

### **3.6.1 Extension activities in the neighbourhood community in terms of impact and sensitizing students to social issues and holistic development during the last five years.**

#### **Response:**

University of North Bengal is situated in the Northern part of the state of West Bengal, and has a long tradition of discharging its responsibilities to educational aspirants beyond the campus, living mostly in the foothills of Himalaya. The University has been unfolding a robust system of extension programmes /activities in its curricula/programmes since its foundation. Many initiatives in this regard are listed below:

Sensitization of people on several issues namely, rights and duties, environment, celestial phenomena, crop and cultivation, testing samples, medicinal plants identifications and applications, legal issues, biodiversity of the Himalayan, rights of women, scientific drive on superstations, hand-in-exercise on telescopes etc. has been taken up. The departments involved in these programme are DLLE, COFAM, Tea Science, Chemistry, Botany, USIC, Law, CHS, ICARD, etc.

However, in the year 2021-2022, due to Covid related lockdown, few activities could only take place. Some important initiatives are given below:

1. The DLLE organizes training programmes throughout the years in skills that have benefitted thousands of individuals. The department also runs off campus trainings on skill development in association with colleges and other Universities, and NGO's. In the year 2021-2022, the Department organized extension programme on disaster management and a certificate course on health and nutrition of child.
2. The Tea Science Department carries out soil testing programmes of samples particularly from the Terai and Dooars regions.

3. HRDC (<https://hrdc.nbu.ac.in/courses/otherCourses.aspx>) as well as Teacher, Officers (<http://11.0.98.17/nbulib/plagiarism>) from the University has disseminated research codes, conducts and ethics among different colleges.

4. ICARD (<https://nbu.ac.in/acr/iucaa.aspx>) and HECRRC (<https://nbu.ac.in/acr/hecrcc.aspx>) has been organizing different programmes for popularizing Astronomy. Several Webinars were also conducted on issues that would interest the people, such as “A general discussion on how Corona Virus spreads in an area: Individual perceptions” and Global distribution of Covid-19 cases.”

5. The NSS has been engaged in activities such as Van Mahotsav, HIV Awareness Programme, Campus Cleanliness Awareness Programme, Blood Donation programmes, and, Karate Camp for the year 2021-2022. In the Clean Campus Initiative, activities include installing a number of dustbins in various locations within the University campus.



**REPORT OF  
DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL**

Accredited by NAAC with 'B++' Grade

P.O. North Bengal University, Raja Rammohunpur , Dist. Darjeeling, West Bengal, India, PIN-734 0

**SUBJECT:**

**EXTENSION SERVICES**

**Brief Information:**

The Department of Lifelong Learning & Extension (DLLE), University of North Bengal has been pursuing its mission along with philosophy of Lifelong Learning as a part of the creation of learning knowledge society. The Centre for Adult Continuing Education(CACE), University of North Bengal commenced functioning from August 1987 with financial assistant received from the University Grants Commission. Under UGC 10th Plan Guideline the CACE renamed as Department of Adult, Continuing Education, and Extension & Field Outreach (DACEEFO). As per the Eleventh Plan Guideline of UGC and the decision of the North Bengal University Executive Council, the department has become a full-fledged Department with full academic status under University of North Bengal. The nomenclature has been changed as the Department of Lifelong Learning & Extension (DLLE) in October, 2009. From its inception, the thrust area of the department has been the expansion of the third dimension of higher education in Northern part of West Bengal by meeting regional need of Adult Education, Continuing Education, Population Education, Health Education, Environmental Education and Rural Development Education as well as by taking up several successive educational extension and outreach activities that extend far beyond the traditional academic programme delivered through the University system.

The general objectives of DLLE is to contribute the lifelong learning to the development of the community as an advanced knowledge society with sustainable economic development and to facilitate in bringing the changes in the lives of the common people by providing professional, vocational, skill based courses, workshops, training seminars, sensitization cum awareness programmes.

As such, the goals of the Department are:

- ❖ *The strengthening process of human resource development*
- ❖ *To build up the linkage between the community and the university*
- ❖ *Conducting Training-orientation programmes for different communities and members of Local Self Government to strengthen participatory democracy*

❖ *Extending the opportunity to the budding researchers in various areas of rural issues through Ph.D. programme*

The department in the financial year organized the four intensive awareness Outreach Extension Programme on Disaster Management in collaboration with different Organization:

<b>Name of the Department</b>	Department of Lifelong Learning & Extension (DLLE)
<b>Academic Year:</b>	2021-2022
<b>Event title:</b>	Two-day Intensive Awareness Outreach Extension Programme on Disaster Management
<b>Event Category/Sub Theme:</b>	Awareness Programme on Disaster Management
<b>Duration of the Event:</b>	Start Date: 15.03.2022                      End Date: 16.03.2022
<b>Venue of the Event</b>	Rajganj College
<b>Collaborating Department/ Centre Organization</b>	Yes (In collaboration with college)
<b>Name of the Collaborating Department/ Centre Organization</b>	IQAC, Rajganj College
<b>List of participants:</b>	Total No of Participants: 57 (List enclosed)
<b>List of resource Persons:</b>	List enclosed

**Concept Note and Brief report**

Two-Days Intensive Awareness Outreach Extension Programme on Disaster Management organized by Department of Lifelong Learning & Extension, University of North Bengal in collaboration with IQAC, Rajganj College, Jalpaiguri. It was held during 15<sup>th</sup> March, 2022 to 16<sup>th</sup> March, 2022 at Rajganj, Jalpaiguri.

The inaugural session was started by Dr. Sidhartha Sankar Laha, Associate Professor & Programme Coordinatore, Department of Lifelong Learning & Extension (DLLE), University of North Bengal. He acknowledged delegates and participants for joining the programme and mentioned that in the 21<sup>st</sup> Century, we are living in multi hazard times.

The programme started with the inaugural speech by Prof. Monotosh Bose, Head, Associate Professor, Department of Lifelong Learning & Extension, University of North Bengal; he extended a warm welcome to the dignitaries, the teaching faculties and participants. Prof. Monotosh Bose talked about Honourable Prime Minister's 10 point Agenda on Disaster Risk Reduction. He stated that advancement of science and other body of knowledge has reduced the disaster damages. He also mentioned that this programme will let you know about different disasters and strategies to manage them. It was followed by the auspicious ritual of lightning the lamp by the dignitaries.

The programme was presided by a special guest Shri Pankaj Konar, BDO, Rajganj Development Block. He was invited to unfold the theme and give a brief overview about the topic. He made everyone clear with the concept disaster rehabilitation which included subtopics like reconstruction, challenges, aims, planning, short term and long term rehabilitation.

Dr. Haraprasad Mishra, Principal, Rajganj College; highlighted the significance of the programme. He quoted the example of how people are dying in hospitals due to improper arrangement and mentioned that it is also a type of disaster. He specifically mentioned that in order to control the disaster our infrastructure should be strong enough.

First day technical session was presented by Shri Subrata Bhattacharya, Former DDMO; He discussed about utilization of natural resources in such a way so as not to harm our mother earth. He also mentioned different types of Hazards: - Natural and Man made disaster, Violence and Environmental Degradation. He discussed various terminologies used in understanding of Disasters viz Prevention, Mitigation, Preparedness, Response, Rehabilitation, Reconstruction etc. and made clear definitions with live examples.

The following a very sensitive yet important topic First Aid was taken by Mr. Rafikul Islam, First Aid Faculty, Jalpaiguri. In which he elaborated the definition and necessities of first aid by showing interesting pictures and eye catching videos. He stated that the decision to act appropriately with first aid can mean the difference between life and death. He told the all participants that having a kit in your home, your car, and at your place of work is essential to stay prepared. He showed a list of common items found in a first aid kit.

Second day technical session was presented by Mrs. Jayashree Dhar, SDDMO; She discussed what actually “Disaster Risk Reduction” is ? How leverage technology is enhancing the efficiency of DRR efforts ? and what NITI Aayog has explained about the water crisis in India ? She shed light on how efficient planning is needed for keeping a check on climate change. She enlightened on how technology can be help for water conservation and wet line mapping can be used for remote areas as it is cost efficient.

In association with Jalpaiguri Fire Station Division exhibition on Disaster Management Equipment, various tools and equipment crucial for emergency response were displayed and the trainee were briefed about various fire safety equipment and the way to operate them during emergency situations. In addition to this, brief mock drills were organized by Jalpaiguri Fire brigade team.

Dr. Haraprasad Mishra, Principal, Rajganj College; concluded the programme and expressed his satisfaction over successful completion. He mentioned a very important aspect of Disaster Risk Management. He further highlighted that Disasters are no longer to be considered as incidences to be managed through emergency response services.

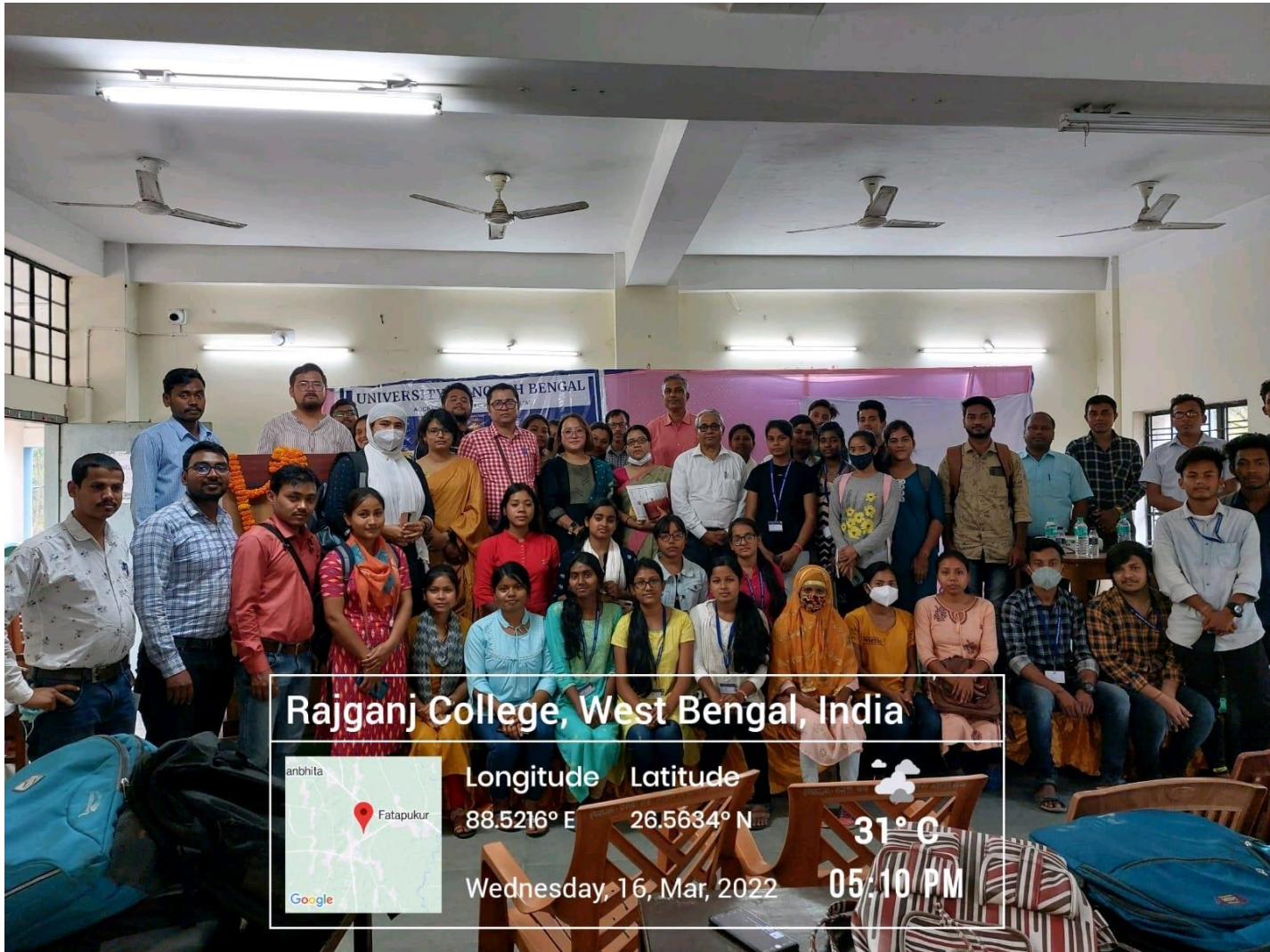
The Two-Days Intensive Awareness Outreach Extension Programme on Disaster Management Organized by Department of Lifelong Learning & Extension, University of North Bengal in collaboration with IQAC, Rajganj College, Jalpaiguri was divided into two days. Both days were divided into two phases e.g. 1<sup>st</sup> Phase (10.00 AM to 1.00 PM) and 2<sup>nd</sup> Phase (2.00 PM to 4.00 PM). The entire programme came to an end on the 2<sup>nd</sup> day at 4.00 pm with vote of thanks was made by Dr. Sidhartha Sankar Laha, Associate Professor and Course Coordinator, DLLE, NBU; followed by distribution of certificates. Refreshments followed on both the days.

#### **Other Documents:**

1. Event Photos (Attached)
2. Budgetary approvals (Attached files)
3. Copies of certificates issued to the participants (Attached files)
4. Documentary Evidence of collaboration (Attached files)
5. List of participants (Attached files)
6. List of Resource Persons (Attached files)

## Event Photos





**Rajganj College, West Bengal, India**

	Longitude	Latitude	 <b>31°C</b> <b>05:10 PM</b>
	88.5216° E	26.5634° N	
	Wednesday, 16, Mar, 2022		



Rajganj College, West Bengal, India

Longitude	Latitude	
88.5216° E	26.5634° N	34° C
Wednesday, 16 Mar 2022		02:18 PM





समानो मन्त्र समिति समानो

# DEPARTMENT OF LIFELONG LEARNING AND EXTENSION UNIVERSITY OF NORTH BENGAL

Accredited by NAAC with 'A' Grade

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjeeling, West Bengal, India, PIN-734 013

## PROPOSAL FOR ORGANIZING INTENSIVE AWARENESS OUTREACH EXTENSION PROGRAMMES ON DISASTER MANAGEMENT DURING THE YEAR 2021-2022

The Department of Lifelong Learning and Extension of the University of North Bengal has been organizing different Courses and Programmes on Disaster Management from the year 2015 – 2016. During the current year 2021-2022, the department is also intending to organize the intensive awareness outreach extension programmes on Disaster Management if the University authority approves the same. It is also proposed that Dr. Sidhartha Sankar Laha, Associate Professor will act as Course Coordinator while the Head of the Department will be the overall mentor of the programmes. The proposed programmes will be as follows:

### Aims and Objectives:

Disaster management is the discipline of dealing with and avoiding menaces. It is a discipline that involves preparing for disaster before it happens, disaster reaction as well as supporting, and rejuvenating society after disasters have occurred. It is a continuous process by which all individuals, groups and communities manage hazards in an effort to circumvent or recuperate the impact of disasters resulting from the hazards. The aim of emergency planning is to ensure that the safety of the students and the staff is maintained during an emergency. The emergency management plan is a means by which this can be achieved. The main focus of the intensive awareness outreach programmes on Disaster Management:

- How to identify the hazards in the school/ college;
- How to manage the hazards;
- How to prepare the school community for any emergency response;
- How to mitigate the effects through planning and effective response;
- To create awareness and build the capacity of school community;
- To promote partnership among various stakeholders.

**The School or college is a densely populated place and has small children that are one of the most vulnerable groups in the society. To reduce this vulnerability particularly for schools, it is important to have a school Disaster Management Plan. Schools also have many resources and are community nodes. Therefore, a School or College also has responsibility towards its immediate locality, just as the neighboring community is linked to the institution.**



# DEPARTMENT OF LIFELONG LEARNING AND EXTENSION UNIVERSITY OF NORTH BENGAL

Accredited by NAAC with 'A' Grade

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjeeling, West Bengal, India, PIN-734 013

समानो मन्त्र समिति समानो

## Plan of the Department:

Due to shortage of time and Covid protocol, the Departmental Committee decided in the meeting was held on 16.11.2021 that awareness outreach extension programmes on Disaster Management will continue in the north Bengal districts – Dakshin Dinajpur (One School), Cooch Bihar (one College) and Jalpaiguri (One School or College) and one Workshop on Disaster Management for selected participant at North Bengal University.

### Proposed Budget of the Awareness Outreach Extension Programmes on Disaster Management

#### 1. Extension Activity at Dakshin Dinajpur

- i. Date: 21<sup>st</sup> February - 22<sup>nd</sup> February 2022
- ii. Duration: 2 (two) days
- iii. No. of Participants: 50
- iv. Tentative Budget Estimates:
  1. Honorarium for Resource Persons – 10 lectures X Rs. 750/- = Rs. 7,500.00
  2. Vehicle for 2 days X Rs. 4000/- per day = Rs. 8,000.00
  3. Lunch for Participants and officials – 60 X Rs. 150/- X 2 = Rs. 18,000.00
  4. Public Address System – Rs. 1250/- X 2 = Rs. 2,500.00
  5. Training Kits & certificate – 60 X Rs. 200/- = Rs. 12,000.00
  6. Miscellaneous expenses including Group 'D' Assistance = Rs. 4,500.00

**TOTAL = Rs. 51,250.00**

(Rupees fifty one thousand two hundred fifty only)

#### 2. Extension Activity at Cooch Behar

- i. Date: 20<sup>th</sup> January – 21<sup>st</sup> January 2022
- ii. Duration: 2 (two) days
- iii. No. of Participants: 50
- iv. Tentative Budget Estimates:
  1. Honorarium for Resource Persons – 10 lectures X Rs. 750/- = Rs. 7,500.00
  2. Vehicle for 2 days X Rs. 4000/- per day = Rs. 8,000.00
  3. Lunch for Participants and officials – 60 X Rs. 150/- X 2 = Rs. 18,000.00
  4. Public Address System – Rs. 1250/- X 2 = Rs. 2,500.00
  5. Training Kits & certificate – 60 X Rs. 200/- = Rs. 12,000.00
  6. Miscellaneous expenses including Group 'D' Assistance = Rs. 4,500.00

**TOTAL = Rs. 51,250.00**

(Rupees fifty-one thousand two hundred fifty only)



**DEPARTMENT OF LIFELONG LEARNING AND EXTENSION**  
**UNIVERSITY OF NORTH BENGAL**

Accredited by NAAC with 'A' Grade

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjeeling, West Bengal, India, PIN-734 013

माने मन्त्र समिति समाने

**3. Extension Activity at Jalpaiguri**

- i. Date: 17<sup>th</sup> January- 18<sup>th</sup> January 2022
- ii. Duration: 2 (two) days
- iii. No. of Participants: 50
- iv. Tentative Budget Estimates:
  1. Honorarium for Resource Persons – 10 lectures X Rs. 750/- = Rs. 7,500.00
  2. Vehicle for 2 days X Rs. 6000/- per day = Rs. 6,000.00
  3. Lunch for Participants and officials – 60 X Rs. 150/- X 2 = Rs. 18,000.00
  4. Public Address System – Rs. 1250/- X 2 = Rs. 2,500.00
  5. Training Kits & certificate – 60 X Rs. 200/- = Rs. 12,000.00
  6. Miscellaneous expenses including Group 'D' Assistance = Rs. 4,500.00

**TOTAL = Rs. 50,500.00**

(Rupees fifty thousand five hundred only)

**4. Workshop on Disaster Management for selected participant at North Bengal University**

- i. Date: 3rd Week of the month of March, 2022
- ii. Duration: 2 (two) days
- iii. No. of Participants: 25 (Individuals/ organisations working in this field)
- iv. Tentative Budget Estimates:
  1. Honorarium for Resource Persons –10 lectures X Rs. 750/- = Rs. 7,500.00
  2. Vehicle for 2 days X Rs. 3500/- per day = Rs. 7,000.00
  3. Lunch for Participants and officials – 30 X Rs. 200/- X 2 = Rs. 12,000.00
  4. Public Address System – Rs. 1500/- X 2 = Rs. 3,000.00
  5. Training Kits and certificates– 30 X Rs. 200/- = Rs. 6,000.00
  6. Travelling allowances for participants = Rs. 8,000.00
  7. Miscellaneous expenses including Group 'D' Assistance = Rs. 4,500.00

**TOTAL = Rs. 48,000.00**

(Rupees forty eight thousand only)



DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL

Accredited by NAAC with 'A' Grade

P.O. North Bengal University, Raja Rammohunpur , Dist. Darjeeling, West Bengal, India, PIN-734 013

समानो मन्त्र समिति समानो

**Total Tentative Budget Estimates for running the above mentioned programmes:**

1.	Awareness Outreach Extension Programme on Disaster Management at Dakshin Dinajpur District	Rs. 51,250.00
2.	Awareness Outreach Extension Programme on Disaster Management at Cooch Behar District	Rs. 51,250.00
3.	Awareness Outreach Extension Programme on Disaster Management at Jalpaiguri District	Rs. 50,500.00
4.	Workshop on Disaster Management for selected participant at North Bengal University	Rs. 48,000.00
<b>Grand Total</b>		<b>Rs. 2,01,000.00</b>

(Rupees two lakh one thousand only)

The proposed expenditure may meet from the Budget Head- *Disaster Management* of DLLE for 2021-2022.

