library of Tibetan Works and Archives, Dharamsala.

Ura, Karma and Sonam Kinga (2004) *Bhutan: Sustainable Development through Good Governance*, Thimphu, The Centre for Bhutan Studies.

Paper III

Bista, Nar Bahadur, (1967), *People of Nepal*, Ratna Pustak Bhandar, Kathmandu.

Bhasin, Veena, (1989), *Ecology, Culture and Change: Tribals of Sikkim Himalayas*, Inter-India Publications, New Delhi

Bhasin, Veena, (1996), *Transhumants of Himalayas*, Kamala Raaj Enterprises.

Bose, S.C. *Land and People of the Himalayas*, Indian Publications, Calcutta.

Furer-Haimendorf, (1992), *Highlanders of Arunachal Pradesh*, Vikas Publishing House, Delhi.

Furer-Haimendorf, *The Sherpas Transformed: Social Changes in a Buddhist Society of Nepal*, Sterling Publications, New Delhi.

Gautam, R, and A. Thapa-Magar (1994), *Tribal Ethnography of Nepal*, Vol. I, Delhi.

Joshi, R.D. (1984), *Tribal People of the Himalayas*.

Ramakant and R.C. Misra, ed (1996) *Bhutan: Society and Polity*, New Delhi, Indus Publishing Company.

Sinha, A.C. (1991) *Bhutan: Ethnic Identity and National Dilemma*, New Delhi, Reliance Publishing House.

Sinha, A.C. (2001) *Himalayan Kingdom of Bhutan: Tradition, Transition and Transformation*, New Delhi, Indus Publishing Publication.

Thakur, R.N. (1988), *Himalayas Lepchas*, Archive Publishers, New Delhi.

Paper IV

Tibetan Language

Anon. *A Workbook of Tibetan Pronunciation*, Library of Tibetan Works and Archives, Dharamsala.

----- *Tibetan Reader*, Tibetan Cultural Printing Press, Ganpolen Kyishang, Dharamsala

Das, Sarat Chandra (1983, reprinted), *A Tibetan English Dictionary*, Motilal Banarasidas.

Dorjee, L.M. (1969), *First Tibetan Reader*, Calcutta University.

Goldstein Melvyn, C. (1986, reprinted), *English Tibetan Dictionary of Modern Tibetan*, Library of Tibetan Works and Archives, Dharamsala.

Goldstein Melvyn, C. and Nawang N. (1984), *Modern Spoken Tibetan (Lhasa Dialect)*, Bibliotheca Himalayeca Series 11, Vol. 14, Ratna Pustak Bhandar, Kathmandu.
Hannah, H.B. (1985, reprinted), *A Grammar of Tibetan Language*, Motolal Banarasidas.
Koros, Alexander Csoma de, (1991, reprinted), *Tibetan English Dictionary*, Gaurav Publishing House.
Losang, Thoden, *Modern Tibetan Language (2 Vols)*, Library of Tibetan Works and Archives, Dharamsala.
Ngyen, doi Lok-dep. *Tibetan Primer Reader*, Library of Tibetan Works and Archives, Dharamsala.
Norbu, Chopel (1989), *Say it in Tibetan*, Library of Tibetan Works and Archives, Dharamsala.

Nepali Language

Clark, T.W. (1977), *An Introduction to Nepali*, SOAS.
Sharma, T. (1993), *Beginning Nepali*, Sajha Prakashan.

3rd Semester

Seminar paper: Content, presentation and participation: 50 marks
Term papers (two nos.): 50X2 = 100 marks
Synopsis for proposed M.Phil. Dissertation work: (written 40 + viva 10) = 50 marks

4th Semester

Dissertation and Viva-Voce: (150 + 50) = 200 marks
