# ANNUAL REPORT 2017-2018

## NATIONAL SERVICE SCHEME





Office of the Program Coordinator 1st Floor, Centre for Himalayan Studies **University of North Bengal** Rajarammohunpur, Darjeeling, 734013 West Bengal, India Number of extension and outreach programmes:

Year	Number	Programme	Collaboration
2017-2018	08	1. Orientation Camp	Ramkrishan Mission
		2. Celebration of World Health Day	Narcotics Dept, Darjeeling
		3. Free Eye Check-up Camp	Lions Club, Siliguri
		4. Mental Health Awareness Camp	Dept. of Psychiatry, North Bengal Medical College.
		5. Mental Health Counseling Camp	Unit for Counseling Service and Learning Self Help, University of North Bengal
		6. Tree Plantation Programme	
		7. International Women's Day Celebration	VairabiSamajikMahilaSangh (NGO), Siliguri
		8. University Cleaning Promramme	

University of North Bengal is a educational institution established as per university act of West Bengal and is situates at foot hills of Himalaya of Darjeeling District. The institute providing quality education and research in the part of Eastern India.National Service Scheme has been introduced at the University of North Bengal since 1982. It was introduced as a complement to the academic programmes of the University. It has become a part and parcel of the academic system. The major objective ever since has been to involve the students in the society of which they are an integral part. The entire programmes of the NSS revolves around the students wherein the NSS volunteers put the students in a single thread in order to implement the NSS objectives. The NSS is a challenging medium for functioning amongst the downtrodden section of the society as north Bengal University represents those affiliated colleges which are in majority located in rural areas where majority of the population belongs to Scheduled caste, Scheduled tribe and many other minority communities. To reach this vulnerable section of population and to work for them, the NSS can be a major weapon to curb their destitution.

Presently university has 93 NSS unit distributed in university campus and various colleges from hills of Darjeeling, Kalimpong and plains of North Bengal. Around 9000 students volunteers of colleges and university are directly involves themselves to provide the community services. University of North Bengal itself hosting 5 NSS units with around 500 volunteers. Out of 5 unit 4 are male and female members and 1 unit is fully for girls volunteers

#### Average percentage of students participating

Year	Number	Programme	Student Participation
2017-2018	08	1. Orientation Camp	500
		2. Celebration of World Health Day	500
		3. Free Eye Check-up Camp	200
		4. Mental Health Awareness Camp	230
		5. Mental Health Counseling Camp	200
		6. Tree Plantation Programme	100
		7. International Women's Day Celebration	140
		8. University Cleaning Promramme	50



#### Orientation Program, RabindraBhanu Mancha, NBU



National Service Scheme (NSS) Activity (Regular and Special Camping) heldat the Department of Law, University of North Bengal (NSS Unit I)

#### **REGULAR NSS ACTIVITY**

- 1. TRAINING-CUM-ORIENTATION PROGRAMME (9<sup>th</sup> November 2017)
- 2. INTERNATIONAL WOMEN'S DAY CELEBRATIONS AND SPECIAL LECTURE (8th March 2018)
- 3. WORKSHOP-CUM-TRAINING ON RIGHT TO INFORMATION (15th March 2018)

#### SPECIAL CAMPING PROGRAMME

#### At PELKU JOTE, MATIGARA, DIST- DARJEELING(17th March 2018 to 23rd March 2018)









#### National Service Scheme (NSS) Activity (Regular and Special Camping) heldat the University of North Bengal (NSS Unit II)

#### **REGULAR ACTIVITIES**

1. International Women Day & Hostel Cleaning Programme on 8th March, 2018 (in North Bengal University campus and all boys and girls Hostel): Cleaning of drain, hostels and dispersal of bleaching powder and distribution of dustbin for all hostels.

2. International Water Day, awareness programme on "Save Water, Save Life" on 22nd March, 2018 (North Bengal University): Awareness rally from North Bengal University HRDC to whole campus and distribution of leaflets.

### National Service Scheme (NSS) Activity (Regular and Special Camping) heldat the Department of Computer Science & Application, NBU (NSS Unit III)

#### **Regular Activities**

This Unit has been involved in the following Regular Activities:

- 1. Tree Plantation
- 2. Cleanliness of the Campus and Department
- 3. Beautification of the Department
- 4. Plastic Free Environment
- 5. Development and Maintenance of the NSS NBU Website by the volunteers of this unit.
- 6. Volunteers participated and organized a program where resource person from Ramakrishna Mission delivered lecture on proper human development.
- 7. Volunteers participated and organized a program where resource person from anti-drug abuse department from Jalpaiguri District organized a seminar on the awareness program against drug abuse for the students.
- 8. Program Officer of this Unit participated in two Orientation Programs one organized in collaboration with Ram Krishna Mission and another organized by the British Council.