**Name of the Programme Co-ordinator(All Programmes)**

**Dr. Sidhartha Sankar Laha**, Associate Professor, Department of Lifelong Learning & Extension,  
University of North Bengal

**\*\* Date(s) will be finalized in connection with the collaborative Agencies/ Institute etc.**

Submitted by:

*Sidhartha Sankar Laha*  
14.12.2021

(DR. SIDHARTHA SANKAR LAHA)

Associate Professor

Department of Lifelong Learning & Extension  
University of North Bengal

ASSOCIATE PROFESSOR  
Department of Lifelong Learning  
& Extension  
University of North Bengal

Page 4 of 4



DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL

Accredited by NAAC with 'A' Grade

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjooling, West Bengal, India, PIN-734 013

समानो मन्त्र समिति समानो

Ref. No. F/188/DLE-21

Date : 23.11.2021

<b>DESPATCHED</b>	
Office of the Vice-Chancellor	
University of North Bengal	
1.No./D/ 2308	Date 29.11.21
2.No./D/	Date
3.No./D/	Date

<b>RECEIVED</b>	
Office of the Vice-Chancellor	
University of North Bengal	
1.No.VCI/ 2923	Date 24.11.21
2.No.VCI/	Date
3.No.VCI/	Date

Note to the Hon'ble Vice-Chancellor

Sir,

The undersigned enclosed herewith the minutes of the meeting of the Departmental Committee of Department of Lifelong & Extension was held on 16.11.2021 for favour of the kind approval of the Hon'ble Vice-Chancellor.

*[Signature]*  
Head, DLE 23/11/2021

Enclosure: Minutes of the meeting of the Departmental Committee of the Department of Lifelong & Extension held on 16.11.2021 in the Chamber of the Head of the Department.

*[Signature]*  
29.11.21

The Head, DLE

# UNIVERSITY OF NORTH BENGAL

ACCREDITED BY NAAC WITH GRADE 'A'



সমানো মন্ত্র: সমিতি: সমানী

**Two-day Intensive Awareness Outreach Extension Programme**  
ON  
**DISASTER MANAGEMENT**

March 15-16, 2022

organised by

**DEPARTMENT OF LIFELONG LEARNING & EXTENSION, NBU**

in collaboration with

**IQAC, Rajganj College**

**CERTIFICATE OF PARTICIPATION**


This is to certify that

..... *Biswajit Roy* .....

*participated in the Two-day Intensive Awareness  
Outreach Extension Programme on Disaster  
Management held during March 15-16, 2022  
at Rajganj College premises.*

  
**Dr. H. P. Mishra**  
Principal  
Rajganj College

  
**Dr. Sidhartha Sankar Laha**  
Programme Coordinator  
DLLE, NBU

  
**Prof. Monotosh Bose**  
Head  
DLLE, NBU

## Documentary Evidence of Collaboration



### RAJGANJ COLLEGE

**Estd.: 2009**

(Affiliated to North Bengal University)

P.O. Rajganj, Dist. Jalpaiguri-735134

Ph.: (03561) 254356, e-mail: rajganjcollege@gmail.com, website: www.rajganjcollege.org.in



Ref No.: 34/RC/2022

Date : 23/02/2022

To  
The Head,  
Dept. Of Lifelong Learning & Extension,  
University of North Bengal.

Sub : Proposal of Collaborative Intensive Outreach Extension Programme  
on Disaster Management.

Sir,

With reference to your letter no. 214/DLLE-2021, dated 02/12/2021, I would like to inform you that we feel honoured to accept your proposal for organising two days Intensive Outreach Extension Programme on Disaster Management at our college premises in collaboration with your esteemed department on the 15<sup>th</sup> & 16<sup>th</sup> of March, 2022.

Please consider this as our consent in this regard.

Hoping to get further guidelines from you in this regard.

Thanking you,

Yours Sincerely,

Principal  
Rajganj College, Rajganj  
Jalpaiguri

# List of participants



## DEPARTMENT OF LIFELONG LEARNING AND EXTENSION UNIVERSITY OF NORTH BENGAL

Accredited by NAAC with 'A' Grade

সমানো মনসে সমিতি সমানো

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjeeling, West Bengal, India, PIN-734 013

### Intensive Awareness Outreach Extension Programme On

### Disaster Management

Date: 15.03.2022 – 16.03.2022

Organized by

Department of Lifelong Learning And Extension

University of North Bengal

In Collaboration with

IQAC, Rajganj College

### Registration Form

List of Participants who have received Training Kit  
(Folder, Note Pad, Pen, Sanitizer, Mask)

Sl. No	Name of Participant	Mobile No.	Signature
01.	Pankaj Konar	7797863600	[Signature]
02	Krishna Pada Rappan	9874999330	[Signature]
03	RAFIKUL ISLAM	9434462562	[Signature]
04.	Subrata Bhattacharyya	8670528351	[Signature]
05	Hardeb Singh	9933410293	[Signature]
06	Ujjal Ranjan Sinha	9882410305	[Signature]
07.	SIDHARTHA SANIKAR LITA	8918891191	[Signature]
08.	MONODOSH DAS	9832376569	[Signature] 15/3/22
09	Lumina Roy	7908589627	[Signature] 15-03-22
10.	Leikshya Mishra RSJ	9932693017	[Signature] 15/03/22
11.	Gopal Saha	9093750451	[Signature] 15/03/2022
12.	Shreya Sen	8617305163	[Signature] 15/03/2022
13.	Biswajit Roy	7908078352	[Signature] 15/03/2022
14	Peter Paul Bara	9749081544	[Signature] 15/03/2022
15	Shankha Deep Mahato	9851148633	[Signature] 15/03/2022





DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL

Accredited by NAAC with 'A' Grade

समानो मन्तु समिति समानो

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjeeling, West Bengal, India, PIN-734 013

Intensive Awareness Outreach Extension Programme

On

Disaster Management

Date: 15.03.2022 – 16.03.2022

Organized by

Department of Lifelong Learning And Extension

University of North Bengal

In Collaboration with

IQAC, Rajganj College

Registration Form

List of Participants who have received Training Kit  
(Folder, Note Pad, Pen, Sanitizer, Mask)

Sl. No	Name of Participant	Mobile No.	Signature
16	Parul Roy Dept Education	8972662004	Parul Roy
17	Selina parvin	7047304906	Selina parvin
18	Bula Saha	9641698656	Bula Saha
19	Ajmitra Sarkar	9883980168	Ajmitra Sarkar
20	DIPALI Roy	7501511342	Dipali Roy
21	Jayita Roy	7501405166	Dr Jayita Roy
22	Gonesh Sarkar	9883101918	Gonesh Sarkar
23	Jyoti Chowdhury	9064007798	Jyoti Chowdhury
24	Anwarit Roy	7718678125	Anwarit Roy
25	Dhruba Roy	9749720391	Dhruba Roy
26	Prityanka Sarkar (Bengali)	8159971916	Prityanka Sarkar
27	Sayantan Das	9434816079	SND
28	Ridhika Paul	9537289060	Ridhika Paul
29	Bikar Roy	8101673172	Bikar Roy
30	Sharmajali Chowdhury	956544742	S. Chowdhury



DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL

Accredited by NAAC with 'A' Grade

समानो मन्त समितिः समानी

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjeeling, West Bengal, India, PIN-734 013

Intensive Awareness Outreach Extension Programme  
On

Disaster Management

Date: 15.03.2022 – 16.03.2022

Organized by

Department of Lifelong Learning And Extension  
University of North Bengal

In Collaboration with

IQAC, Rajganj College

Registration Form

List of Participants who have received Training Kit  
(Folder, Note Pad, Pen, Sanitizer, Mask)

Sl. No	Name of Participant	Mobile No.	Signature
31	Manisha Roy	9064789735	manisha Roy
32	Pritilata Roy	8016277311	Pritilata Roy
33	Sumitra Roy	7047658158	Sumitra Roy
34	Arjuna Lahadun	8617898327	Arjuna Lahadun
35	Kajal Paul	7864064918	Kajal Paul
36	Ritika Roy	7047057571	Ritika Roy
37	Tamaya Seng	9749813523	Tamaya Seng
38	Sujata Roy	8167245040	Sujata Roy
39	Babli Roy	9749537769	Babli Roy
40	Suchitra Paul (Hist. Dept)	7063710423	Suchitra Paul
41	Dipti Roy (Hist. Dept)	8927195527	Dipti Roy
42	Subhojit Sarkar	9749823612	Subhojit Sarkar



मानो मन्त्र सन्तिति समानो

DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL

Accredited by NAAC with 'A' Grade

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjeeling, West Bengal, India, PIN-734 013

Intensive Awareness Outreach Extension Programme  
On

Disaster Management

Date: 15.03.2022 – 16.03.2022

Organized by

Department of Lifelong Learning And Extension  
University of North Bengal  
In Collaboration with  
IQAC, Rajganj College

Registration Form

List of Participants who have received Training Kit  
(Folder, Note Pad, Pen, Sanitizer, Mask)

Sl. No	Name of Participant	Mobile No.	Signature
43	Subhadwip Sarkar (English Department)	7076983579	Subhadwip Sarkar
44	Trayee Dutta (English Dept)	7074942586	Trayee Dutta
45	Rohit Roy (English Department)	7602771914	Rohit Roy
46	Rima Roy (History Department)	8597218729	Rima Roy
47	Supriya Roy (History Department)	7063890715	Supriya Roy
48	Riya Saha (Philosophy Department)	6294287088	Riya Saha
49	Misti Saha (Philosophy Dept)	7363833344	Misti Saha
50	Debashakha Boroman (Bengali)	9635215430	Debashakha
51	Bithi Saha (Philosophy Department)	9883147204	Bithi Saha
52	Anindita Roy (Hist. Department)	8486676729	Anindita Roy
53	Pinki Roy (English)	7679734844	Pinki Roy
54	Ratna Roy (Hist. Dept.)	9883921712	Ratna Roy
55	Labani Sarkar (Hist. Dept)	7047653641	Labani Sarkar
56	Sreparna Sanyal (Hist. Dept)	8509097153	Sreparna Sanyal
57	Apurba Mondal	7384434366	Apurba Mondal

**List of Resource Persons**

<b>Shri Subrata Bhattacharaya</b>	<b>Importance of Disaster Management</b>
<b>Mr. Rafikul Islam</b>	<b>First Aid</b>
<b>Mrs. Jayashree Dhar, SDDMO</b>	<b>Disaster Risk Reduction</b>
<b>Jalpaiguri Fire division</b>	<b>Mock Drills on Emergency rescue and relief operations</b>



# REPORT OF DEPARTMENT OF LIFELONG LEARNING AND EXTENSION UNIVERSITY OF NORTH BENGAL

Accredited by NAAC with 'B++' Grade

P.O. North Bengal University, Raja Rammohunpur , Dist. Darjeeling, West Bengal, India, PIN-734 0

**SUBJECT:**

**EXTENSION SERVICES**

**Brief Information:**

The Department of Lifelong Learning & Extension (DLLE), University of North Bengal has been pursuing its mission along with philosophy of Lifelong Learning as a part of the creation of learning knowledge society. The Centre for Adult Continuing Education(CACE), University of North Bengal commenced functioning from August 1987 with financial assistant received from the University Grants Commission. Under UGC 10th Plan Guideline the CACE renamed as Department of Adult, Continuing Education, and Extension & Field Outreach (DACEEFO). As per the Eleventh Plan Guideline of UGC and the decision of the North Bengal University Executive Council, the department has become a full-fledged Department with full academic status under University of North Bengal. The nomenclature has been changed as the Department of Lifelong Learning & Extension (DLLE) in October, 2009. From its inception, the thrust area of the department has been the expansion of the third dimension of higher education in Northern part of West Bengal by meeting regional need of Adult Education, Continuing Education, Population Education, Health Education, Environmental Education and Rural Development Education as well as by taking up several successive educational extension and outreach activities that extend far beyond the traditional academic Programme delivered through the University system.

The general objectives of DLLE is to contribute the lifelong learning to the development of the community as an advanced knowledge society with sustainable economic development and to facilitate in bringing the changes in the lives of the common people by providing professional, vocational, skill based courses, workshops, training seminars, sensitization cum awareness programmes.

As such, the goals of the Department are:

- ❖ *The strengthening process of human resource development*
- ❖ *To build up the linkage between the community and the university*
- ❖ *Conducting Training-orientation programmes for different communities and members of Local Self Government to strengthen participatory democracy*
- ❖ *Extending the opportunity to the budding researchers in various areas of rural issues through Ph.D. Programme.*

The department in the financial year organized the four intensive awareness Outreach Extension Programme on Disaster Management in collaboration with different Organization:

<b>Name of the Department</b>	Department of Lifelong Learning & Extension (DLLE)
<b>Academic Year:</b>	2021-2022
<b>Event title:</b>	Certificate Course on “Health & Nutrition of Children”
<b>Event Category/Sub Theme:</b>	Awareness Programme on Health & Nutrition of Children
<b>Duration of the Event:</b>	Start Date: 24.02.2022                      End Date: 30.03.2022
<b>Venue of the Event</b>	Department of Lifelong Learning & Extension (DLLE)
<b>Collaborating Department/ Centre Organization</b>	Yes
<b>Name of the Collaborating Department/ Centre Organization</b>	Department of Community Medicine, North Bengal Medical College & Hospital.
<b>List of participants:</b>	Total No of Participants: 67(List enclosed)
<b>List of resource Persons:</b>	List enclosed

**Concept Note and Brief report**

The One Month Certificate course on Health & Nutrition of Children was organized by Department of Lifelong Learning and Extension (DLLE), University of North Bengal, Darjeeling, West Bengal in association with Department of Community Medicine, North Bengal College & Hospital, Darjeeling, West Bengal. It was held during 24th February, 2022 to 30th March, 2022 in Smart Room, DLLE, University of North Bengal. Inaugural Session was conducted at Seminar Hall, Humanities and Social Science building, University of North Bengal. Hon'ble Vice-Chancellor Dr. Subires Bhattacharya lightened the lamp of the inauguration session.

(Dr.) Rathin Bandhopadhaya Dean, Faculty of Arts, Commerce and Law, University of North Bengal. Professor (Dr.) Sarmila Mallik, Head, Department of Community Medicine, North Bengal Medical College and Prof. Monotosh Bose, Head, Department of Lifelong Learning & Extension, North Bengal University. were present during the inaugural session.

**Dr. Tushar Kanti Saha**

Child Health and detection of Child Health problems (<2 months) (according to IMNCI) with home management.

## Dr. Murari Mohan Mandal

Corona - Modes of preventive strategy, issues in vaccination, covid behaviour, future of COVID; At Risk Children: Common Cause of Child Mortality, Prevention; Balanced Diet, Dietary Goal, Dietary Recommendations; First AID, emergency situations and preventions.

## Dr. Arup Jyoti Rout

Corona virus and Covid 19 : What is corona virus? Different types of corona virus. Variants of SARS-CoV-2. Symptoms of Covid 19. Covid 19 and children, pregnancy. Prevention of Covid 19; UIP Vaccines: Different Vaccine Preventable Diseases under UIP like Polio, Measles, and Diphtheria etc. National Immunization Schedule Key messages after vaccination; Adolescent health problems, prevention, management; What is adolescence, puberty. Problems encountered by adolescents. Different health programmes for adolescents. Rastriya Kishore Swasthya Karyakram (RKSK), Menstrual Hygiene Scheme (MHS); School health programme and RBSK: History of school health programme. Different health problems of school children. Components of school health programme. Rastriya Bal Swasthya Karyakram. 4D's. Target beneficiaries. RBSK Tool kit;

## Dr Pallabi Dasgupta

**Minerals of biological importance- namely Iron, Calcium, Iodine:** Nutrients- are organic and inorganic complexes contained in food. Micronutrients are vitamins and minerals required in small amounts which may vary from a fraction of a milligram to several grams. More than 50 chemical elements are found in human body, which are required for growth, repair, and regulation of vital body functions.

**CALCIUM (Ca)-** Major mineral element of the body. 1.5-2 % of the body weight of an adult- 1200 g of Ca of which >98% is found in the bones. Developing foetus requires about 30 g of calcium. There is a dynamic equilibrium between the calcium in the blood and that in the skeleton maintained by the interaction of vitamin d, parathyroid hormone.

**IRON-** The adult human body contains between 3-4 g of iron, of which about 60-70 % is present in the blood (Hb iron) as circulating iron, Rest (1 -1.5 g) as storage iron.

**IODINE** is required for the synthesis of the thyroid hormones. Iodine is essential in minute amounts for normal growth development and well-being. The adult human body contains about 50 mg of iodine, and the blood level is about 8- 12 µg/dl

The main functions of these minerals in the human body, sources of these minerals from food, absorption-inhibitors and promoters of absorption of these in the human body, recommended dietary allowances for Indians in different physiological states, main deficiency disorders were discussed interactively with

preventive measures.

**Food and health:** At the end of the session the learner would be able to understand the concept of Food and its effect on health-Food borne diseases, Food toxicants, Food hygiene, Food additives, fortification, adulteration. Food is a potential source of infection and is liable to contamination by microorganisms, at any point during its journey from the producer to the consumer. Food hygiene implies hygiene in the production, handling, distribution and serving of all types of food to prevent food poisoning and other food-borne illnesses. Various food toxicants were discussed Neurotoxicity, Aflatoxins, Ergot, Epidemic dropsy, Endemic ascites, Fusarium toxins. Milk hygiene, meat hygiene, fish hygiene, sanitation of eating places was discussed.

**Nutrition related public health problems:** At the end of the session the learner would be able to understand the extent and effect of nutrition related public health problems like, nutritional anaemia, Vitamin A Deficiency, Iodine Deficiency Disorder, endemic fluorosis, the related preventive measures under various national programmes. Social aspects of nutrition and Nutritional factors in childhood obesity were also discussed.

**MCH programs in India:** At the end of the session the learner would be able to understand the backdrop of Maternal and Child Health programs in India, what is RMNCH+A strategy? - goals, objectives, high impact interventions- 5x5 matrix of RMNCH+A. Organizing of maternal health services- Levels of service delivery, MCH wings, MCTS, Other programs- JSY, JSSK, I-NIPI, PMSMA, PMMVY, NSSK, RKSK etc were discussed interactively

**Physical Activity and Health:** At the end of the session the learner would be able to understand what physical activity is,

Benefits of physical activity, Types of physical activity and measurement of physical activity, recommended physical activity at different age groups Concept of energy balance and weight loss, Concept of warm up and cool down, Yoga- types, benefits, and proven benefits to humans.

