

# ANNUAL REPORT 2018-2019

## NATIONAL SERVICE SCHEME



NOT ME BUT YOU



Office of the Program Coordinator  
1st Floor, Centre for Himalayan Studies  
**University of North Bengal**  
Rajarammohunpur, Darjeeling, 734013  
West Bengal, India

**1st April 2018 -31<sup>st</sup> March 2019**  
**PROGRAM COORDINATOR:**



**Dr.Ujjal Kr. Bhui**

**PROGRAM OFFICERS:**

**University of north Bengal has six NSS units with capacity of 100 dedicated volunteers. Out of six units Unit V is fully girls unit.**



**Dr. Sujit Kumar Biswas, Unit-I (Department of Law)**



**Dr.Sudash Lama, Unit-II (Department of History)**



**Dr.Rakesh Kumar Mandal, Unit-III ( Department of Computer Science & Application)**



**Mr.SubhrojyotiKundu, Unit-IV (Department of Mass Communication)**



**Dr. Nita Tamang, Unit-V (Department of Mathematics)**

**Dr.Prabir Panda, Unit-VI (Centre of Innovative Studies)**

University of North Bengal is an educational institution established as per university act of West Bengal and is situated at foot hills of Himalaya of Darjeeling District. The institute providing quality education and research in the part of Eastern India. National Service Scheme has been introduced at the University of North Bengal since 1982. It was introduced as a complement to the academic programs of the University. It has become a part and parcel of the academic system. The major objective ever since has been to involve the students in the society of which they are an integral part. The entire programs of the NSS revolve around the students wherein the NSS volunteers put the students in a single thread in order to implement the NSS objectives. The NSS is a challenging medium for functioning amongst the down trodden section of the society as north Bengal University represents those affiliated colleges which are in majority located in rural areas where majority of the population belongs to Scheduled caste, Scheduled tribe and many other minority communities. To reach this vulnerable section of population and to work for them, the NSS can be a major weapon to curb their destitution.

Presently university has 93 NSS unit distributed in university campus and various colleges from hills of Darjeeling, Kalimpong and plains of North Bengal. Around 9000 students volunteers of colleges and university are directly involves themselves to provide the community services. University of North Bengal itself hosting 6 NSS units with around 600 volunteers. Out of 6 units, 5 are male and female members and 1 unit is fully for girls volunteers

Number of extension and outreach programs

Year	Number	Programme	Collaboration
2018-2019	09	1. Orientation Camp	Ramkrishan Mission
		2. Tree Plantation Programme	
		3. Orientation cum Motivation Camp	
		4. Mental Health Counselling Camp	Dept. of Psychiatry, North Bengal Medical College.
		5. Clean Campus, Green Campus	
		6. Anti-Smoking Campaign within the Campus	
		7. Hygiene Care for Street Children at Muktangan, NJP	Muktanga (NGO), NJP
		8. StreetPlay on hygiene at fish market	
		9. Poster Making Competition	

Average percentage of students participating

<b>Year</b>	<b>Number</b>	<b>Programs</b>	<b>Student Participation</b>
2018- 2019	09	1. Orientation Camp	500
		2. Tree Plantation Programme	400
		3. Orientation cum Motivation Camp	100
		4. Mental Health Counseling Camp	170
		5. Clean Campus, Green Campus	50
		6. Anti Smoking Campaign within the Campus	50
		7. Hygiene Care for Street Children at Mukatangan, NJP	50
		8. StreetPlay on hygiene at fish market	60
		9. Poster Making Competition	120









APPROVED BY THE GOVT. OF INDIA

**SPECIAL CAMP BY NSS UNIT-III**  
**UNIVERSITY OF NORTH BENGAL**  
 P.O. North Bengal University, Raja Rammohunpuri,  
 Dist. Darjeeling, West Bengal, Pin. 734013, India

Sl. No.	Activity	Date
1.	Self Defence Training Program for the Women	03/03/2019
2.	Free Health Check-up by a Registered Medical Practitioner	
3.	Fighting Vector Borne Diseases like Dengue	
4.	Making the Environment Pollution Free (Stop using Plastic and Recycle the existing plastic)	
5.	Cultural Program	
6.	Swachh Bharat Abhiyan	04/03/2019
7.	Tree Plantation	
8.	Community Cultivation	
9.	Educational and Career Counseling Camp for youth	
10.	Fighting Drugs	



**National Service Scheme (NSS) Activity (Regular and Special Camping) held at the Department of Law, University of North Bengal (NSS Unit I)**

