

# DENGU ALERT

## ✓ Do's

Spray the house with insecticides

Water storage vessels like bottles, cups, drums, buckets, pots, etc. should be cleaned everyday and then filled. Also, they should be covered.

Use mosquito nets while sleeping

Wear Protective clothing

## WHAT TO DO IF YOU HAVE DENGUE

## ✗ Don't's

Don't let water accumulate anywhere in your house or the surrounding areas.

Don't throw things like broken cups, pots, tyres etc., where water gets accumulated during rains, in the open.

Don't wear clothes that expose your hands and legs.

Don't leave the water tanks kept on terraces and other places open. Fix the lid immediately if broken.

**STOP  
DENGUE**



- Stay home, take rest and drink plenty of fluids, Paracetamol is advised for fever and aches. Do Not take aspirin or ibuprofen.
- Hydration with intravenous fluids is the mainstay of treatment.
- Platelet transfusion is rarely needed.



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**HEALTH CENTRE**

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