### **Dr Eashin Gaji**

Health and Nutrition of Children: Briefly described on what is health and what is nutrition, what is the important of this certificate course? Nicely discuss on relation between health and nutrition. Discuss very shortly all topics that will be discuss on next lesson plan.

Common childhood respiratory problems: common childhood respiratory problems specially focus on acute respiratory infection, what is pneumonia? What's factors related to it, how will assess a child suffered from ARI including pneumonia, home remedy for it and when to refer to hospital along with nutrition support during illness. Also discuss about childhood asthma and used of different devices that need to treatment



asthma at home. Discuss elaborately the preventives measures air asthma and flu.

Common nutritional problems: Common nutritional problems mainly highlighted on severe acute malnutrition and moderate acute malnutrition are described very nicely; what is malnutrition, how to assess nutritional status, what is protein energy mal nutrition.

Essential new born care: What is essential new born care? Concept behind its need just afterbirth has been discussed. what are the components of essential new born care? Every component was discussed elaborately one by one. To prevent hypothermia of low-birth-weight baby utility of Kangaro Mother Care was discussed. components and benefit of KMC both for mother, baby and health facility were explained. Briefly discuss how to assess new born baby at delivery point

Growth and Development: The meaning of growth and development, common factors responsible growth and development of child, assessment methods of growth and development were discussed. Types of development were explained. Age specific achievement of growth and development of were discuss in detailed. Red flag signs of growth and development have been explained. Shown the different growth chart and discuss its utility and interpretation

Common childhood skin diseases: Common childhood skin diseases, etiological agent of skin diseases. explain the nutrition related skin disorders. Common bacterial, fungal, viral and immunological skin diseases were discussed one by one. some neonatal skin problems that required treatment also discuss. Finally explain the management and the preventive aspects of child hood skin problems.

### **Dr. Sarmila Mallik**

Different Methods of Assessment of Nutritional Status: Undernourished children suffer from different diseases, particularly various infections. So, assessment of nutritional status is important to know whether the child is healthy or not.

Safe Housing and Environment: Environment is an important determinant of health. Safe environment is very important for the health of women and children. Children may suffer from different diseases due to poor standard of housing and indoor air pollution.

Safe and Wholesome Water and its importance on health: Polluted water is the cause of various water-borne diseases. Children suffer from diarrhea, dysentery, hepatitis and other water-borne diseases, if the water consumed is not safe and wholesome.

Family Planning and its Importance in child health: Small family and proper interval between the births of children is very much necessary for health of women and children. So, knowledge and practice of different methods of family planning by the eligible couple is needed for health and wellbeing of their children.

**Other Documents:**

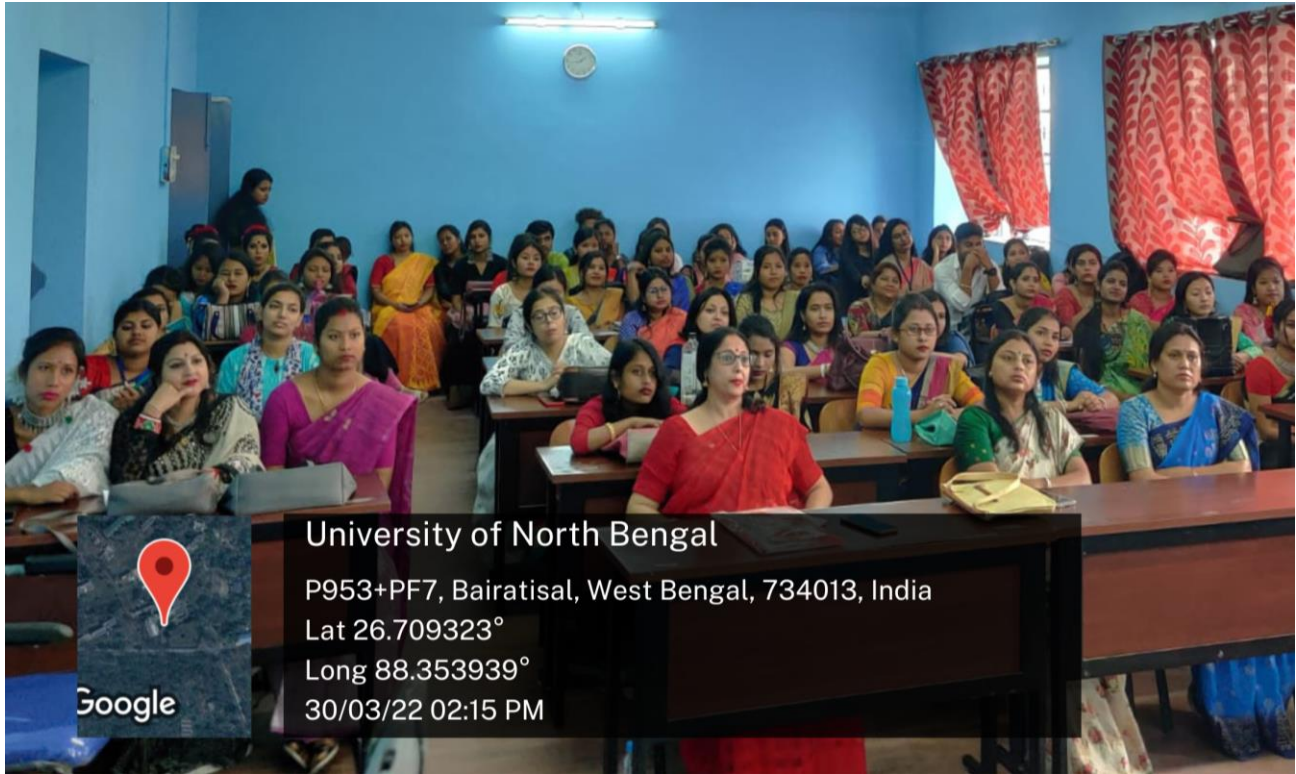
1. Event Photos (Attached)
2. Budgetary approvals (Attached files)
3. Copies of certificates issued to the participants (Attached files)
4. Documentary Evidence of collaboration (Attached files)
5. List of participants (Attached files)
6. List of Resource Persons (Attached files)

## Event Photos





University of North Bengal  
P953+PF7, Bairatal, West Bengal, 734013, India  
Lat 26.709323°  
Long 88.353939°  
28/02/22 10:50 AM



University of North Bengal

P953+PF7, Bairatal, West Bengal, 734013, India

Lat 26.709323°

Long 88.353939°

30/03/22 02:15 PM

Google



**DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL**

Accredited by NAAC with 'A' Grade

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjeeling, West Bengal, India, PIN-734 001

সমানো মন্থ সমিতি সমানী

**Proposal for conducting**

**A CERTIFICATE COURSE ON HEALTH & NUTRITION OF CHILDREN**

**Date: 10<sup>th</sup> February – 18<sup>th</sup> March, 2022**

**PREAMBLE:**

Nearly 40% of India's children below the age of three years are malnourished (underweight) and nearly 26 million are suffering from 'wasting'. At least half of the Indian infant deaths are related to malnutrition, often associated with infectious diseases. Malnutrition impedes motor, sensory, cognitive and social development, so malnourished children will be less likely to benefit from schooling and will consequently have lower incomes as adults. Another end of the spectrum of malnutrition is that of over-nutrition leading to increased and early onset of non-communicable/chronic illnesses. 14.4 million Children are obese in India (second to China with 15.3 million in the world). Population based approaches have been the mainstay of research in the field of nutrition for decades. There is a need for India to move from 'Food Security' to 'Nutrition Security'. This requires workforce to be trained in nutrition and health and ready to take up the daunting task of enhancing knowledge and awareness, improving access to nutrition, lifestyle changes and behaviour change communication among the public.

The department of Lifelong Learning & Extension (DLLE), University of North Bengal has envisaged this certification course to provide direction to nutrition research and practice in the country and with the objective of contributing towards training future leaders in the field of Public Health Nutrition. Personnel working in private and public sector departments need training and capacity building with the latest research-based approaches and develop skills to lead change.

**OBJECTIVE OF THE COURSE:**

- ↓ To increase awareness and understanding about nutrition science relating to the field of health
- ↓ Better understanding of Nutrition and Health inter-dependency
- ↓ Improved capacity on implementing nutritional concepts in day to day practice for effective service delivery
- ↓ Better understanding on use of epidemiological methods in conducting nutritional studies and applications of community approaches to nutrition.
- ↓ Improved capacity on management of special situations like
  - Malnutrition – Undernutrition & Overnutrition
  - Nutrition in pregnancy, lactation
  - Nutrition in Infancy & Childhood
  - HIV/AIDS TB, Covid etc



**DEPARTMENT OF LIFELONG LEARNING AND EXTENSION**  
**UNIVERSITY OF NORTH BENGAL**

Accredited by NAAC with 'A' Grade

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjeeling, West Bengal, India, PIN-734 013

সমানো মন্ব সন্মিতি সমানো

- ↓ Conceptualize and understand multisectoral interventions in nutrition and health at all levels- individual, household and community
- ↓ Increased understanding about approaches, methods and skills in nutrition and health promotion of the masses

As a part of extension activities of the Department the above mentioned course organized in every year since inception of the Department. To trained up the participants on emerging issues by the Experts. Through discussions and deliberations with using Modern Equipments, the participants will be awkward knowledge on various issues on Health and Nutrition of Children

**ELIGIBILITY CRITERIA:**

XII Pass Candidate (Female Only) mainly from Siliguri Mahokuma Area and XII Pass Candidate from North Bengal District.

**DURATION OF THE COURSE:** Thirty (30) working days

**TIMING OF THE COURSE:** 12 Noon. to 4 p.m. (4 hour duration per day)

**RESOURCE PERSONS:**

- Faculty Members of North Bengal Medical College
- Faculty Members from North Bengal University
- Expert in relevant fields from reputed Organizations.

**COURSE CO-ORDINATOR:** Dr. Sidhartha Sankar Laha, Associate Professor, DLLE, NBU

**PROPOSED BUDGET ESTIMATE:**

Proposed Date(Month)	Break up	Amount(Rs.)
3rd Week of January to February 2022	Preparatory Work	10,000.00
	Honorarium to Resource Persons (120 hours class x Rs.750)	90,000.00
	TA/DA to Outstation Resource Persons	20,000.00
	Conveyance for Resource Persons (1000x2x3)	60,000.00
	Conveyance for Office Purpose	10,000.00
	Refreshment	40,000.00
	Training Kit & Certificates (Rs. 200x 70)	14,000.00
	Contingency	25,000.00
	Group D Staff @300x 30 days	9,000.00
	<b>TOTAL</b>	<b>2,78,000.00</b>

(Rupees two lakh seventy-eight thousand only)



# DEPARTMENT OF LIFELONG LEARNING AND EXTENSION UNIVERSITY OF NORTH BENGAL

Accredited by NAAC with 'A' Grade

P.O. North Bengal University, Raja Rammohunpur , Dist. Darjeeling, West Bengal, India, PIN-734 013

समानो सन्न समिति समानो

## COURSE MODULE OF THE CERTIFICATE COURSE ON HEALTH AND NUTRITION OF CHILDREN

1. Mother and Child one unit" concepts. Reproductive and Child Health Programme and its Services.
2. ANC and its importance of a healthy child. PNC and its importance of a healthy child.
3. Communicable diseases (TB, HIV, Asthma) and its prevention in relation to child health. Non Communicable diseases (Obesity, Heart Disease. Blindness, Accidents) and its prevention.
4. Nutritional factors in selected diseases (DM, HTN, Obesity, and Cancer) and its dietary recommendations Concepts of Balanced Diet & Dietary Goals, Dietary fibres.
5. Child Health and detection of Child Health problems (according to IMNC) with home management.
6. PEM and Growth Monitoring of Children and some tidbits of Child Caring including Kangaroo Mother Care.
7. Macronutrients and Micronutrients (Functions, Sources, Deficiency signs & symptoms, prevention) with special recommendations to child health.
8. Concepts of Disaster and post disaster management including child health, nutrition, vaccination.
9. Different methods of assessment of nutritional status including dietary survey. Indicators of Malnutrition.
10. Concepts of Nutritional related public problems (LBW, PEM, VAD, Nutritional Anemia, IDD) Food fortification, adulteration, food hygiene, food toxicants and food-borne diseases.
11. Role of different contraception (including modern methods) for make a small family and its importance in healthy child.
12. Different vaccines (UIP) and health education related to child health and Mission Indradhanush.
13. Concepts of essential newborn care (ENC). Common vector home diseases and its importance in child health (NVBDCP).
14. Focus on different health programmes (RNTCP, NACP, RMNCH+A/RCH including JSY, JSSK, NSSK, etc.) and its impact in child health with current scenario
15. Different Nutritional Programmes (Specially ICDS, Mid-Day Meal, WIFS, Vit A, IDD) and its role in Child Health
16. Importance of regular health check-up for school children including School Health Programme and RBSK
17. Adolescent health problems and Services in adolescent Health Clinics including national programme
18. At a Glance Child Health and Nutrition (wrap up)
19. Child Health and detection of child health problems (IMNCI) with home management





**DEPARTMENT OF LIFELONG LEARNING AND EXTENSION**  
**UNIVERSITY OF NORTH BENGAL**

Accredited by NAAC with 'A' Grade

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjeeling, West Bengal, India, PIN-734 013

সমানো মনস সমিতি সমানো

20. Child nutrition and child feeding (IYCF) with some myths & misconceptions
21. Macro & Micro nutrients with its sources and importance and balanced Diet.
22. Nutrition related public health problems Food Fortification, Adulteration, Food Hygiene.
23. ANC and its importance of a healthy child
24. PNC and its importance of a healthy child
25. PEM and growth monitoring of children and some tidbits of child caring.
26. Role of different contraception for make a small family and its importance of healthy child.
27. Different vaccines and health education related to child health
28. Common vector borne diseases and its importance in child health.
29. Different Nutritional Programmes and its role in child health.
30. Communicable (TB, HIV) and Non Communicable diseases relation to child health.
31. Focus on different health programmes and over view of child health and Nutrition (Wrap up).
32. Environmental Dimension of Food, Nutrition and Health.
33. Sociological perspective of Food, Nutrition and Health of the Local people.
34. Technique of Nutritional Assessment.
35. Micro Nutrition deficiency.
36. Thousand (1000) days programme
37. Adolescents health programme
38. Nutritional needs of children
39. Identify COVID-19 symptoms, high-risk populations, and reasons for emergency medical treatment
40. COVID-19: Tackling the Novel Corona virus

The proposed expenditure may meet from the Budget Head- *Extension Activity* of DLLE for 2021-2022.

*\*\* Date(s) will be finalized in connection with the collaborative Agencies/ Institute etc.*

Submitted by:

*Sidhartha Sankar Laha*  
14.12.2021

(DR. SIDHARTHA SANKAR LAHA)  
Associate Professor  
Department of Lifelong Learning & Extension  
University of North Bengal

**ASSOCIATE PROFESSOR**  
Department of Lifelong Learning  
& Extension  
University of North Bengal

Copies of Certificates Issued to The Participants

# UNIVERSITY OF NORTH BENGAL



সমানো মন্ত্র: সমিতি: সমানী

ACCREDITED BY NAAC WITH GRADE 'A'



## One-Month Certificate Course

ON

## HEALTH AND NUTRITION OF CHILDREN

February 24, 2022 - March 30, 2022

conducted by

**DEPARTMENT OF LIFELONG LEARNING & EXTENSION, NBU**

in collaboration with

**Department of Community Medicine  
North Bengal Medical College & Hospital**

### CERTIFICATE

This is to certify that

.....*Shreya Sen*.....

has successfully completed the One-Month  
Certificate Course on Health and Nutrition of  
Children held during February 24, 2022 - March  
30, 2022 at the University premises.

*Prof. (Dr.) Sarmila Mallik*

Head

Deptt. of Community Medicine, NBMC&H

*Dr. Sidhartha Sankar Laha*

Associate Professor & Course Coordinator

DLLE, NBU

*Prof. Monotosh Bose*

Head

DLLE, NBU

# Documentary Evidence of Collaboration



Government of West Bengal  
Department of Community Medicine  
North Bengal Medical College, Sushrutanagar, Darjeeling

Memo No: NBMC/CM/02/22/45

Date: 08.02.2022

To  
The HOD / Course Coordinator  
Dept. of Lifelong Learning & Extension  
University of North Bengal

Sub: Name of faculty members as resource person of the certificate course  
Ref: Your invitation letter through email; dated: 02.02.2022

Sir,

Following faculty members of the Department of Community Medicine, North Bengal Medical College will be acting as resource person of certificate course on "Health and Nutrition of Children" which will be held on 24.02.2022 – 30.03.2022 at NBU Campus from 11:00 am to 03:30 pm. Topics with respective faculties and contact details are as follows:

Date & Day	Time	Topic	Name of Faculty
24.02.2022 (Thursday)	11:00-01:00	Inauguration of certificate course on "Health and Nutrition of Children"	
	01:30-03:30	"Health and Nutrition of Children" certificate course – Introductory class	Dr. Tushar Kanti Saha
25.02.2022 (Friday)	11:00-01:00	Nutrition & Significance of Nutrition, Classification of foods. Macronutrients (functions, sources, requirements, deficiency signs & symptoms, prevention of deficiencies & related programmes if any)	Dr. Anubrata Karmakar
	01:30-03:30	Fat Soluble Vitamins (functions, sources, deficiency signs & symptoms, prevention of deficiencies & related programmes if any)	Dr. Louis Tirkey
28.02.2022 (Monday)	11:00-01:00	Minerals – Iron, Calcium & Iodine (functions, sources, deficiency signs & symptoms, prevention of deficiencies & related programmes if any)	Dr. Pallabi Dasgupta
	01:30-03:30	Water Soluble Vitamins (functions, sources, deficiency signs & symptoms, prevention of deficiencies & related programmes if any)	Dr. Louis Tirkey
02.03.2022 (Wednesday)	11:00-01:00	Minerals – Fluorine, Zinc & antioxidants (functions, sources, deficiency signs & symptoms, prevention of deficiencies & related programmes if any)	Dr. Louis Tirkey
	01:30-03:30	Common Childhood respiratory problems (ARI, Asthma, SARS, Influenza) and important preventive measures.	Dr. Eashin Gazi
03.03.2022 (Thursday)	11:00-01:00	Corona Diseases – History of the disease with example of global past pandemic, Agent-host-environment- modes of transmission of the disease, signs & symptoms with immediate supportive management	Dr. Arup Jyoti Rout
	01:30-03:30	Corona Diseases – Different modes of prevention especially different issues of vaccination, Covid appropriate behavior and future of the disease.	Dr. Murari Mohan Mandal
04.03.2022 (Friday)	11:00-01:00	Different methods of assessment of nutritional status including dietary survey (advantage & disadvantages of all). Indicators of Malnutrition.	Prof. Sarmila Mallik