***REGULAR NSS ACTIVITY***

- 1. INTERNATIONAL DAY FOR BIOLOGICAL DIVERSITY CELEBRATION AND SPECIAL LECTURE (22nd May 2018)**
- 2. WORKSHOP-CUM-TRAINING ON CONSUMER PROTECTION ACT (27th February 2019).**
- 3. WORKSHOP-CUM-TRAINING ON RIGHT TO HEALTH (6th March 2019).**

***SPECIAL CAMPING PROGRAMME***

**1. AT BALASON, MATIGARA, DIST DARJEELING (16TH FEBRUARY 2019 TO 22ND FEBRUARY 2019).**

**NATIONAL SERVICE SCHEME (NSS) ACTIVITY (REGULAR AND SPECIAL CAMPING) HELD AT THE UNIVERSITY OF NORTH BENGAL (NSS UNIT II)**

***REGULAR ACTIVITIES***

**Observed Swachhta Pakhwada and Tree plantation programme for celebrating “Independence day” On 15th August, 2018 (North Bengal University boys hostels and in front of the Humanities building): Saplings of various trees were planted throughout the boys hostel and in front of Humanities Building.**

**National Service Scheme (NSS) Activity (Regular and Special Camping) held at the Department of Computer Science & Application, NBU (NSS Unit III)**

***REGULAR ACTIVITIES***

**This Unit has been involved in the following Regular Activities:**

1. The volunteers of this Unit helped the program officers of the affiliated colleges to register under Public Financial Management System (PFMS) which keeps vigilance on different expenditures of the NSS Units Online.
2. Celebration of Independence Day
3. Tree Plantation
4. Observing Swach Bharat Phakwada by cleaning the campus
5. Cleanliness of the Campus and Department
6. Beautification of the Department by maintaining a flower garden
7. Plastic Free Environment
8. Organizing Self Defence Karate Camp for Women of the Campus. This event was also covered by the some newspapers like Statesmen (copy enclosed) and some local news channels like CCN.
9. Maintenance of the NSS NBU Website by the volunteers of this unit.

***ACTIVITIES UNDER SPECIAL CAMP***

**This Unit has adopted a village name Rangiajote and performed the following activities organized in a ten day special camp:**

1. Self Defence Karate Camp for Men and Women. Dr. R. K. Mandal, Program Officer, Unit III who is also a martial artist demonstrated his skills.
2. Cleanliness of the Village.
3. Making the village plastic free.
4. Fighting against vector borne diseases like dengue
5. Fighting against drugs
6. Free health check-up camp by doctors
7. Educational and carrier counselling Camp
8. Cultural Program
9. Tree Plantation Camp
10. Community Cultivation



## NATIONAL SERVICE SCHEME (NSS) ACTIVITY (REGULAR AND SPECIAL CAMPING) HELD AT THE UNIVERSITY OF NORTH BENGAL (NSS UNIT IV)

### **Orientation cum Motivation Camp:**

Orientation cum Motivation Camp was organized to make aware the students regarding the philosophy of NSS and social work. Dr. Vidyawati Agarwal, Associate Professor, Dept. of Political Science, Siliguri College and Indira Gandhi NSS Award was the Chief guest for the Day.



## 1. CleanCampus, GreenCampus:

University Cleaning Programme was conducted within the North Bengal University campus followed by a rally within the campus.



## 2. Anti-Smoking Campaign within the Campus

Anti-Smoking Campaign within the Campus was conducted within the North Bengal University campus followed by rally within the campus



### 3. Hygiene Care for Street Children at Mukhtangan, NJP

A hygiene camp was organized for Street Children at Mukhtangan, NJP in collaboration with Mukhtangan (NGO), NJP





#### 4. StreetPlay on hygiene at fish market:

A street play was enacted on hygiene at fish market of **Subhashpally Bazar** and **Jaleswar Bajar, Siliguri**



## RegularActivities

### 1. Orientation Camp:

An orientation camp was organized in collaboration with **Ramkrishna Mission** to make aware the students regarding the philosophy of NSS and social work.

### 2. Poster Making Competition

A Poster Making Competition was organized at the Seminar Hall of Dept. of Mass Communication, NBU among the University students.

### 3. Street play on women safety

A street play on Women safety was enacted at different venues within the university campus.