#### **Activities under Special Camp**

This Unit has adopted a village name Rangiajote and performed the following activities organized in a ten day special camp:

- 1. Self Defence Karate Camp for Men and Women. Dr. R. K. Mandal, Program Officer, Unit III who is also a martial artist demonstrated his skills.
- 2. Cleanliness of the Village.
- 3. Fighting against vector borne diseases like dengue
- 4. Free health check-up camp by doctors and free medicine distribution
- 5. Educational and carrier counselling Camp
- 6. Cultural Program
- 7. Tree Plantation Camp

**Cleaning and Plantation Program** 



#### National Service Scheme (NSS) Activity (Regular and Special Camping) heldat the University of North Bengal (NSS Unit IV)

#### 1. Orientation Camp:

An orientation camp was organized in collaboration with **Ramkrishna Mission** to make aware the students regarding the philosophy of NSS and social work.

#### 2. Celebration of World Health Day:

An awareness campaign was organized in collaboration with Narcotics Dept, Darjeeling

#### 3. Free Eye Check-up Camp:

A free eye check up camp was organized at the Dept of Mass Communication, NBU for the students of the university in collaboration with **Lions Club, Siliguri**.

#### 4. Mental Health Awareness Camp:

A Mental Health Awareness camp was organized in collaboration with **Dept. of Psychiatry, North Bengal Medical College.** 

#### 5. Mental Health Counseling Camp:

The Mental Health Awareness camp was followed by a counseling camp in collaboration with **Unit for Counseling Service and Learning Self Help, University of North Bengal** 

#### 6. Tree Plantation Programme:

A Tree Plantation programme was conducted within the North Bengal University campus.

#### 7. International Women's Day Celebration:

An awareness camp was organized regarding several Women related issues in collaboration with VairabiSamajikMahilaSangh (NGO), Siliguri.

#### 8. University Cleaning Promramme:

University Cleaning Promramme was conducted with the North Bengal University campus.







#### National Service Scheme (NSS) Activity (Regular and Special Camping) heldat the University of North Bengal (NSS Unit V)

#### **REGULAR ACTIVITIES**

**1.** Responsibility of Parents Towards Child Education, 1st March, 2018 (Nayakaman Primary School, Tindharia, Darjeeling).

2. International Women's Day- Press for Progress, 8th March, 2018 (North Bengal University): Awareness rally from North Bengal University HRDC to whole campus and distribution of leaflets.

3. Hostel Cleaning Progaramme,8th March, 2018 (North Bengal University boys hostels and infront of the Humanities building): All the boys and girls hostel were cleaned and dustbin were distributed.

4. World Water Day- Save Water Save Life, 22nd March, 2018 (North Bengal University): Awareness rally from North Bengal University HRDC to whole campus and distribution of leaflets.

**Special camp**: An awareness programme was organized by NSS Unit V, NBU, on the topic "RESPONSIBILITY OF PARENTS TOWARDS CHILD EDUCATION" on 1<sup>st</sup> March 2018 at Nayakaman Primary School, Tindharia, Darjeeling.









#### Regular camp:

1. International Women's Day was celebrated by NSS Unit V, NBU on 8<sup>th</sup> March 2018 at the campus of University of North Bengal. The theme of the said programme was "*INTERNATIONAL WOMEN'S DAY- PRESS FOR PROGRESS*",







1. "HOSTEL CLEANING PROGRAMME" was organized by NSS Unit V, NBU, on 8<sup>th</sup> March 2018 at University of North Bengal.



2. World Water Day was observed by NSS Unit V, NBU, on 22<sup>th</sup> March 2018at the campus of University of North Bengal. The theme of the said programme was "WORLD WATER DAY- SAVE WATER SAVE LIFE".