*me*

	01:30-03:30	Different Nutritional Programmes (specially NIPI, WIFS, Vit A, NIDDCP) and how children are benefited by these programmes?	Dr. Anubrata Karmakar
07.03.2022 (Monday)	11:00-01:00	Antenatal cares (ANC) and its different services & importance of ANC for a healthy child	Dr. Sharmistha Bhattacharjee
	01:30-03:30	Different vaccines according to UIP. Different doses and time schedule of those vaccine and necessary health education related to vaccination	Dr. Arup Jyoti Rout
08.03.2022 (Tuesday)	11:00-01:00	Different Nutritional Programmes (specially ICDS, Mid-Day Meal) and how children are benefited by these programmes?	Dr. Sharmistha Bhattacharjee
	01:30-03:30	Common Nutritional problems (SAM, MAM) with their treatment and preventive measures, Common advice of Child Care at home including Kangaroo Mother Care.	Dr. Eashin Gazi
09.03.2022 (Wednesday)	11:00-01:00	Different component of postnatal cares (PNC) and have any importance of PNC child health?	Dr. Sharmistha Bhattacharjee
	01:30-03:30	Concepts of nutrition related public health problems (specially LBW, PEM); consequences of these on society and different preventive measures.	Dr. Louis Tirkey
10.03.2022 (Thursday)	11:00-01:00	Personal Hygiene and protective measures related to child care, hand washing and its importance. Impact of sanitation on health. Sanitation barrier.	Dr. Anubrata Karmakar
	01:30-03:30	"At Risk" children. Common causes of child mortality (NMR, IMR, U5M) and different preventive measures	Dr. Murari Mohan Mandal
11.03.2022 (Friday)	11:00-01:00	Food (additives, fortification, adulteration) & its effect on health, food hygiene & its importance, food toxicants and common food-borne diseases.	Dr. Pallabi Dasgupta
	01:30-03:30	Common childhood diseases (Diarrhea, Pneumonia, Measles, Anaemia, Worm infestation) & important preventive measures	Dr. Anubrata Karmakar
14.03.2022 (Monday)	11:00-01:00	Concepts of nutrition related public health problems (VAD, Nutritional Anaemia, IDD) consequences of these and different preventive measures.	Dr. Pallabi Dasgupta
	01:30-03:30	"At Risk" mother. Common causes of maternal mortality and its preventive strategy.	Dr. Sharmistha Bhattacharjee
15.03.2022 (Tuesday)	11:00-01:00	Child Nutrition and Child Feeding (special focus on MAA) with some myths & misconceptions.	Dr. Tushar Kanti Saha
	01:30-03:30	Concepts of essential newborn care (ENC) & its importance for a healthy child.	Dr. Eashin Gazi
16.03.2022 (Wednesday)	11:00-01:00	Child Nutrition and Child Feeding (special focus on IYCF) with some myths & misconceptions.	Dr. Tushar Kanti Saha
	01:30-03:30	Concepts of Balanced Diet & Dietary Goals, Dietary fibers, Dietary recommendation in different conditions (Specially in DM, HTN, CVD, CKD etc.)	Dr. Murari Mohan Mandal
17.03.2022 (Thursday)	11:00-01:00	'Safe housing and environment' – Different criteria, Importance. Different problems experienced in poor housing. Sources & effects of indoor air pollution and preventive measures.	Prof. Sarmila Mallik
	01:30-03:30	Common factors influencing Growth and Development of a child and different types of Growth Chart, its utility and interpretations.	Dr. Eashin Gazi
21.03.2022 (Monday)	11:00-01:00	Adolescent health problems and its prevention & management. Services in adolescent Health Clinics including national programme.	Dr. Arup Jyoti Rout
	01:30-03:30	Common genetically transmitted diseases with special focus on Thalassemia and its preventive measures	Dr. Sharmistha Bhattacharjee
22.03.2022	11:00-01:00	Child Health and detection of Child Health problems (<2 months)	Dr. Tushar Kanti Saha

*m*

(Tuesday)		(according to IMNCI) with home management	
	01:30-03:30	Safe & wholesome water, uses & requirement of water, common water borne disease and important preventive measures, water purification in domestic level	Prof. Sarmila Mallik
23.03.2022 (Wednesday)	11:00-01:00	Child Health and detection of Child Health problems (2 months – 5 years (according to IMNCI) with home management.	Dr. Tushar Kanti Saha
	01:30-03:30	Common Childhood Skin diseases and its management & preventive measures	Dr. Eashin Gazi
24.03.2022 (Thursday)	11:00-01:00	Role of different contraception (including modern methods) for make a small family and its importance in a healthy child.	Prof. Sarmila Mallik
	01:30-03:30	First Aid (any injury, accident, drowning, burns etc.) – if any emergency incident occurs how to treat commonly & different preventive measures	Dr. Murari Mohan Mandal
25.03.2022 (Friday)	11:00-01:00	Importance of regular health check-up for school children including School Health Programme and RBSK	Dr. Arup Jyoti Rout
	01:30-03:30	Focus on different MCH health programmes (RMNCH+A / RCH including JSY, JSSK, NSSK; etc.) and its major services & importance in child health.	Dr. Pallabi Dasgupta
28.03.2022 (Monday)	11:00-01:00	Physical activity, exercise, yoga, meditation: Importance, rules & regulation of each & relationship with health. Concept of Warm Up & Cool Down	Dr. Pallabi Dasgupta
	01:30-03:30	Substance abuse, Child abuse, Common Mental Health Problem related to child and different preventive measures.	Dr. Louis Tirkey
29.03.2022 (Tuesday)	11:00-01:00	At a Glance "Health and Nutrition of Children" Certificate Course (wrap up)	Dr. Tushar Kanti Saha
	01:30-03:30	Post certificate course MCQ Test	

**Contact No of Faculty Members:**

1. Prof. Sarmila Mallik: [mallik.sarmila@gmail.com](mailto:mallik.sarmila@gmail.com) // 9831512640
2. Dr. Sharmistha Bhattacharjee: [sharmistha.bhattacharjee@gmail.com](mailto:sharmistha.bhattacharjee@gmail.com) // 9593558346
3. Dr. Tushar Kanti Saha: [sahatusharkanti@gmail.com](mailto:sahatusharkanti@gmail.com) // 9432509973
4. Dr. Louis Tirkey: [louistirkey@gmail.com](mailto:louistirkey@gmail.com) // 9339021090
5. Dr. Murari Mohan Mandal: [murarimandal@gmail.com](mailto:murarimandal@gmail.com) // 9830148202
6. Dr. Eashin Gazi: [eashingazi@gmail.com](mailto:eashingazi@gmail.com) // 9734548462
7. Dr. Arup Jyoti Rout: [dr.arupjyoti81@gmail.com](mailto:dr.arupjyoti81@gmail.com) // 9647904430
8. Dr. Pallabi Dasgupta: [dasguptapallabi@yahoo.in](mailto:dasguptapallabi@yahoo.in) // 8296745820
9. Dr. Anubrata Karmakar: [anubratkarmakar555@gmail.com](mailto:anubratkarmakar555@gmail.com) // 9804224593

*S. Mallik 2.22*

Prof. Sarmila Mallik  
Head, Dept. of Community Medicine  
North Bengal Medical College, Darjeeling

## List of participants

SL.NO.	NAME	ADDRESS	OCCUPATION	E-MAIL
1.	SANCHITA ROY	SHIVMANDIR	Teaching	Sanchitaroyeducation
2.	MISTU HALDER	Ramkrishna Nagar	Student	haldermistu41@gmail
3.	Anupama Roy	Naxalbari, schooldangi	Student	Jyotiroy8145@gmail
4.	Jyoti Roy	NaxalBari schooldangi	student	Jyoti ROY8145@gmail
5.	Adrijha Dhar	LAKE TOWN, Siliguri.	Student	adrijhadhar26@gmail
6.	Urnisha Nag	Deshbandhupara, Siliguri	Dentist	urnishanag.12@gmail
7.	Alokia Bhosni ck	Deshbandhu Para, Siliguri	Student	alokiabhosni19@gmail
8.	Svshmita Roy Ganguly	Lake Town Siliguri	Teacher.	ganguly.1792@gmail
9.	Dhriti Das	Shivmandir	house wife	Dhritidas@gmail
10.	Tumpa Nag	Shivmandir	House wife	
11.	Purnitara Roy	Gosaipur	Student	PurnitaraRoy@gmail
12.	Palleki Das Karak	Barogharia	Housewife	Pal1091das@gmail
13.	Sreya Dutta	Sanghati more, Siliguri	Housewife	duttasreya2@gmail
14.	Deepa Basnet	Methibari	Student	deepabasnet@gmail
15.	Suparna Roy	Shreepally, Siliguri	Student	Suparna.1@gmail
16.	Anuradha Mishra Nanda	Rajarambhanpur, Siliguri	House wife	anuradhamishra2026
17.	Bisaka Munda	Singhia Jharia T.k	student	BisakaMunda3@gmail
18.	Gangotri Lakra	Taipoo T.F	Student	x
19.	Riya Paul	Lelimpur	Student	x
20.	Ritu Paul	Lelimpur	Student	x
21.	Aranya Sinha	Chandal gate	Housewife	^
22.	Kalyani Chowdhury	Rangapani	House Wife	Kalyanishetkache
23.	Shamayita Roy	College Para	Tutor	@gmail.com
24.	Ranjita Sarma	Dagapur	Project coordinator	dayshamy27@gmail
25.	Tulika Singha	Tarabai	Student	Ranjita Sarma.2
26.	Hembala Singha	Bhanak singh Jote	Student	TulikaSingha 964
27.	Mammy Talukdar	Patimangjole	student	x
28.	Nirupama Roy	Badlavita	student	Mammytalukdar
29.	Jui Roy	purbo Rongia Sheshbari	student	roynirupama
30.	Babli Singha	Balkavita	student	ThiRoy720@gmail

S.NO.	NAME	ADDRESS	OCCUPATION	E-MAIL
31.	Bhagyashree Roy	Groattuli	Student	X
32.	Sadhana Singha	Heragachh	Student	X
33	Baishakhi & Jutta	Matigara	Student	Baishakhi15@gmail.com
34	Lakshmi Roy	Muxaligachh	House wife	X
35	Rinki Biswas	Mumaliganj	Student	rinkibiswas059@gmail.com
36	Ummi Saha (Kondhu)	Siliguri	Student	ummi.guddu2017@gmail.com
37	Manika Khatri	Budharupaon	Student	X
38	Jayama Biswas	Mumaliganj	House wife	
39.	Maya Routh	Siliguri	House wife	mayarouth9641@gmail.com
40.	Mithun Das	Matigara	Beautician	mithundasslg102@gmail.com
41	Sushmita Das.	Bhimshar, Bidhan Nagar.	Student	Sushmitadas763@gmail.com
42	Rita Singha	Bekidhala	Student	
43	Shantana Singha	Pachha gachh	Student	X
44	Sandana Singha	Kajigachh	Student	X
45	Chayanika Roy	Balason Colony	Student	ChayanikaRoy24@gmail.com
46	Brotima Barman	Balason colony	Student	BrotimaBarman@gmail.com
47	Swapna Barman	Balason colony	Student	SwapnaBarman330@gmail.com
48	Jyoti Das	Purbadhalala	Student	Jd5972970@gmail.com
49	Mousumi Singha.	Sital Gachh	Student	mousumisinha2001@gmail.com
50	Lalita Prasad	Bispara, Alipurdhar	Student	lalitaday@gmail.com
51	Mathurmita Prasad	N.B.U Campus	House wife	#zimbabuegreeting
52	Paroma Bakshi	Hakimpala	Teacher	paroma.bakshi@gmail.com
53	POPY ROY	Simulgori	Student	popyrooySLG@gmail.com
54	Rituparna Roy.	Champasari	Student	X
55	Anuradha Singha	Chappa	Student	AnuradhaSingha09@gmail.com
56.	Bhagyabati Singha	Kalagachh	Student	X
57.	Prisanka Biswas	Champasari	Student	X
58.	Lovely Khatri	Kingjote	Student	X
*59	Bonali Mahanta	Siliguri	House wife	X
60	Krishna Ghosh	Naxalbari	House wife	X
*61	Soma Mondal	Shivmandir	Student	Somamondal67@gmail.com
*62	Rinky Barman	Balason Colony	Student	X
*63	Parma Roy	Balason Colony	Student	X
64	Aparna Bhuyan Rai	Siliguri	Scholar	aparnarai0107@gmail.com
65	Rikina Suman	Talpaiguri	"	X





## List of Resource Persons

1. Prof. Sarmila Mallik: [mallik.sarmila@gmail.com](mailto:mallik.sarmila@gmail.com) // 9831512640
2. Dr. Sharmistha Bhattacharjee: [sharmistha.bhattacharjee@gmail.com](mailto:sharmistha.bhattacharjee@gmail.com) // 9593558346
3. Dr. Tushar Kanti Saha: [sahatusharkanti@gmail.com](mailto:sahatusharkanti@gmail.com) // 9432509973
4. Dr. Louis Tirkey: [louistirkey@gmail.com](mailto:louistirkey@gmail.com) // 9339021090
5. Dr. Murari Mohan Mandal: [murarimandal@gmail.com](mailto:murarimandal@gmail.com) // 9830148202
6. Dr. Eashin Gazi: [eashingazi@gmail.com](mailto:eashingazi@gmail.com) // 9734548462
7. Dr. Arup Jyoti Rout: [dr.arupjyoti81@gmail.com](mailto:dr.arupjyoti81@gmail.com) // 9647904430
8. Dr. Pallabi Dasgupta: [dasguptapallabi@yahoo.in](mailto:dasguptapallabi@yahoo.in) // 8296745820
9. Dr. Anubrata Karmakar: [anubratakarmakar555@gmail.com](mailto:anubratakarmakar555@gmail.com) // 9804224593

*S. Mallik. 2. 22*

Prof. Sarmila Mallik  
Head, Dept. of Community Medicine  
North Bengal Medical College, Darjeeling



# REPORT OF DEPARTMENT OF LIFELONG LEARNING AND EXTENSION UNIVERSITY OF NORTH BENGAL

Accredited by NAAC with 'B++' Grade

P.O. North Bengal University, Raja Rammohunpur , Dist. Darjeeling, West Bengal, India, PIN-734 0

**SUBJECT:**

**EXTENSION SERVICES**

**Brief Information:**

The Department of Lifelong Learning & Extension (DLLE), University of North Bengal has been pursuing its mission along with philosophy of Lifelong Learning as a part of the creation of learning knowledge society. The Centre for Adult Continuing Education(CACE), University of North Bengal commenced functioning from August 1987 with financial assistant received from the University Grants Commission. Under UGC 10th Plan Guideline the CACE renamed as Department of Adult, Continuing Education, and Extension & Field Outreach (DACEEFO). As per the Eleventh Plan Guideline of UGC and the decision of the North Bengal University Executive Council, the department has become a full-fledged Department with full academic status under University of North Bengal. The nomenclature has been changed as the Department of Lifelong Learning & Extension (DLLE) in October, 2009. From its inception, the thrust area of the department has been the expansion of the third dimension of higher education in Northern part of West Bengal by meeting regional need of Adult Education, Continuing Education, Population Education, Health Education, Environmental Education and Rural Development Education as well as by taking up several successive educational extension and outreach activities that extend far beyond the traditional academic programme delivered through the University system.

The general objectives of DLLE is to contribute the lifelong learning to the development of the community as an advanced knowledge society with sustainable economic development and to facilitate in bringing the changes in the lives of the common people by providing professional, vocational, skill based courses, workshops, training seminars, sensitization cum awareness programmes.

As such, the goals of the Department are:

- ❖ *The strengthening process of human resource development*
- ❖ *To build up the linkage between the community and the university*
- ❖ *Conducting Training-orientation programmes for different communities and members of Local Self Government to strengthen participatory democracy*
- ❖ *Extending the opportunity to the budding researchers in various areas of rural issues through Ph.D.*

*programme*

The department in the financial year organized the four intensive awareness Outreach Extension Programme on Disaster Management in collaboration with different Organization:

<b>Name of the Department</b>	Department of Lifelong Learning & Extension (DLLE)
<b>Academic Year:</b>	2021-2022
<b>Event title:</b>	Two-day Intensive Awareness Outreach Extension Programme on Disaster Management
<b>Event Category/Sub Theme:</b>	Awareness Programme on Disaster Management
<b>Duration of the Event:</b>	Start Date: 24.03.2022                      End Date: 25.03.2022
<b>Venue of the Event</b>	Department of Lifelong Learning & Extension
<b>Collaborating Department/ Centre Organization</b>	No
<b>Name of the Collaborating Department/ Centre Organization</b>	
<b>List of participants:</b>	Total No of Participants: 73(List enclosed)
<b>List of resource Persons:</b>	List enclosed

**Concept Note and Brief report**

The programme was inaugurated by lighting the lamp by the dignitaries of the dignitaries. The welcome speech was delivered by Dr. Sidhartha Sankar Laha, Associate Professor & Programme Coordinator, Department of Lifelong Learning & Extension (DLLE), University of North Bengal. He also discussed about the emergency preparedness which refers to the preventative measures taken to reduce the effects of a disaster on our property, family, and life. The goal is to lessen the impact on our life, prepare organizations for extra activity, and create a plan that makes the most of resources and time and reduces the efforts needed to keep the population safe.

Being prepared can save your property and get entire populations back to normal fast be possible if you weren't prepared when the disaster strikes. When you own, break disaster preparedness can save lives. Although it takes some serve your time to plan ahead, it entire family if you plan ahead...." addressed by the Chief Guest Professor (Dr Pronob Ghosh, Registrar, University of North Bengal. The importance of this course was discussed by Prof. Monotosh Bose, Head & Associate Professor, Department of Lifelong Learning & Extension (DLLE), University of North Bengal. He explained about the various concepts of disaster management. Disaster preparedness or management activities are aimed to minimise loss of life and damage in the event of a disaster. Disaster management forces can help by removing people and property

from a threatened location and by facilitating time and effective rescue, relief and rehabilitation at the place of disaster.

The topic on disaster preparedness was taken by Mr. Subrata Bhattacharaya. In which he elaborated about the preparedness measures to be followed by the country to encounter any disaster events. Disasters are not aberrant phenomena. He said "...You probably don't think about preparing your home for an emergency every day. But, thinking about it at some point is important. That's why we've taken some time during National Emergency Preparedness Month to educate you on ways you can plan ahead to keep yourself, your family, and your property safe. To start, prepare a basic emergency kit for your home. The kit should carry items that will help you survive if you are suddenly displaced or left without electricity and other life resources. ...",

Mr. Jyoti Bikash Dutta presented a very interesting topic on Disaster Preparedness and Disaster Mitigation by displaying the history of occurrences. Floods, droughts, cyclones, earthquakes and landslides have been recurrent phenomena. About 60% of the landmass is prone to earthquakes of various intensities; over 40 million hectares is prone to floods; about 8% of the total area is prone to cyclones and 68% of the area is susceptible to drought. In the decade 1990-2000, an average of about 4344 people lost their lives and about 30 million people were affected by disasters every year. There are different types of preparedness, such as public health preparedness and local emergency preparedness or snow preparedness, but probably the most developed type is "disaster preparedness", defined by the United Nations as involving "forecasting and taking precautionary measures before an imminent threat."

Mr. Rafikul Islam, First Aid Faculty, said that during a disaster situation there can be a large number of victims. The purpose of first aid is to prevent this number from growing and the victims' conditions from worsening, e.g., when helping someone is drowning in a river, the helper should be able to swim and understand the condition of the river current. A first aid kit is a standard item to have when preparing for any type of emergency. It is a kit that's stocked with medical supplies such as antibiotics, antiseptic wipes, aspirin, anti-itch creams, and thermometers. They also include items such as bandages, gauze, tweezers, and gloves.

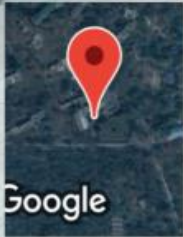
On day 2, Mr. Jyoti Bikash Dutta started his lecture on The loss of trees and other vegetation can cause climate change, desertification, soil erosion, fewer crops, flooding, increased greenhouse gases in the atmosphere, and a host of problems for indigenous people. In addition to depleting resources for forest-dependent communities, deforestation is contributing to an increase in small-scale natural disasters. Well-managed forests and trees can reduce the impacts of disasters. Mr. Dilip Kr. Das, Fire officer has addressed the participants as Many of the life-saving skills that are required in a fire are not regularly practiced.