**Tree Plantation Programme:**

A Tree Plantation programme was conducted at the Adjacent areas of Boys Hostel, North Bengal University With Gracious presence of Hon'ble Vice Chancellor Prof. Subires Bhattacharyya and Registrar Dt. Dilip Sarkar



**SPECIAL CAMP:** A special camp was organized by NSS Unit V, NBU, to raise awareness about the topic “HUMAN TRAFFICKING” during the period 8<sup>th</sup> March 2019 to 14<sup>th</sup> March 2019 at Latpanchor, Darjeeling.



**Regular camp:** An awareness program was organized by NSS Unit V, NBU, about the hazards of the use of plastics in daily life on 17<sup>th</sup> February 2019 at the campus of University of North Bengal. The theme of the program was “SAY NO TO PLASTICS”.







## **Details of Some Program (Unit-II):**

### **TREE PLANTATION AND AWARENESS PROGRAMME ON PLASTIC FREE CAMPUS**

He who plants a tree plants a hope. The main purpose of plantation is to save and beautify our landscapes which is degrading day by day mostly due to anthropogenic reasons and to make life easier for the upcoming generations so that they could also breathe freely. To share the responsibility for making a Green Globe, another initiative was taken by NSS UNIT-II, University of North Bengal on an Awareness Campaign on Tree Plantation and “PLASTIC FREE CAMPUS” on 19<sup>th</sup> September, 2019.



This campaign included programmes such as tree plantation of perennial trees like Gulmohar , Eucalyptus, Peacock flower etc, in campus area and guarding saplings with bamboo fences. The plastic free campus campaign started with awareness march in campus premises and plastic tea cups were replaced by earthen tea cups which were given to the tea sellers in campus area and provided by NSS UNIT-II. Nearly 100+ NSS volunteers along with Vice Chancellor Sir and Professors of almost all departments has been shown their responsibility towards society and nature and cheered up the volunteers with their inspirational words to become a Global as well as a Green Citizen.

**Details of Some Program (Unit-IV):  
Mental Health Awareness Camp:**

A Mental Health Awareness camp was organized by NBU NSS UNIT IV in collaboration with Dept. of Psychiatry, North Bengal Medical College as a part of the special Camp on March 22, 2018. Dr. Uttam Mazumdar, Assistant Professor, Dept. of Psychiatry, North Bengal Medical College was the Chief Guest for the event. Emphasis was given to students' mental health related problems and their tentative solutions. No. of participants: 200



### **Mental Health Counseling Camp:**

The Mental Health Awareness camp was followed by a 2-day long counseling camp in collaboration with Unit for Counseling Service and Learning Self Help, University of North Bengal on March 23 – 24, 2018. Students shared their respective problems in an anonymous way, and the experts tried to give justifiable solutions to those problems. No. of participants: 230



**Clean Campus, Green Campus Initiative:**

Clean Campus, Green Campus Initiative was undertaken as a part of the Special Camp by the NBU NSS UNIT IV on March 18 – 24, 2019. Volunteers participated in a rally and collected all the waste products within the campus. A plea was made to all the stake holders of the university to make our campus a more clean and greener. No. of Participants: 120



## Anti-Smoking Campaign within the Campus

Anti-Smoking Campaign within the Campus was undertaken by the volunteers of the NBU NSS UNIT IV as a part of the special Camp from March 18 – 24, 2019. Leaflets were distributed each department regarding the harmfulness of smoking. No. of Participants: 120



### Hygiene Care for Street Children at Mukhtangan, NJP:

Hygiene Care for Street Children at Mukhtangan, NJP in collaboration with Mukhtangan (NGO), New Jalpaiguri station adjacent area as a part of the special Camp from March 18 – 24, 2019. Mukhtangan is a well-known NGO who works with the underprivileged children in and around NJP station. Volunteers demonstrated few basic steps to keep oneself healthy and hygienic followed by screening a documentary on hygiene care. No. of participants: 100



**Street Play on hygiene at fish market:**

It is usually observed that the fish markets in West Bengal do not maintain hygienic conditions which leads to outbreak of several waterborne and airborne diseases. Keeping this in mind, the volunteers of NBU NSS UNIT IV prepared a street play and performed it at Subhashpally Bazar and JaleswarBajar, Siliguri in January 2019. It was highly appreciated by the audiences. No. of participants: 50





### Poster Making Competition:

A poster making competition was organized at the Seminar Hall of Dept. of Mass Communication, NBU as a regular activity by the NBU NSS UNIT IV on December 2018. Posters were made on the theme of Environment protection. Prizes were distributed to the winners. No. of participants: 200