#### Details of Some Program (Unit-II):

#### HOSTEL CLEANING PROGRAMME

"Cleanliness is next to godliness...." as said by our youth idol Swami Vivekananda. It may be considering as one of the rationales behind the Swacchata or purity of oneself at the same time others too. On 8<sup>th</sup> March, 2018, the NSS UNIT-II, National Service Scheme, University of North Bengal has organised "HOSTEL CLEANING PROGRAMME" to infix the sense of 'swacch' or cleanliness not only for your own particular room but to think hostel or residential premises as a big home for all students. As we all knew there is nothing as pure as mother's love, so we tried club the cleaning programme and International Women Day together to celebrate the root of cleanliness implanted by our progentrix.



To actualize the purpose, NSS UNIT-II with 70+ NSS volunteers initiated the cleaning programmes in our four boys hostel named, Ramakrishna Hall of Resident, Vivekananda Hall of Resident, Vidyasagar Hall of Resident, Research Scholars Hostel(Men's), and four girls hostel included Rani Bhawani Hostel, Sarojini Girls Hostel, Nivedita Hostel, Research Scholar Hostel(Women's), which listed cleaning the hostel corridors, hostel yards, drains , garbage pile areas where we spread bleaching powder to prevent flies and mosquito breeding and precautions against diseases like Dengue and Malaria. NSS UNIT-II, University of North Bengal always tried to influx the idea among students that to create 'swacchta' in you, one need to keep his/her own premises clean first.

#### SAVE WATER, SAVE LIFE

Don't let life slip down the drain. Three-fourth Earth's surface is covered by water bodies. 97 percent of this water is present in oceans as salt water and is unfit for human consumption. The amount of fresh water is only about 2.7 percent. Nearly 70 percent of this occurs as ice sheets and glaciers in Antarctica and other inaccessible places. And yet more than 80 percent of the world's wastewater flows back into the environment without being treated or reused. So as a globally responsible citizen it is our duty to conserve this precious resource for the future.



We the youth, plays the vital role to bring the change in our mindset and in our society also. On 22<sup>nd</sup> March, 2018, NSS UNIT-II, University of North Bengal, observed World Water Day and Awareness Programme "SAVE WATER, SAVE LIFE". The NSS Volunteers marched through the university campus with placards and banners on hands and raise the slogan to save the clean water for our future generations and also distributed pamphlets and handbills to aware people not to waste water for nature's sake. NSS Volunteers also fix the taps and tube wells which were in poor condition in campus area.

#### SAVE MONUMENTS

As William Faulkner said, "History is not was, it is." So to maintain and preserving old monuments merely not preventing the building but protecting our heritage, history, culture and identity. Number of initiatives has been taken by government for conserving the old monuments. The initiative of "SAVE MONUMENTS" has been taken up by NSS UNIT-II, University of North Bengal in the adjacent area of Siliguri and Jalpaiguri to disseminate the idea of history and heritage we have especially for the history of North Bengal. To impart the knowledge among students about the historical past which shows the blending of various cultural threads which reflects in forms of the temple architectural style, monuments, etc. NSS Unit-II visited to the places of historical importance such as, TrisrotaMaaBhramari Devi Temple situated in Bodaganj, Fulbari, which is famous as a shaktipeeth worship and it is believed that the "VamaPada" or the left leg of devi Sati fell at this place. The Jalpesh Temple in Maynaguri near Jalpaiguri town is a 350 year-old temple of Lord Shiva was founded by Sri Bishu Singh, the father of king Maharaja Narayan of Coochbehar. Later it was reconstructed by King of Coochbehar, Sri Pranarayan in the year 1663. This temple reflects the beautiful blending of Indo-Islamic architectural style. The awareness campaign of "SAVE MONUMENTS" to these places makes students to think about the historical past and enhances the familiarity gained by experiences through their eyes and brighten up the chance to save these tangible heritage for further generations.





#### SAVE CULTURAL HERITAGE

Culture which is considered as an intangible heritage is cultivated the ethnicity, practice, representation, expression, knowledge or skill of a community and continued from one generation to another. North Bengal is considered as the nest for ethnic communities and their cultures such as, the Rajbansis, the Rabhas, the Mechs, the Lepchas, etc. For the conservation of rich cultural heritage of North Bengal NSS UNIT-II, University of North Bengal had been organised an one-day awareness camp "SAVE CULTURAL HERITAGE" with NSS volunteers and students to make them understood about the importance of cultural heritage and way to preserve them. One such way to preserve culture is to be alive and witness among the community spent time with them share ordinary meals or have a general conversation with each other which will automatically share the knowledge of other communities.