**Other Documents:**

1. Event Photos (Attached)
2. Budgetary approvals (Attached files)
3. Copies of certificates issued to the participants (Attached files)
4. Documentary Evidence of collaboration (Attached files)
5. List of participants (Attached files)
6. List of Resource Persons (Attached files)

## Event Photos





University of North Bengal

P953+PF7, Bairatisal, West Bengal, 734013, India

Lat 26.709323°

Long 88.353939°

25/03/22 11:28 AM



**University of North Bengal**

P953+PF7, Bairatisal, West Bengal, 734013, India

Lat 26.709323°

Long 88.353939°

25/03/22 02:32 PM





Google

## University of North Bengal

P953+PF7, Bairatal, West Bengal, 734013, India

Lat 26.709323°

Long 88.353939°

25/03/22 02:45 PM

## Budgetary Approvals



# DEPARTMENT OF LIFELONG LEARNING AND EXTENSION UNIVERSITY OF NORTH BENGAL

Accredited by NAAC with 'A' Grade

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjeeling, West Bengal, India, PIN-734 013

समानो मन्त समिति समानो

### PROPOSAL FOR ORGANIZING INTENSIVE AWARENESS OUTREACH EXTENSION PROGRAMMES ON DISASTER MANAGEMENT DURING THE YEAR 2021-2022

The Department of Lifelong Learning and Extension of the University of North Bengal has been organizing different Courses and Programmes on Disaster Management from the year 2015 – 2016. During the current year 2021-2022, the department is also intending to organize the intensive awareness outreach extension programmes on Disaster Management if the University authority approves the same. It is also proposed that Dr. Sidhartha Sankar Laha, Associate Professor will act as Course Coordinator while the Head of the Department will be the overall mentor of the programmes. The proposed programmes will be as follows:

#### Aims and Objectives:

Disaster management is the discipline of dealing with and avoiding menaces. It is a discipline that involves preparing for disaster before it happens, disaster reaction as well as supporting, and rejuvenating society after disasters have occurred. It is a continuous process by which all individuals, groups and communities manage hazards in an effort to circumvent or recuperate the impact of disasters resulting from the hazards. The aim of emergency planning is to ensure that the safety of the students and the staff is maintained during an emergency. The emergency management plan is a means by which this can be achieved. The main focus of the intensive awareness outreach programmes on Disaster Management:

- How to identify the hazards in the school/ college;
- How to manage the hazards;
- How to prepare the school community for any emergency response;
- How to mitigate the effects through planning and effective response;
- To create awareness and build the capacity of school community;
- To promote partnership among various stakeholders.

**The School or college is a densely populated place and has small children that are one of the most vulnerable groups in the society. To reduce this vulnerability particularly for schools, it is important to have a school Disaster Management Plan. Schools also have many resources and are community nodes. Therefore, a School or College also has responsibility towards its immediate locality, just as the neighboring community is linked to the institution.**



# DEPARTMENT OF LIFELONG LEARNING AND EXTENSION UNIVERSITY OF NORTH BENGAL

Accredited by NAAC with 'A' Grade

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjeeling, West Bengal, India, PIN-734 013

সমানো মন্ত্র সমিতি সমানো

## Plan of the Department:

Due to shortage of time and Covid protocol, the Departmental Committee decided in the meeting was held on 16.11.2021 that awareness outreach extension programmes on Disaster Management will continue in the north Bengal districts – Dakshin Dinajpur (One School), Cooch Bihar (one College) and Jalpaiguri (One School or College) and one Workshop on Disaster Management for selected participant at North Bengal University.

## Proposed Budget of the Awareness Outreach Extension Programmes on Disaster Management

### 1. Extension Activity at Dakshin Dinajpur

- i. Date: 21<sup>st</sup> February - 22<sup>nd</sup> February 2022
- ii. Duration: 2 (two) days
- iii. No. of Participants: 50
- iv. Tentative Budget Estimates:
  1. Honorarium for Resource Persons – 10 lectures X Rs. 750/- = Rs. 7,500.00
  2. Vehicle for 2 days X Rs. 4000/- per day = Rs. 8,000.00
  3. Lunch for Participants and officials – 60 X Rs. 150/- X 2 = Rs. 18,000.00
  4. Public Address System – Rs. 1250/- X 2 = Rs. 2,500.00
  5. Training Kits & certificate – 60 X Rs. 200/- = Rs. 12,000.00
  6. Miscellaneous expenses including Group 'D' Assistance = Rs. 4,500.00

**TOTAL = Rs. 51,250.00**

(Rupees fifty one thousand two hundred fifty only)

### 2. Extension Activity at Cooch Behar

- i. Date: 20<sup>th</sup> January – 21<sup>st</sup> January 2022
- ii. Duration: 2 (two) days
- iii. No. of Participants: 50
- iv. Tentative Budget Estimates:
  1. Honorarium for Resource Persons – 10 lectures X Rs. 750/- = Rs. 7,500.00
  2. Vehicle for 2 days X Rs. 4000/- per day = Rs. 8,000.00
  3. Lunch for Participants and officials – 60 X Rs. 150/- X 2 = Rs. 18,000.00
  4. Public Address System – Rs. 1250/- X 2 = Rs. 2,500.00
  5. Training Kits & certificate – 60 X Rs. 200/- = Rs. 12,000.00
  6. Miscellaneous expenses including Group 'D' Assistance = Rs. 4,500.00

**TOTAL = Rs. 51,250.00**

(Rupees fifty-one thousand two hundred fifty only)



**DEPARTMENT OF LIFELONG LEARNING AND EXTENSION**  
**UNIVERSITY OF NORTH BENGAL**

Accredited by NAAC with 'A' Grade

P.O. North Bengal University, Raja Rammohunpur , Dist. Darjeeling, West Bengal, India, PIN-734 013

মাননো বহু সমিতি সমানো

**3. Extension Activity at Jalpaiguri**

- i. Date: 17<sup>th</sup> January- 18<sup>th</sup> January 2022
- ii. Duration: 2 (two) days
- iii. No. of Participants: 50
- iv. Tentative Budget Estimates:
  1. Honorarium for Resource Persons – 10 lectures X Rs. 750/- = Rs. 7,500.00
  2. Vehicle for 2 days X Rs. 6000/- per day = Rs. 6,000.00
  3. Lunch for Participants and officials – 60 X Rs. 150/- X 2 = Rs. 18,000.00
  4. Public Address System – Rs. 1250/- X 2 = Rs. 2,500.00
  5. Training Kits & certificate – 60 X Rs. 200/- = Rs. 12,000.00
  6. Miscellaneous expenses including Group 'D' Assistance = Rs. 4,500.00

**TOTAL = Rs. 50,500.00**

**(Rupees fifty thousand five hundred only)**

**4. Workshop on Disaster Management for selected participant at North Bengal University**

- i. Date: 3rd Week of the month of March, 2022
- ii. Duration: 2 (two) days
- iii. No. of Participants: 25 (Individuals/ organisations working in this field)
- iv. Tentative Budget Estimates:
  1. Honorarium for Resource Persons –10 lectures X Rs. 750/- = Rs. 7,500.00
  2. Vehicle for 2 days X Rs. 3500/- per day = Rs. 7,000.00
  3. Lunch for Participants and officials – 30 X Rs. 200/- X 2 = Rs. 12,000.00
  4. Public Address System – Rs. 1500/- X 2 = Rs. 3,000.00
  5. Training Kits and certificates– 30 X Rs. 200/- = Rs. 6,000.00
  6. Travelling allowances for participants = Rs. 8,000.00
  7. Miscellaneous expenses including Group 'D' Assistance = Rs. 4,500.00

**TOTAL = Rs. 48,000.00**

**(Rupees forty eight thousand only)**



DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL

Accredited by NAAC with 'A' Grade

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjeeling, West Bengal, India, PIN-734 013

मानो गन्त समिति समानो

**Total Tentative Budget Estimates for running the above mentioned programmes:**

1.	Awareness Outreach Extension Programme on Disaster Management at Dakshin Dinajpur District	Rs. 51,250.00
2.	Awareness Outreach Extension Programme on Disaster Management at Cooch Behar District	Rs. 51,250.00
3.	Awareness Outreach Extension Programme on Disaster Management at Jalpaiguri District	Rs. 50,500.00
4.	Workshop on Disaster Management for selected participant at North Bengal University	Rs. 48,000.00
<b>Grand Total</b>		<b>Rs. 2,01,000.00</b>

(Rupees two lakh one thousand only)

The proposed expenditure may meet from the Budget Head- *Disaster Management* of DLLE for 2021-2022.

**Name of the Programme Co-ordinator(All Programmes)**

**Dr. Sidhartha Sankar Laha**, Associate Professor, Department of Lifelong Learning & Extension, University of North Bengal

**\*\* Date(s) will be finalized in connection with the collaborative Agencies/ Institute etc.**

Submitted by:

*Sidhartha Sankar Laha*  
14.12.2021

(DR. SIDHARTHA SANKAR LAHA)

Associate Professor

Department of Lifelong Learning & Extension  
University of North Bengal

ASSOCIATE PROFESSOR  
Department of Lifelong Learning  
& Extension  
University of North Bengal

Page 4 of 4



DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL

Accredited by NAAC with 'A' Grade

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjooling, West Bengal, India, PIN-734 013

समानो मन्त समिति समानो

Ref. No. F/188/DLLE-21

Date : 23.11.2021

<b>DESPATCHED</b>	
Office of the Vice-Chancellor University of North Bengal	
1.No./D/ 2308	Date 23.11.21
2.No./D/	Date
3.No./D/	Date

<b>RECEIVED</b>	
Office of the Vice-Chancellor University of North Bengal	
1.No.VC/ 2923	Date 24.11.21
2.No.VC/	Date
3.No.VC/	Date

Note to the Hon'ble Vice-Chancellor

Sir,

The undersigned enclosed herewith the minutes of the meeting of the Departmental Committee of Department of Lifelong & Extension was held on 16.11.2021 for favour of the kind approval of the Hon'ble Vice-Chancellor.

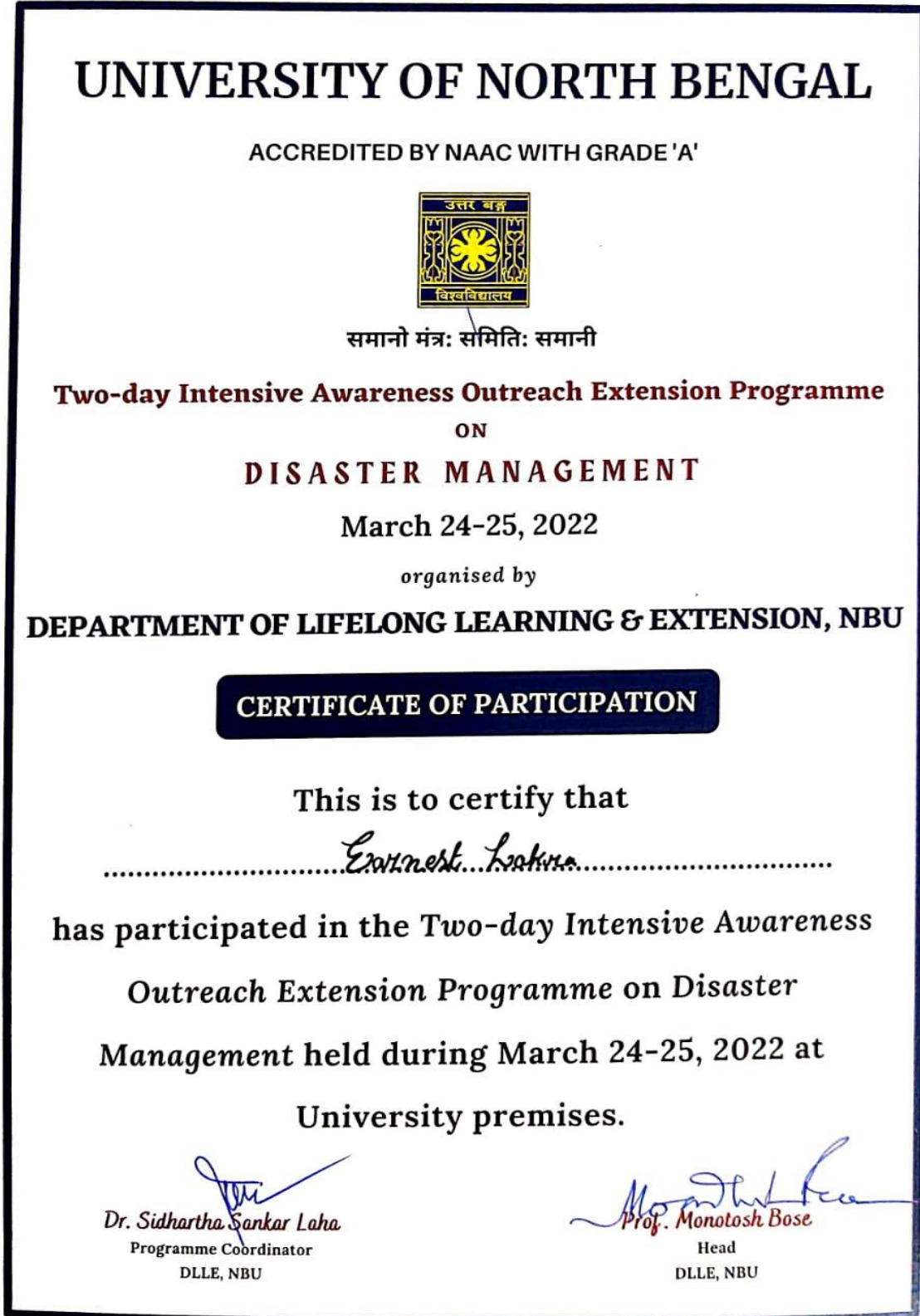
*[Signature]*  
Head, DLLE 23/11/2021

Enclosure: Minutes of the meeting of the Departmental Committee of the Department of Lifelong & Extension held on 16.11.2021 in the Chamber of the Head of the Department.

*[Signature]*  
23.11.21

The Head, DLLE

Copies of Certificates Issued to The Participants



List of participants

# UNIVERSITY OF NORTH BENGAL

ACCREDITED BY NAAC WITH GRADE 'A'



## TWO-DAY INTENSIVE AWARENESS OUTREACH EXTENSION PROGRAMME ON DISASTER MANAGEMENT

March 24-25, 2022

organised by

DEPARTMENT OF LIFELONG LEARNING & EXTENSION

### Registration Form

List of Participants who have received Training Kit  
(Folder, Note Pad, Pen)

Sl. No.	Name	Address	Contact No.	Signature
1	Soumen Roy	Chaulhate	6296050390	S. Roy
2	Sushma Singha	Balasi	9647508062	S. Singha
3	Shubhajet Barman	Cooch Behar	6295694417	S. Barman
4	Sauradepta Ghosh	Siliguri	8637803454	S. Ghosh
5	Surajit Paul	Naxalbari	8509131047	S. Paul
6	Bhaskar Roy	Dardanga	9134924673	B. Roy
7	Priya Topo	Nagarkata	7029942442	P. Topo
8	Suehitra Roy	Gossainpur	7001320314	S. Roy
9	Asif Khan	Dalampur	6295709485	A. Khan
10	Biswajit Karmakar	Saltani, Dhupguri	7074658946	B. Karmakar
11	Sahid Ashraf	Talampur	6294653192	S. Ashraf
12	Juhi Jaiswal	Siliguri	6297952353	Juhi
13	Gokul Saha	Siliguri	8016921484	Gokul
14	Aparna Barman	Jogendra Nagar	7365801322	Aparna



# UNIVERSITY OF NORTH BENGAL

ACCREDITED BY NAAC WITH GRADE 'A'



UNIVERSITY OF NORTH BENGAL

## TWO-DAY INTENSIVE AWARENESS OUTREACH EXTENSION PROGRAMME ON DISASTER MANAGEMENT

March 24-25, 2022

organised by

DEPARTMENT OF LIFELONG LEARNING & EXTENSION

### Registration Form

List of Participants who have received Training Kit  
(Folder, Note Pad, Pen)

Sl. No.	Name	Address	Contact No.	Signature
15	Arpita Roy	Siliguri	8617455936	Arpita Roy
16	Shristi Bhujel	Jaigaon	9002639531	Shristi
17	Aishwariya Bhowmick	Siliguri	9907704026	Aishwariya
18	Ninglamu Shapa	Darjeeling	8426609224	ninglamu.
19	ALEX-SUNDAS	KALIMPONG.	7319153775	Sundas.
20	Florence Loma	Kurseong.	7319060142	Florence
21	Nawani Thapa.	Bhliguri	8436492859	Nawani
22	Shivangi Deb	Darjeeling	6297583927	Shivangi Deb
23	Nischal Thapa	Darjeeling	9083906696	Nischal
24	Kushan Lama	Darjeeling	7548085788	Kushan
25	Apam Jnani	Darjeeling	7667847117	Apam Jnani
26	Wrickehanda Sankar	Siliguri	9883708344	Wrickehanda
27	Akshi Chhetri	Jaigaon.	7319421437	Akshi Chhetri
28	Pallavi Mandal	Batali	6296979553	Pallavi

# UNIVERSITY OF NORTH BENGAL

ACCREDITED BY NAAC WITH GRADE 'A'



UNIVERSITY OF NORTH BENGAL

## TWO-DAY INTENSIVE AWARENESS OUTREACH EXTENSION PROGRAMME

### ON DISASTER MANAGEMENT

March 24-25, 2022

organised by

DEPARTMENT OF LIFELONG LEARNING & EXTENSION

### Registration Form

List of Participants who have received Training Kit  
(Folder, Note Pad, Pen)

SL No.	Name	Address	Contact No.	Signature
29	Annesha Kundu	Ukpara, Raiganj	9721918744	Annesha Kundu
30	Santana Das	Siliguri	8617861387	Santana Das
31	Anindita Chakraborty	Birpara	8637092147	Anindita Chakraborty
32	Riya Roy	Phansidewa	8972899775	Riya Roy
33	Binesh Pradhan	Kalimpong	8617452298	Binesh Pradhan
34	Keena Khatoon	Darjeeling	8967098424	Keena Khatoon
35	Priyanka Saha	Haiderpara, Siliguri	7001734005	Priyanka Saha
36	Shebez Alim Hashmi	Darjeeling	6294110313	Shebez
37	Sangita Buring	Shirmandi	7319084684	Sangita
38	Earnest Laha	Alipurduar	7872894211	Earnest
39	Ankita Mij	Tulhary Patan	6294112258	Ankita
40	Snobhasis Barik	Uttarchak	8001716319	Snobhasis
41	Ananda Mondal	Cooch behar	8637893922	Ananda
42	Prittha Roy	Cooch behar	6295270562	Prittha

# UNIVERSITY OF NORTH BENGAL

ACCREDITED BY NAAC WITH GRADE 'A'



শুভেচ্ছা

## TWO-DAY INTENSIVE AWARENESS OUTREACH EXTENSION PROGRAMME ON DISASTER MANAGEMENT

March 24-25, 2022

organised by

DEPARTMENT OF LIFELONG LEARNING & EXTENSION

### Registration Form

List of Participants who have received Training Kit  
(Folder, Note Pad, Pen)

Sl. No.	Name	Address	Contact No.	Signature
43	Choden Bhutia	Saltbari, Siliguri	7478566974	Choden Bhutia
44	AKansha Chhetri	Champasari Siliguri	80164102901	Akansha C
45	Souvik Nag	Fulbari	7003210019	Sauvik Nag
46	Shreeraj Sharma	Paritanki	9339707926	Shreeraj
47	Arati Suman	Naxalbari	7872899579	Arati Suman
48	Alttam Roy	Dehikolla Bari	8116114360	Alttam Roy
49	Jayalri Roy	Purba Duramari	6294170043	Jayalri Roy
50	Prithi Thakur	Indirapally Shivmandir	6296437661	Prithi Thakur
51	Ruma Rabha	Duramari	8670553353	Ruma Rabha
52	Manita Mondal	Birbhum	9382069795	Manita Mondal
53	Priyanka Sarkar	Jalpaiguri	7031519030	Priyanka Sarkar

# UNIVERSITY OF NORTH BENGAL

ACCREDITED BY NAAC WITH GRADE 'A'



## TWO-DAY INTENSIVE AWARENESS OUTREACH EXTENSION PROGRAMME ON DISASTER MANAGEMENT

March 24-25, 2022

organised by

DEPARTMENT OF LIFELONG LEARNING & EXTENSION

### Registration Form

List of Participants who have received Training Kit  
(Folder, Note Pad, Pen)

SL. No.	Name	Address	Contact No.	Signature
54	Athiti Rai	Salbari, SIT	6295623188	Athiti Rai
55	Suikruti Rakul	Salbari, DPS	7384978237	Suikruti Rakul
56	SUPAL RAI	SUNSARI, LOWER GORE DART, W.P.	8972235542	Supal Rai
57	MD- Sahil	Mulayuni, Siliguni	7602594462	Sahil
58	Mudoussir Alam	Islampur	7063013141	Mudoussir Alam
59	Karffrick Sarkar	Falakata, A. Lipurdewan	8001605874	Karffrick Sarkar
60.	Bivakar Saha	Siliguni, Shivmandir	8101666468	Bivakar Saha
61	Gopal Saha	Bagdogra	9091990773	Gopal Saha
62	Shreya Sen	Siliguni	8617305163	Shreya Sen
63	Peterpaul Barr	Siliguni 9749081544	9749081544	Peterpaul Barr
64.	Sankhadeep Mahato	Shivmandir 9851148633	9851148633	Sankhadeep Mahato
65	Bishwanil Roy	Aambari	7908078352	Bishwanil Roy
66	Purnim Roy	Siliguni	7908589627	Purnim Roy
67.	Parul Roy	Bateshi	8972662004	Parul Roy



## List of Resource Persons

TOPIC	SPEAKERS
Concept, Types and Phases of Disaster management, Disaster Impact and Response	Mr. Subrata Bhattacharaya Former DDMO
Disaster Preparedness, Disaster Mitigation	Mr. Jyoti Bikash Dutta, Expert Trainer
First Aid	Mr. Rafikul Islam, First Aid Faculty
Disaster Rehabilitation	Mr. Jyoti Bikash Dutta, Expert Trainer
Basics of Fire Drill Training	Dilip Kr. Das - Fire officers
Mock Drill on Fire	Fire Brigade Team, Siliguri



**REPORT OF  
DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL**

Accredited by NAAC with 'B++' Grade

P.O. North Bengal University, Raja Rammohunpur , Dist. Darjeeling, West Bengal, India, PIN-734 0

**SUBJECT:**

**EXTENSION SERVICES**

**Brief Information:**

The Department of Lifelong Learning & Extension (DLLE), University of North Bengal has been pursuing its mission along with philosophy of Lifelong Learning as a part of the creation of learning knowledge society. The Centre for Adult Continuing Education(CACE), University of North Bengal commenced functioning from August 1987 with financial assistant received from the University Grants Commission. Under UGC 10th Plan Guideline the CACE renamed as Department of Adult, Continuing Education, and Extension & Field Outreach (DACEEFO). As per the Eleventh Plan Guideline of UGC and the decision of the North Bengal University Executive Council, the department has become a full-fledged Department with full academic status under University of North Bengal. The nomenclature has been changed as the Department of Lifelong Learning & Extension (DLLE) in October, 2009. From its inception, the thrust area of the department has been the expansion of the third dimension of higher education in Northern part of West Bengal by meeting regional need of Adult Education, Continuing Education, Population Education, Health Education, Environmental Education and Rural Development Education as well as by taking up several successive educational extension and outreach activities that extend far beyond the traditional academic programme delivered through the University system.

The general objectives of DLLE is to contribute the lifelong learning to the development of the community as an advanced knowledge society with sustainable economic development and to facilitate in bringing the changes in the lives of the common people by providing professional, vocational, skill based courses, workshops, training seminars, sensitization cum awareness programmes.

As such, the goals of the Department are:

- ❖ *The strengthening process of human resource development*
- ❖ *To build up the linkage between the community and the university*
- ❖ *Conducting Training-orientation programmes for different communities and members of Local Self Government to strengthen participatory democracy*

❖ *Extending the opportunity to the budding researchers in various areas of rural issues through Ph.D. programme*

The department in the financial year organized the four intensive awareness Outreach Extension Programme on Disaster Management in collaboration with different Organization:

<b>Name of the Department</b>	Department of Lifelong Learning & Extension (DLLE)
<b>Academic Year:</b>	2021-2022
<b>Event title:</b>	Two-day Intensive Awareness Outreach Extension Programme on Disaster Management
<b>Event Category/Sub Theme:</b>	Awareness Programme on Disaster Management
<b>Duration of the Event:</b>	Start Date: 12.03.2022                      End Date: 13.03.2022
<b>Venue of the Event</b>	Tufanganj Mahavidyalaya
<b>Collaborating Department/ Centre Organization</b>	Yes
<b>Name of the Collaborating Department/ Centre Organization</b>	13 Bengal Bn. NCC Unit, Tufanganj Mahavidyalaya
<b>List of participants:</b>	Total No of Participants: 96 (List enclosed)
<b>List of resource Persons:</b>	List enclosed

**Concept Note and Brief report**

**Dr. Sidhartha Sankar Laha, Associate Professor, DLLE, NBU –**

He acknowledged delegates and participants for joining the programme and mentioned that in the 21st Century, we are living in multi hazard times. He talked on how to use natural resources in a way that doesn't destroy our planet. Planning is crucial for disaster management, and protecting Mother Nature for future generations is our moral obligation. The most damaging natural calamities include cyclones and tsunamis. He also cited several hazards, including violence, environmental degradation, and natural and man-made disasters. According to data presented by him India was ranked 14th in 2019 as most vulnerable country in respect of disaster and for the first-time accepted support from international bodies in this pandemic. He went over a number of terms, such as prevention, mitigation, preparedness, response, rehabilitation, and reconstruction, that are used to comprehend disasters and provided concise definitions with real-world examples. He also provided information on the institutional mechanism for disaster risk management that is now in place in our nation and its operation during disasters.

**Dr. Debasish Chattopadhyay, Principal, Tufanganj Mahavidyalaya –**

He started his speech with the importance of disaster management awareness. Disaster Management is very important in recent times. It is tackling the hazards that occur before, during and after the disaster. Disaster management is a similar act as consuming medicine for curing a disease. Disaster can also be in any form of epidemic diseases or industrial failures such as Bhopal gas tragedy or the disaster of Fukushima nuclear power



plant, etc. He specifically mentioned that in order to control the disaster our infrastructure should be strong enough. We can prevent the man-made & natural disasters by reducing our never ending non justified reliance on the natural resources and preparedness is very important may it be any kind of calamity. Also mentioned in the event of a disaster, proper preparations are essential for managing the situation. Proper mechanisms help to minimize the effect. Predicting the probability of some types of disasters can help in decreasing the vulnerability of the people. He emphasised the significance of this programme and added that, with the support DLLE, they should be run more frequently.

**Nagrul Islam, Associate Professor, CPPBU—**

He started his session, a very sensitive yet important topic First aid. First aid refers to the emergency or immediate care you should provide when a person is injured or ill until full medical treatment is available. For minor conditions, first aid care may be enough. For serious problems, first aid care should be continued until more advanced care becomes available. The decision to act appropriately with first aid can mean the difference between life and death. Begin by introducing yourself to the injured or ill person. Explain that you are a first aid provider and are willing to help. The person must give you permission to help them; do not touch them until they agree to be helped. If you encounter a confused person or someone who is critically injured or ill, you can assume that they would want you to help them. This is known as “implied consent. According to him - Consider purchasing a commercially available first aid kit or making your own. Having a kit in your home, your car, and at your place of work is essential to stay prepared.

**Pratik Sarkar, Ophiologist--**

He discussed what actually Disaster Risk Reduction is? How leverage technology is enhancing the efficiency of DRR efforts? and what NITI Aayog has explained about the water crisis in India? He further focused on various S&T (Science and Technology) which can be used for DRR emphasizing upon - High probability low risk; Low probability low impact. She stretched upon strategies of Sendai Framework and how the use of technology may help us with the idea of sustainable development. He shed light on how efficient planning is needed for keeping a check on climate change. According to the data, 4.5 billion people are lacking safely managed sanitation service, rain water harvesting, cycle run water pumps, water wheel etc. She enlightened on how technology can be used for water conservation and wet line mapping can be used for remote areas as it is cost efficient. Upcoming technologies are Kinetic Football, Kinetic Roads, and Asset Mapping. Specialized areas of civil engineering are earthquake resistant buildings and green sustainable buildings etc. which might help us in having safe infrastructure and also save us valuable energy as well.

**Other Documents:**

1. Event Photos (Attached)
2. Budgetary approvals (Attached files)
3. Copies of certificates issued to the participants (Attached files)
4. Documentary Evidence of collaboration (Attached files)
5. List of participants (Attached files)
6. List of Resource Persons (Attached files)

## Event Photos






**Tufanganj College, West Bengal, India**

	Longitude 89.6687° E	Latitude 26.3293° N	 <b>26° C</b>
	Saturday, 12, Mar, 2022		<b>02:39 PM</b>



**Tufanganj College, West Bengal, India**

	<b>Longitude</b> 89.6687° E	<b>Latitude</b> 26.3293° N	<b>26° C</b>
	<b>Sunday, 13 Mar 2022</b>		<b>02:05 PM</b>



Tufanganj College, West Bengal, India



Longitude    Latitude

89.6687° E    26.3293° N



26° C

Sunday, 13, Mar, 2022

04:20 PM



**DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL**

Accredited by NAAC with 'A' Grade

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjeeling, West Bengal, India, PIN-734 013

সমানো মনস সমিতি সমানো

**PROPOSAL FOR ORGANIZING INTENSIVE AWARENESS OUTREACH  
EXTENSION PROGRAMMES ON DISASTER MANAGEMENT DURING THE  
YEAR 2021-2022**

The Department of Lifelong Learning and Extension of the University of North Bengal has been organizing different Courses and Programmes on Disaster Management from the year 2015 – 2016. During the current year 2021-2022, the department is also intending to organize the intensive awareness outreach extension programmes on Disaster Management if the University authority approves the same. It is also proposed that Dr. Sidhartha Sankar Laha, Associate Professor will act as Course Coordinator while the Head of the Department will be the overall mentor of the programmes. The proposed programmes will be as follows:

**Aims and Objectives:**

Disaster management is the discipline of dealing with and avoiding menaces. It is a discipline that involves preparing for disaster before it happens, disaster reaction as well as supporting, and rejuvenating society after disasters have occurred. It is a continuous process by which all individuals, groups and communities manage hazards in an effort to circumvent or recuperate the impact of disasters resulting from the hazards. The aim of emergency planning is to ensure that the safety of the students and the staff is maintained during an emergency. The emergency management plan is a means by which this can be achieved. The main focus of the intensive awareness outreach programmes on Disaster Management:

- How to identify the hazards in the school/ college;
- How to manage the hazards;
- How to prepare the school community for any emergency response;
- How to mitigate the effects through planning and effective response;
- To create awareness and build the capacity of school community;
- To promote partnership among various stakeholders.

**The School or college is a densely populated place and has small children that are one of the most vulnerable groups in the society. To reduce this vulnerability particularly for schools, it is important to have a school Disaster Management Plan. Schools also have many resources and are community nodes. Therefore, a School or College also has responsibility towards its immediate locality, just as the neighboring community is linked to the institution.**



# DEPARTMENT OF LIFELONG LEARNING AND EXTENSION UNIVERSITY OF NORTH BENGAL

Accredited by NAAC with 'A' Grade

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjeeling, West Bengal, India, PIN-734 013

সমানো মন্ত্র সমিতি সমানো

## Plan of the Department:

Due to shortage of time and Covid protocol, the Departmental Committee decided in the meeting held on 16.11.2021 that awareness outreach extension programmes on Disaster Management will continue in the north Bengal districts – Dakshin Dinajpur (One School), Cooch Bihar (one College) and Jalpaiguri (One School or College) and one Workshop on Disaster Management for selected participant at North Bengal University.

### Proposed Budget of the Awareness Outreach Extension Programmes on Disaster Management

#### 1. Extension Activity at Dakshin Dinajpur

- i. Date: 21<sup>st</sup> February - 22<sup>nd</sup> February 2022
- ii. Duration: 2 (two) days
- iii. No. of Participants: 50
- iv. Tentative Budget Estimates:
  1. Honorarium for Resource Persons – 10 lectures X Rs. 750/- = Rs. 7,500.00
  2. Vehicle for 2 days X Rs. 4000/- per day = Rs. 8,000.00
  3. Lunch for Participants and officials – 60 X Rs. 150/- X 2 = Rs. 18,000.00
  4. Public Address System – Rs. 1250/- X 2 = Rs. 2,500.00
  5. Training Kits & certificate – 60 X Rs. 200/- = Rs. 12,000.00
  6. Miscellaneous expenses including Group 'D' Assistance = Rs. 4,500.00

**TOTAL = Rs. 51,250.00**

(Rupees fifty one thousand two hundred fifty only)

#### 2. Extension Activity at Cooch Behar

- i. Date: 20<sup>th</sup> January – 21<sup>st</sup> January 2022
- ii. Duration: 2 (two) days
- iii. No. of Participants: 50
- iv. Tentative Budget Estimates:
  1. Honorarium for Resource Persons – 10 lectures X Rs. 750/- = Rs. 7,500.00
  2. Vehicle for 2 days X Rs. 4000/- per day = Rs. 8,000.00
  3. Lunch for Participants and officials – 60 X Rs. 150/- X 2 = Rs. 18,000.00
  4. Public Address System – Rs. 1250/- X 2 = Rs. 2,500.00
  5. Training Kits & certificate – 60 X Rs. 200/- = Rs. 12,000.00
  6. Miscellaneous expenses including Group 'D' Assistance = Rs. 4,500.00

**TOTAL = Rs. 51,250.00**

(Rupees fifty-one thousand two hundred fifty only)



**DEPARTMENT OF LIFELONG LEARNING AND EXTENSION**  
**UNIVERSITY OF NORTH BENGAL**

Accredited by NAAC with 'A' Grade

P.O. North Bengal University, Raja Rammohunpur , Dist. Darjeeling, West Bengal, India, PIN-734 013

मानो मन्त समिति समानो

**3. Extension Activity at Jalpaiguri**

- i. Date: 17<sup>th</sup> January- 18<sup>th</sup> January 2022
- ii. Duration: 2 (two) days
- iii. No. of Participants: 50
- iv. Tentative Budget Estimates:
  1. Honorarium for Resource Persons – 10 lectures X Rs. 750/- = Rs. 7,500.00
  2. Vehicle for 2 days X Rs. 6000/- per day = Rs. 6,000.00
  3. Lunch for Participants and officials – 60 X Rs. 150/- X 2 = Rs. 18,000.00
  4. Public Address System – Rs. 1250/- X 2 = Rs. 2,500.00
  5. Training Kits & certificate – 60 X Rs. 200/- = Rs.12,000.00
  6. Miscellaneous expenses including Group 'D' Assistance = Rs. 4,500.00

**TOTAL = Rs. 50,500.00**

(Rupees fifty thousand five hundred only)

**4. Workshop on Disaster Management for selected participant at North Bengal University**

- i. Date: 3rd Week of the month of March, 2022
- ii. Duration: 2 (two) days
- iii. No. of Participants: 25 (Individuals/ organisations working in this field)
- iv. Tentative Budget Estimates:
  1. Honorarium for Resource Persons –10 lectures X Rs. 750/- = Rs. 7,500.00
  2. Vehicle for 2 days X Rs. 3500/- per day = Rs. 7,000.00
  3. Lunch for Participants and officials – 30 X Rs. 200/- X 2 = Rs. 12,000.00
  4. Public Address System – Rs. 1500/- X 2 = Rs. 3,000.00
  5. Training Kits and certificates– 30 X Rs. 200/- = Rs. 6,000.00
  6. Travelling allowances for participants = Rs. 8,000.00
  7. Miscellaneous expenses including Group 'D' Assistance = Rs. 4,500.00

**TOTAL = Rs. 48,000.00**

(Rupees forty eight thousand only)





DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL

Accredited by NAAC with 'A' Grade

P.O. North Bengal University, Raja Rammohunpur , Dist. Darjeeling, West Bengal, India, PIN-734 013

সমানো মনন সমিতি সমানো

**Total Tentative Budget Estimates for running the above mentioned programmes:**

1.	Awareness Outreach Extension Programme on Disaster Management at Dakshin Dinajpur District	Rs. 51,250.00
2.	Awareness Outreach Extension Programme on Disaster Management at Cooch Behar District	Rs. 51,250.00
3.	Awareness Outreach Extension Programme on Disaster Management at Jalpaiguri District	Rs. 50,500.00
4.	Workshop on Disaster Management for selected participant at North Bengal University	Rs. 48,000.00
<b>Grand Total</b>		<b>Rs. 2,01,000.00</b>

(Rupees two lakh one thousand only)

The proposed expenditure may meet from the Budget Head- *Disaster Management* of DLLE for 2021-2022.

Name of the Programme Co-ordinator(All Programmes)

**Dr. Sidhartha Sankar Laha**, Associate Professor, Department of Lifelong Learning & Extension, University of North Bengal

**\*\* Date(s) will be finalized in connection with the collaborative Agencies/ Institute etc.**

Submitted by:

*Sidhartha Sankar Laha*  
14.12.2021

(DR. SIDHARTHA SANKAR LAHA)

Associate Professor

Department of Lifelong Learning & Extension

University of North Bengal

ASSOCIATE PROFESSOR  
Department of Lifelong Learning  
& Extension  
University of North Bengal

Page 4 of 4



DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL

Accredited by NAAC with 'A' Grade

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjooling, West Bengal, India, PIN-734 013

समानो मन्त्र समिति समानी

Ref. No. F/183/DLLE-21

Date : 23.11.2021

DESPATCHED	
Office of the Vice-Chancellor University of North Bengal	
1.No./D/ 2308	Date 29.11.21
2.No./D/	Date
3.No./D/	Date

RECEIVED	
Office of the Vice-Chancellor University of North Bengal	
1.No.VC/ 2923	Date 24.11.21
2.No.VC/	Date Time
3.No.VC/	Date Time

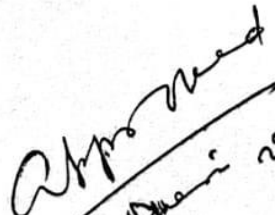
Note to the Hon'ble Vice-Chancellor

Sir,

The undersigned enclosed herewith the minutes of the meeting of the Departmental Committee of Department of Lifelong & Extension was held on 16.11.2021 for favour of the kind approval of the Hon'ble Vice-Chancellor.

  
Head, DLLE 23/11/2021

Enclosure: Minutes of the meeting of the Departmental Committee of the Department of Lifelong & Extension held on 16.11.2021 in the Chamber of the Head of the Department.

  
29.11.21

The Head, DLLE

# UNIVERSITY OF NORTH BENGAL

ACCREDITED BY NAAC WITH GRADE 'A'



समानो मंत्रः समितिः समानी

**Two-day Intensive Awareness Outreach Extension Programme**

ON

**DISASTER MANAGEMENT**

March 12-13, 2022

organised by

**DEPARTMENT OF LIFELONG LEARNING & EXTENSION, NBU**

in collaboration with

**13 Bengal Bn. NCC Unit, Tufanganj Mahavidyalaya**

## CERTIFICATE OF PARTICIPATION

This is to certify that

*Raja Das*

.....  
participated in the Two-day Intensive Awareness  
Outreach Extension Programme on Disaster  
Management held during March 12-13, 2022  
at Tufanganj Mahavidyalaya premises.

*Dr. D. Chatterjee*

Principal  
Tufanganj Mahavidyalaya

*Dr. Sidhartha Sankar Laha*

Programme Coordinator  
DLLE, NBU

*Prof. Monotosh Bose*

Head  
DLLE, NBU

Documentary Evidence of Collaboration



# Tufanganj Mahavidyalaya

P.O. Tufanganj Newtown :: Dist. Cooch Behar.

Pin Code : 736 160

Established – 1971

(NAAC Accredited B Grade Degree College)

Memo No: 187/61/2021-22

Date. 04/03/2022


To  
The Head  
Department of Lifelong Learning & Extension  
University of North Bengal  
Darjeeling-734013

Sir,

With your reference No. 51/DLLE-2022, dated 16.02.2022 for the proposal of collaborative Intensive Outreach Extension Programme from the Department of Lifelong Learning & Extension, University of North Bengal on Disaster Management, our College NCC Unit (5/13 Bengal Bn NCC, Tufanganj Mahavidyalaya) is agreed. We have no problem to conduct this programme on 12/03/2022 & 13/03/2022.

Thanking You,

Regards,

  
(Dr. D. Chatterjee)  
Principal 4/3/22  
Tufanganj Mahavidyalaya  
Principal  
Tufanganj Mahavidyalaya

## List of participants



### DEPARTMENT OF LIFELONG LEARNING AND EXTENSION UNIVERSITY OF NORTH BENGAL

Accredited by NAAC with 'A' Grade

समानो मन्त्र समिति समानो

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjeeling, West Bengal, India, PIN-734 013

①

#### Intensive Awareness Outreach Extension Programme On

#### Disaster Management

Date: 12.03.2022 – 13.03.2022

Organized by

#### Department of Lifelong Learning And Extension University of North Bengal

In Collaboration with

13 Bengal Bn. NCC Unit, Tufanganj Mahavidyalaya

#### Registration Form

List of Participants who have received Training Kit  
(Folder, Note Pad, Pen, Sanitizer, Mask)

Sl. No	Name of Participant	Mobile No.	Signature
1.	BISWASIT ADHIKARY	9434625573	Biswasit Adhikary
2.	Pradyo Sarker	9851336831	Pradyo Sarker
3.	APURBA SAHA	9434443086	Apurba Saha
4.	HEDAYET ULLA MIAH	8250689396	Hedayet ul miah
5.	Md. Ahamul Hoque	9932396449	My
6.	Rabhin Barak	8617615583	Rabhin Barak
7.	Narayan Sutaradhar.	9933672191	Narayan 12/03/22
8.	Sebonti Roy Chowdhury	9433899318	S.R. Chowdhury 12/03/2022
9.	Rabinora Naha Saha	7602097316	Rabinora 12/03/22
10.	Biswasjit Talukder	9832309638	Biswasjit 12/03/22
11.	NANDADULAL DAS	7679590352	Nandadulal Das.
12.	Lulekha Paul	9424630784	Lulekha
13.	Jharna Barma	9475304550	Barma



DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL

Accredited by NAAC with 'A' Grade

(2)

समानो मन्त्र समिति समानो

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjeeling, West Bengal, India, PIN-734 013

Intensive Awareness Outreach Extension Programme  
On

Disaster Management

Date: 12.03.2022 – 13.03.2022

Organized by

Department of Lifelong Learning And Extension  
University of North Bengal

In Collaboration with

13 Bengal Bn. NCC Unit, Tufanganj Mahavidyalaya

Registration Form

List of Participants who have received Training Kit  
(Folder, Note Pad, Pen, Sanitizer, Mask)

Sl. No	Name of Participant	Mobile No.	Signature
15.	KRISHNA RAVA	8101723891	Krishna Rava
16.	PAPIA MANTA	6296309809	Papia Manta
17.	Uma Barman	7477686865	Uma Barman
18.	Sujala Barman	7679962446	Sujala Barman
19.	Sumana Barman	7908770709	Sumana Barman
20.	Banasri Pradhan	9883796646	Banasri Pradhan
21.	Ripika Lipton	9733975450	Ripika Lipton
22.	Sima Barman	7908049755	Sima Barman
23.	Moumita Raha	9339258106	Moumita Raha
24.	APURBA SARKAR	8116967360	Apurba Sarkar
25.	RAHUL BARMAN	8389972841	Rahul Barman
26.	ALOKESH BARMAN	73063097116	Alokesh Barman
27.	DEBASISH BARMAN	9832669356	alokesh
28.	BARNASHREE BARMA	8327254546	Barnashree Barma



DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL

(4)

Accredited by NAAC with 'A' Grade

समानो मन्त्र समितिः समानी

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjeeling, West Bengal, India, PIN-734 013

Intensive Awareness Outreach Extension Programme  
On

Disaster Management

Date: 12.03.2022 – 13.03.2022

Organized by

Department of Lifelong Learning And Extension  
University of North Bengal

In Collaboration with

13 Bengal Bn. NCC Unit, Tufanganj Mahavidyalaya

Registration Form

List of Participants who have received Training Kit  
(Folder, Note Pad, Pen, Sanitizer, Mask)

Sl. No	Name of Participant	Mobile No.	Signature
41.	<del>Rima Das</del> RIMA DAS	750134531	Rima Das
42.	PUJA DAS	8016250251	Puja Das
43.	RIYA DAS	9832108788	Priya Das
44.	JUNITA BASAK	8101083914	Junita Basak
45.	PAYEL BASAK	8768896239	Payel Basak
46.	ALO DAS	7679989825	Alo Das
47.	<del>Rupika Khatoon</del> RUPIKA KHATUN	7864900539	Rupika Khatoon
48.	SUPARNA ROY	7718531762	Suparna Roy
49.	SABNUR KHATUN	8353050762	Sabnur Khatoon
50.	MAMPI BARMAN	9907754892	Mampi Barman
51.	KALYANI BARMAN	9883216920	Kalyani Barman
52.	<del>Sonali Das</del> SONALIDAS	8101744579	Sonali Das
53.	<del>Bishnu Bar</del>		
54.	BISHNU BARMAN	7029604910	Bishnu Barman



DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL

5

Accredited by NAAC with 'A' Grade

समानो मन्त्र समितिः समानो

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjeeling, West Bengal, India, PIN-734 013

Intensive Awareness Outreach Extension Programme

On

Disaster Management

Date: 12.03.2022 – 13.03.2022

Organized by

Department of Lifelong Learning And Extension  
University of North Bengal

In Collaboration with

13 Bengal Bn. NCC Unit, Tufanganj Mahavidyalaya

Registration Form

List of Participants who have received Training Kit  
(Folder, Note Pad, Pen, Sanitizer, Mask)

Sl. No	Name of Participant	Mobile No.	Signature
55	RAJA DAS	974942 3443	Raja Das
56	AMIT KARJEE	8101779354	Amit
57	MANOJ BARMAN	7718318368	Manoj Barman
58	TAPASH ROY	8768000526	Tapash
59	ABHIJIT SAHA	8297373103	Abhijit Saha
60.	KHALEK RAHAMAN	7431906966	Khalet Rahman
61.	PRIYANKA BARMAN	9907728215	Priyanka Barman
62.	RANADIP BARMAN	8373879287	Ranadip Barman
63.	Sangita Kar SANNITA KAR	8250889164	Sangita Kar
64.	JHUMA SAHA SAHA	8509355324	Jhuma Saha
65.	SAMPRITI DAS	9547362537	Sampri'ti Das
66.	PALLABI PAUL	9083521191	Pallabi Paul
67.	RAYATRI DAS	6292619405	Rayatri Das
68.	SUSHAMA DAS	8101970256	Sushama Das





DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL

Accredited by NAAC with 'A' Grade

6

समानो मन्त्र समिति समानी

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjeeling, West Bengal, India, PIN-734 013

Intensive Awareness Outreach Extension Programme

On

Disaster Management

Date: 12.03.2022 – 13.03.2022

Organized by

Department of Lifelong Learning And Extension

University of North Bengal

In Collaboration with

13 Bengal Bn. NCC Unit, Tufanganj Mahavidyalaya

Registration Form

List of Participants who have received Training Kit  
(Folder, Note Pad, Pen, Sanitizer, Mask)

Sl. No	Name of Participant	Mobile No.	Signature
69.	CHUMKI BARMAN	9002810128	Chumki Barman
70	ARPITA PRADHAN	7063681229	Arpita pradhan
71	BABY SARKAR	9800271787	Baby Sarkar
72	TAMALIKA BARMAN	8967152483	Tamalika Barman
73	PRITI SAHA	7384424205	Priti Saha
74	JYOTI SINGHA	7797932919	Jyoti Singha
75	SAGARIKA DEY SARKAR	8513032367	Sagarika Dey Sarkar
76.	NANDITA SARKAR	6295148844	Nandita Sarkar
77	SANGITA SARKAR	8167891712	Sangita Sarkar
78	DIYA PAUL	8159096309	Diya Paul.
79	KARUNA RAVA	9832111057	Karuna Rava
80.	SUPRIYA BARMAN	7602820437	Supriya Barman
81	PRIYANKA ROY	7063788117	Priyanka Roy
82.	LIPIKA BARMAN	7551017750	Lipika Barman



DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL



Accredited by NAAC with 'A' Grade

समानो मन्त्र समिति समानी

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjeeling, West Bengal, India, PIN-734 013

**Intensive Awareness Outreach Extension Programme**  
**On**  
**Disaster Management**  
**Date: 12.03.2022 – 13.03.2022**  
**Organized by**  
**Department of Lifelong Learning And Extension**  
**University of North Bengal**  
**In Collaboration with**  
**13 Bengal Bn. NCC Unit, Tufanganj Mahavidyalaya**

**Registration Form**

**List of Participants who have received Training Kit**  
**(Folder, Note Pad, Pen, Sanitizer, Mask)**

Sl. No	Name of Participant	Mobile No.	Signature
83.	SNEHALATA SARKAR	7479194589	
84	PRIYANKA SAHA	8597239966	Priyanka Saha
85	PRIYASI MANDAL	8250301113	Priyasi Mandal
86	MILAN BARMAN	7477733276	Milan Barman
87.	DALIA BARMAN	9907969412	Dalia Barman
88	SHIBANI BARMAN	8768574203	Shibani Barman
89	SAGAR PAUL	8101081412	Sagar Paul
90	MANIRUL SARKAR	6295363736	Manirul Sarkar
91	MRITYUNJAY BARMAN	8918753904	Mrityunjay Barman
92	KARAN PASWAN	8597908739	Karan Paswan
93	PRATHIN BARMAN	7431011282	Prathin Barman
94	BULTI ROY	8597233089	Bulti Roy
95.	RIMI BARMAN	8945064779	Rimi Barman
96.	ANAMIKA BARMAN	9382249225	Anamika Barman



DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL

Accredited by NAAC with 'A' Grade



समानो मन्त समिति समानो

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjeeling, West Bengal, India, PIN-734 013

**Intensive Awareness Outreach Extension Programme**  
**On**  
**Disaster Management**  
**Date: 12.03.2022 – 13.03.2022**  
**Organized by**  
**Department of Lifelong Learning And Extension**  
**University of North Bengal**  
**In Collaboration with**  
**13 Bengal Bn. NCC Unit, Tufanganj Mahavidyalaya**

<b>Registration Form</b>			
<b>List of Participants who have received Training Kit</b>			
<b>(Folder, Note Pad, Pen, Sanitizer, Mask)</b>			
Sl. No	Name of Participant	Mobile No.	Signature
97.	NARESH DAKUA	8101558024	Naresh Dakua
98	SAMIR BARMAN	7501208594	Samir Barman
99	PARTHA BARMAN	9679314490	Partha Barman
100	SAMITRA BARMAN	8101060197	Samitra Barman
101	ABHIJIT BARMAN	6296803520	Abhijit Barman
102	PINTU SAHA	9832127596	Pintu Saha
103	KOUSHIK DAS	9932786275	Koushik Das
104	PRABHAT DAS	6295481246	Prabhat Das
105	SUJAN BARMAN	9641167859	Sujan Barman
106	SURJIT BARMAN	9749838367	Surjit Barman
107	SUJIT SARKAR	7029529729	Sujit Sarkar
108	RAKESH BASAK	7866048433	Rakesh Basak
109.	BIMAL BARMAN	7063619127	Bimal Barman
110.	FATEMA KHATUN	8348255389	Fatema Khatun

### List of Resource Persons

Dr. Sidhartha Sankar Laha, Associate Professor, DLLE, NBU.	Concept, Types and Phases of Disaster Management
Dr. Debasish Chattop adhyay, Principal, Tufanganj Mahavidyalaya	Disaster Preparedness and Mitigation
Nagrul Islam, Associate Professor, CPPBU.	Soil Erosion and disaster
SDO Tufanganj Division	Man Made Disaster
Pratik Sarkar, Ophiologist	Snake Bite Awareness
Binoy Sarkar, Chief Fire Officer, Tufanganj Fire Station	Mock Drill on Fire



**REPORT OF  
DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL**

Accredited by NAAC with 'B++' Grade

P.O. North Bengal University, Raja Rammohunpur , Dist. Darjeeling, West Bengal, India, PIN-734 0

**SUBJECT:**

**EXTENSION SERVICES**

**Brief Information:**

The Department of Lifelong Learning & Extension (DLLE), University of North Bengal has been pursuing its mission along with philosophy of Lifelong Learning as a part of the creation of learning knowledge society. The Centre for Adult Continuing Education(CACE), University of North Bengal commenced functioning from August 1987 with financial assistant received from the University Grants Commission. Under UGC 10th Plan Guideline the CACE renamed as Department of Adult, Continuing Education, and Extension & Field Outreach (DACEEFO). As per the Eleventh Plan Guideline of UGC and the decision of the North Bengal University Executive Council, the department has become a full-fledged Department with full academic status under University of North Bengal. The nomenclature has been changed as the Department of Lifelong Learning & Extension (DLLE) in October, 2009. From its inception, the thrust area of the department has been the expansion of the third dimension of higher education in Northern part of West Bengal by meeting regional need of Adult Education, Continuing Education, Population Education, Health Education, Environmental Education and Rural Development Education as well as by taking up several successive educational extension and outreach activities that extend far beyond the traditional academic programme delivered through the University system.

The general objectives of DLLE is to contribute the lifelong learning to the development of the community as an advanced knowledge society with sustainable economic development and to facilitate in bringing the changes in the lives of the common people by providing professional, vocational, skill based courses, workshops, training seminars, sensitization cum awareness programmes.

As such, the goals of the Department are:

- ❖ *The strengthening process of human resource development*
- ❖ *To build up the linkage between the community and the university*
- ❖ *Conducting Training-orientation programmes for different communities and members of Local Self Government to strengthen participatory democracy*

❖ *Extending the opportunity to the budding researchers in various areas of rural issues through Ph.D. programme*

The department in the financial year organized the four intensive awareness Outreach Extension Programme on Disaster Management in collaboration with different Organization:

<b>Name of the Department</b>	Department of Lifelong Learning & Extension (DLLE)
<b>Academic Year:</b>	2021-2022
<b>Event title:</b>	Two-day Intensive Awareness Outreach Extension Programme on Disaster Management
<b>Event Category/Sub Theme:</b>	Awareness Programme on Disaster Management
<b>Duration of the Event:</b>	Start Date: 18.02.2022                      End Date: 19.02.2022
<b>Venue of the Event</b>	Ujjiban Society, Teor, Dakshin Dinajpur
<b>Collaborating Department/ Centre Organization</b>	Yes ( In collaboration with NGO)
<b>Name of the Collaborating Department/ Centre Organization</b>	Ujjiban Society, Vill & Post: Teor, Block: Hili, District: Dakshin Dinajpur Registration No: S/IL/49231 of 2007-08
<b>List of participants:</b>	Total No of Participants: 91(List enclosed)
<b>List of resource Persons:</b>	List enclosed

**Concept Note and Brief report**

The Two-day Intensive Awareness Outreach Extension Programme on Disaster Management organized by Department of Lifelong Learning & Extension (DLLE), University of North Bengal, in collaboration with Ujjiban Society, Teor, Dakshin Dinajpur. It was held during 12<sup>th</sup> March, 2022 to 13<sup>th</sup> March, 2022 at Teor, Dakshin Dinajpur.

The Chairperson of the programme was Dr. Sidhartha Sankar Laha, Associate Professor & Programme Coordinator, Department of Lifelong Learning & Extension (DLLE), University of North Bengal, & the Organizing Secretary was Mr. Suraj Das, Ujjiban Society, Teor.

The programme started with a welcome speech by Amal Ch. Mondal, President, Ujjiban Society; he extended a warm welcome to the dignitaries, the teaching faculties and the participants. It was followed by the auspicious ritual of lighting the lamp by the dignitaries. The programme was presided by a special guest Nisad Ahmed, Joint BDO, Hili Block. He was invited to unfold the theme and give a brief overview about the topic. Nisad Ahmed who also is an active member of the disaster management team of Dakshin Dinajpur

district shared his valuable knowledge in explaining the importance of disaster management and the role of the healthcare personnel especially the nurses at every level.

After the unfolding of the theme the introductory part of the session was presented by Dr. Sidhartha Sankar Laha, Associate Professor & Programme Coordinator, Department of Lifelong Learning & Extension (DLLE), University of North Bengal. He explained in detail about the various concepts of disaster management, types of disaster and its phases.

The second topic was presented by Bangaratna Biswanath Laha on Disaster Impact, Rescue and First Aid. She clarified various concepts by showing interesting pictures and eye catching videos.

The following topic disaster preparedness was taken by Abhijit Sarkar, Block Medical Health Officer, Hili. In which he elaborated about the preparedness measures to be followed by the country to encounter any disaster events.

Sulekha Chakraborty, Headmistress, Teor Sarbeswar Balika Vidyalaya presented her part on the crème topic disaster mitigation and its steps. The next session was about disaster preparedness during earthquake and floods were taken by Sonali Dey, Teacher, Teor Krishnastami High School where she highlighted about the interventions before, during and after the events of earthquake and flood.

Mr. Koushik Biswas made everyone clear with the concept disaster rehabilitation which included subtopics like reconstruction, challenges, aims, planning, short term and long term rehabilitation.

Mr. Jyoti Bikash Dutta presented a very interesting topic Man Made Disaster by displaying the history of occurrences which the globe records as the manmade disaster and the mal effects it had cast on the people of the world.

The last presentation was by Anita Biswas, Teacher-In-Charge, Teor Krishnastami High School where she collaboratively discussed the role of a nurse at every phase of disaster management.

The Two-day Intensive Awareness Outreach Extension Programme on Disaster Management organized by Department of Lifelong Learning & Extension (DLLE), University of North Bengal, in collaboration with Ujjiban Society, Teor, Dakshin Dinajpur was divided into two days. Both days were divided into two phases e.g. 1<sup>st</sup> Phase (10.00 AM to 1.00 PM) and 2<sup>nd</sup> Phase (2.00 PM to 4.00 PM). The entire programme came to an end on the 2<sup>nd</sup> day at 4.00 pm with vote of thanks followed by distribution of certificates. Refreshments followed on both the days.

**Other Documents:**

1. Event Photos (Attached)
2. Budgetary approvals (Attached files)
3. Copies of certificates issued to the participants (Attached files)
4. Documentary Evidence of collaboration (Attached files)
5. List of participants (Attached files)
6. List of Resource Persons (Attached files)



# Event Photos

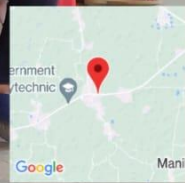




UNIVERSITY OF NORTH BENGAL  
ACCREDITED BY NAAC WITH GRADE A  
TWO-DAY INTENSIVE AWARENESS OUTREACH  
EXTENSION PROGRAMME  
ON  
DISASTER MANAGEMENT  
February 18-19, 2022  
organized by  
DEPARTMENT OF LIFELONG LEARNING & EXTENSION  
in collaboration with  
Ujjiban Society, Teor, Dakshin Dinajpur

উজ্জিবন সোসাইটি  
ইউজিবি, বর্ধমান, দক্ষিণ দিনাজপুর  
ইউজিবি: ujjibansociety.org.in  
স্বাধাযোগ্য নং: 9563001821

ujjiban Society, Dakshin Dinajpur, Wes...



Longitude 88.8981° E    Latitude 25.2627° N  
32° C  
01:30 PM  
Saturday, 19, Feb, 2022



**UNIVERSITY OF NORTH BENGAL**  
ACCREDITED BY NAAC WITH GRADE A

**TWO-DAY INTENSIVE AWARENESS OUTREACH  
EXTENSION PROGRAMME  
ON  
DISASTER MANAGEMENT**

February 18-19, 2022  
organised by  
**DEPARTMENT OF LIFELONG LEARNING AND EXTENSION**  
in collaboration with  
Ujjiban Society, Teor, Dakshin Dinajpur

**উজ্জীবন**  
তিওড়, হিলি ব্লক  
ওয়েবসাইট :- ujjiban.org  
যোগাযোগ :-

Ujjiban Society, Dakshin Dinajpur, West Bengal

Longitude 88.8981° E    Latitude 25.2627° N    33° C

Saturday, 19, Feb, 2022    04:30 PM



**DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL**

Accredited by NAAC with 'A' Grade

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjeeling, West Bengal, India, PIN-734 013

সমানো মনন সমিতি সমানো

**PROPOSAL FOR ORGANIZING INTENSIVE AWARENESS OUTREACH  
EXTENSION PROGRAMMES ON DISASTER MANAGEMENT DURING THE  
YEAR 2021-2022**

The Department of Lifelong Learning and Extension of the University of North Bengal has been organizing different Courses and Programmes on Disaster Management from the year 2015 – 2016. During the current year 2021-2022, the department is also intending to organize the intensive awareness outreach extension programmes on Disaster Management if the University authority approves the same. It is also proposed that Dr. Sidhartha Sankar Laha, Associate Professor will act as Course Coordinator while the Head of the Department will be the overall mentor of the programmes. The proposed programmes will be as follows:

**Aims and Objectives:**

Disaster management is the discipline of dealing with and avoiding menaces. It is a discipline that involves preparing for disaster before it happens, disaster reaction as well as supporting, and rejuvenating society after disasters have occurred. It is a continuous process by which all individuals, groups and communities manage hazards in an effort to circumvent or recuperate the impact of disasters resulting from the hazards. The aim of emergency planning is to ensure that the safety of the students and the staff is maintained during an emergency. The emergency management plan is a means by which this can be achieved. The main focus of the intensive awareness outreach programmes on Disaster Management:

- How to identify the hazards in the school/ college;
- How to manage the hazards;
- How to prepare the school community for any emergency response;
- How to mitigate the effects through planning and effective response;
- To create awareness and build the capacity of school community;
- To promote partnership among various stakeholders.

**The School or college is a densely populated place and has small children that are one of the most vulnerable groups in the society. To reduce this vulnerability particularly for schools, it is important to have a school Disaster Management Plan. Schools also have many resources and are community nodes. Therefore, a School or College also has responsibility towards its immediate locality, just as the neighboring community is linked to the institution.**



# DEPARTMENT OF LIFELONG LEARNING AND EXTENSION UNIVERSITY OF NORTH BENGAL

Accredited by NAAC with 'A' Grade

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjeeling, West Bengal, India, PIN-734 013

সমানো মনস সমিতি সমানো

## Plan of the Department:

Due to shortage of time and Covid protocol, the Departmental Committee decided in the meeting was held on 16.11.2021 that awareness outreach extension programmes on Disaster Management will continue in the north Bengal districts – Dakshin Dinajpur (One School), Cooch Bihar (one College) and Jalpaiguri (One School or College) and one Workshop on Disaster Management for selected participant at North Bengal University.

### Proposed Budget of the Awareness Outreach Extension Programmes on Disaster Management

#### 1. Extension Activity at Dakshin Dinajpur

- i. Date: 21<sup>st</sup> February - 22<sup>nd</sup> February 2022
- ii. Duration: 2 (two) days
- iii. No. of Participants: 50
- iv. Tentative Budget Estimates:
  1. Honorarium for Resource Persons – 10 lectures X Rs. 750/- = Rs. 7,500.00
  2. Vehicle for 2 days X Rs. 4000/- per day = Rs. 8,000.00
  3. Lunch for Participants and officials – 60 X Rs. 150/- X 2 = Rs. 18,000.00
  4. Public Address System – Rs. 1250/- X 2 = Rs. 2,500.00
  5. Training Kits & certificate – 60 X Rs. 200/- = Rs. 12,000.00
  6. Miscellaneous expenses including Group 'D' Assistance = Rs. 4,500.00

**TOTAL = Rs. 51,250.00**

(Rupees fifty one thousand two hundred fifty only)

#### 2. Extension Activity at Cooch Behar

- i. Date: 20<sup>th</sup> January – 21<sup>st</sup> January 2022
- ii. Duration: 2 (two) days
- iii. No. of Participants: 50
- iv. Tentative Budget Estimates:
  1. Honorarium for Resource Persons – 10 lectures X Rs. 750/- = Rs. 7,500.00
  2. Vehicle for 2 days X Rs. 4000/- per day = Rs. 8,000.00
  3. Lunch for Participants and officials – 60 X Rs. 150/- X 2 = Rs. 18,000.00
  4. Public Address System – Rs. 1250/- X 2 = Rs. 2,500.00
  5. Training Kits & certificate – 60 X Rs. 200/- = Rs. 12,000.00
  6. Miscellaneous expenses including Group 'D' Assistance = Rs. 4,500.00

**TOTAL = Rs. 51,250.00**

(Rupees fifty-one thousand two hundred fifty only)



**DEPARTMENT OF LIFELONG LEARNING AND EXTENSION**  
**UNIVERSITY OF NORTH BENGAL**

Accredited by NAAC with 'A' Grade

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjeeling, West Bengal, India, PIN-734 013

মানো মন্ত্র সমিতি সমানো

**3. Extension Activity at Jalpaiguri**

- i. Date: 17<sup>th</sup> January- 18<sup>th</sup> January 2022
- ii. Duration: 2 (two) days
- iii. No. of Participants: 50
- iv. Tentative Budget Estimates:
  1. Honorarium for Resource Persons – 10 lectures X Rs. 750/- = Rs. 7,500.00
  2. Vehicle for 2 days X Rs. 6000/- per day = Rs. 6,000.00
  3. Lunch for Participants and officials – 60 X Rs. 150/- X 2 = Rs. 18,000.00
  4. Public Address System – Rs. 1250/- X 2 = Rs. 2,500.00
  5. Training Kits & certificate – 60 X Rs. 200/- = Rs. 12,000.00
  6. Miscellaneous expenses including Group 'D' Assistance = Rs. 4,500.00

**TOTAL = Rs. 50,500.00**

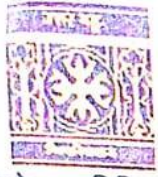
**(Rupees fifty thousand five hundred only)**

**4. Workshop on Disaster Management for selected participant at North Bengal University**

- i. Date: 3rd Week of the month of March, 2022
- ii. Duration: 2 (two) days
- iii. No. of Participants: 25 (Individuals/ organisations working in this field)
- iv. Tentative Budget Estimates:
  1. Honorarium for Resource Persons –10 lectures X Rs. 750/- = Rs. 7,500.00
  2. Vehicle for 2 days X Rs. 3500/- per day = Rs. 7,000.00
  3. Lunch for Participants and officials – 30 X Rs. 200/- X 2 = Rs. 12,000.00
  4. Public Address System – Rs. 1500/- X 2 = Rs. 3,000.00
  5. Training Kits and certificates– 30 X Rs. 200/- = Rs. 6,000.00
  6. Travelling allowances for participants = Rs. 8,000.00
  7. Miscellaneous expenses including Group 'D' Assistance = Rs. 4,500.00

**TOTAL = Rs. 48,000.00**

**(Rupees forty eight thousand only)**



DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL

Accredited by NAAC with 'A' Grade

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjeeling, West Bengal, India, PIN-734 013

সমানো মনন সমিতি সমানো

**Total Tentative Budget Estimates for running the above mentioned programmes:**

1.	Awareness Outreach Extension Programme on Disaster Management at Dakshin Dinajpur District	Rs. 51,250.00
2.	Awareness Outreach Extension Programme on Disaster Management at Cooch Behar District	Rs. 51,250.00
3.	Awareness Outreach Extension Programme on Disaster Management at Jalpaiguri District	Rs. 50,500.00
4.	Workshop on Disaster Management for selected participant at North Bengal University	Rs. 48,000.00
<b>Grand Total</b>		<b>Rs. 2,01,000.00</b>

(Rupees two lakh one thousand only)

The proposed expenditure may meet from the Budget Head- *Disaster Management* of DLLE for 2021-2022.

Name of the Programme Co-ordinator(All Programmes)

**Dr. Sidhartha Sankar Laha**, Associate Professor, Department of Lifelong Learning & Extension,  
University of North Bengal

*\*\* Date(s) will be finalized in connection with the collaborative Agencies/ Institute etc.*

Submitted by:

*Sidhartha Sankar Laha*  
14.12.2021

(DR. SIDHARTHA SANKAR LAHA)

Associate Professor

Department of Lifelong Learning & Extension  
University of North Bengal

ASSOCIATE PROFESSOR  
Department of Lifelong Learning  
& Extension  
University of North Bengal

Page 4 of 4



DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL

Accredited by NAAC with 'A' Grade

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjooling, West Bengal, India, PIN-734 013

समाप्तो मन्त्र समिति समाप्तो

Ref. No. F/183/DLE-21

Date : 23.11.2021


DESPATCHED	
Office of the Vice-Chancellor	
University of North Bengal	
1.No./D/	2308 Date 29.11.21
2.No./D/	Date
3.No./D/	Date

RECEIVED	
Office of the Vice-Chancellor	
University of North Bengal	
1.No.VC/	2923 Date 24.11.21 Time
2.No.VC/	Date Time
3.No.VC/	Date Time

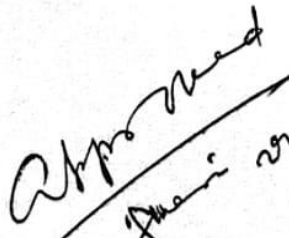
Note to the Hon'ble Vice-Chancellor

Sir,

The undersigned enclosed herewith the minutes of the meeting of the Departmental Committee of Department of Lifelong & Extension was held on 16.11.2021 for favour of the kind approval of the Hon'ble Vice-Chancellor.

  
Head, DLLE 23/11/2021

Enclosure: Minutes of the meeting of the Departmental Committee of the Department of Lifelong & Extension held on 16.11.2021 in the Chamber of the Head of the Department.

  
29.11.21

The Head, DLLE



# UNIVERSITY OF NORTH BENGAL

ACCREDITED BY NAAC WITH GRADE A



সমানো মন্ত্র: সমিতি: সমানী

**Two-day Intensive Awareness Outreach Extension Programme**  
ON  
**DISASTER MANAGEMENT**

February 18-19, 2022

organised by

**DEPARTMENT OF LIFELONG LEARNING & EXTENSION, NBU**

in collaboration with

**Ujjiban Society, Teor, Dakshin Dinajpur**

## CERTIFICATE OF PARTICIPATION

This is to certify that

*Krishna Mali*

.....  
participated in the Two-day Intensive Awareness  
Outreach Extension Programme on Disaster  
Management held during February 18-19, 2022  
at Ujjiban Society premises.

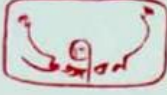
*Sing*  
**Sury Das**  
Secretary  
Ujjiban Society

*Amal*  
**Amal Ch. Mondal**  
President  
Ujjiban Society

*Sidhartha*  
**Sidhartha Sankar Laha**  
Programme Coordinator  
DLLE, NBU

*Monotosh*  
**Monotosh Bose**  
Head  
DLLE, NBU

## Documentary Evidence of Collaboration



Mob- 9434962840  
9563001821

# UJJIBAN SOCIETY

FOR SOCIAL, ECONOMIC, ENVIRONMENTAL & RURAL DEVELOPMENT

Registration No - S/1L/49231 of 2007-08

e-mail : ujjibansociety@gmail.com

Vill+P.O. - Teor, Block - Hili, Dakshin Dinajpur, W.B. Pin-733145

Ref No 32(A) UJJ/2022

Date 03/01/2022

To  
The Head  
Dept. Lifelong Learning & Extension  
University of North Bengal.



**Ref. Letter No.-214/DLLE-2021, dated 28.12.2021.**

**Sub: Acceptance of proposal for the Two Day's Intensive Awareness Outreach Programme on Disaster Management.**

Sir,

It's a matter of great honour and privilege that you have chosen our Society to be your partner to conduct the programme. I, on behalf of the Society wholeheartedly accept the proposal and show our willingness to be a part of the programme. I am sure that our joint effort will make a huge impact among the young minds.

Two Day's Intensive Awareness Outreach Programme on Disaster Management will be held on 18.02.2022 & 19.02.2022 at Teor Kishan Mandi, Ujjiban Society's Office Premises.

With warm regards.

*Surya Kumar*  
03/01/2022

Secretary  
Ujjiban Society  
Teor Kishan Mandi, Teor  
Hili Block, Dakshin Dinajpur

*Secretary*  
Ujjiban Society for Social  
Economic Environmental & Rural Dev  
Vill+P.O. Teor, Block Hili, D/Dinajpur

# List of participants



## DEPARTMENT OF LIFELONG LEARNING AND EXTENSION UNIVERSITY OF NORTH BENGAL

Accredited by NAAC with 'A' Grade

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjeeling, West Bengal, India, PIN-734 013

समानी मनसु सभिति समानी

Ref: \_\_\_\_\_

Date: 18/02/22

*Intensive Awareness Outreach Extension Programme*

*on*

### **DISASTER MANAGEMENT**

**Date: 18.02.2022- 19.02.2022**

Organized by

**DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL**

In Collaboration with

**UJJIBAN SOCIETY, TEOR, DAKSHIN DINAJPUR**

#### *List of Participants*

SL.NO	NAME	MOBILE NO	Signature
1.	Bristi Mahanta	7063271909	Bristi Mahanta
2.	Soma Barman	7810821539	Soma Barman
3.	Brishti Barman	7601850662	Brishti Barman
4.	Pabitra Barman	9775178121	Pabitra Barman
5.	Jayabrata Mahanta	9933189895	Jayabrata Mahanta
6.	Maya Barman	9739977676	Maya Barman
7.	Dipika Barman	6297455030	Dipika Barman

ASSOCIATE PROFESSOR  
Department of Lifelong Learning  
& Extension  
University of North Bengal

HEAD  
Department of Lifelong Learning  
& Extension  
University of North Bengal



DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL

Accredited by NAAC with 'A' Grade

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjeeling, West Bengal, India, PIN-734 013

समानो मन्त्र समिति समानी

Ref: \_\_\_\_\_

Date: 18/02/22

*Intensive Awareness Outreach Extension Programme*  
*ON*

**DISASTER MANAGEMENT**

**Date: 18.02.2022- 19.02.2022**

Organized by

**DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL**

In Collaboration with

**UJJIBAN SOCIETY, TEOR, DAKSHIN DINAJPUR**

*List of Participants*

SL.NO	NAME	MOBILE NO	Signature
8.	Pampi Barman	8116092715	Pampi Barman
9.	Sulekha Nunja	7602959019	Sulekha Nunja
10.	Subhojit Talukdar	9339972938	Subhojit Talukdar
11.	Rinki Das	8918132629	Rinki Das
12.	Payel Debnath	9749266513	Payel Debnath
13.	Knishna Mali	7797159500	Knishna mali
13. 14	Mamoni Sarkar (Debnath)	8972163997	Mamoni Sarkar (Debnath)

ASSOCIATE PROFESSOR  
Department of Lifelong Learning  
& Extension  
University of North Bengal

HEAD  
Department of Lifelong Learning  
& Extension  
University of North Bengal



DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL

Accredited by NAAC with 'A' Grade

समानो मन्त्र समिति समानो

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjeeling, West Bengal, India, PIN-734 013

Ref: \_\_\_\_\_

Date: 18/02/22

*Intensive Awareness Outreach Extension Programme*

ON

**DISASTER MANAGEMENT**

Date: 18.02.2022- 19.02.2022

Organized by

DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL

In Collaboration with

**UJJIBAN SOCIETY, TEOR, DAKSHIN DINAJPUR**

*List of Participants*

SL.NO	NAME	MOBILE NO	Signature
14. 15.	Suchismita Debnath	8918105802	Suchismita Debnath
15. 16.	Mali Barman	6296542179	Mali Barman
16. 17.	Debi Mahato	9064196865	Debi Mahato
17. 18.	Ratna Barman	9641768287	Ratna Barman
18. 19.	Bithika Barman	6296148530	Bithika Barman
19. 20.	Saikat Mondal	9866819656	Saikat Mondal
20. 21.	Tanmay Barman	9749125597	Tanmay Barman

ASSOCIATE PROFESSOR  
Department of Lifelong Learning  
& Extension  
University of North Bengal

HEAD  
Department of Lifelong Learning  
& Extension  
University of North Bengal



**DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL**

Accredited by NAAC with 'A' Grade

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjeeling, West Bengal, India, PIN-734 013

समानो मूल समिति समानो

Ref: \_\_\_\_\_

Date: 18/02/22

*Intensive Awareness Outreach Extension Programme*

*ON*

**DISASTER MANAGEMENT**

Date: 18.02.2022- 19.02.2022

Organized by

**DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL**

In Collaboration with

**UJJIBAN SOCIETY, TEOR, DAKSHIN DINAJPUR**

*List of Participants*

SL.NO	NAME	MOBILE NO	Signature
22.	Rana Debnath.	9734956759	Rana Debnath
23.	Shiben Debnath	9775094144	Shiben Debnath
24.	Subhajit Debnath	9382640563	Subhajit Debnath
25.	Moutusi Bonik Biswas	9547554345	Moutusi Bonik Biswas
26.	Diya Biswas	7063264726	Diya Biswas
27.	Riya Biswas	7364963904	Riya Biswas
28.	Laxmi Das Mondal	9133200701	Laxmi Das Mondal

ASSOCIATE PROFESSOR  
Department of Lifelong Learning  
& Extension  
University of North Bengal

HEAD  
Department of Lifelong Learning  
& Extension  
University of North Bengal



DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL

Accredited by NAAC with 'A' Grade

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjeeling, West Bengal, India, PIN-734 013

समानो मन्त्र समिति समानी

Ref: \_\_\_\_\_

Date: 18/02/22

*Intensive Awareness Outreach Extension Programme*  
*ON*

**DISASTER MANAGEMENT**

Date: 18.02.2022- 19.02.2022

Organized by

DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL

In Collaboration with

**UJJIBAN SOCIETY, TEOR, DAKSHIN DINAJPUR**

*List of Participants*

SL.NO	NAME	MOBILE NO	Signature
29.	Bidhan Das	9547825831	Bidhan Das
30.	Ajay Barman	9547037255	Ajay Barman
31.	Raj Sarkar	8116288268	RAJ SARKAR
32.	Sumana Barman	8388932053	Sumana Barman
33.	Chandan Mahato	9641443224	Chandan Mahato
34.	Rajal Mahato	8944853012	Rajal Mahato
35.	Sujay Paul	0641571126	Sujay Paul

ASSOCIATE PROFESSOR  
Department of Lifelong Learning  
& Extension  
University of North Bengal

HEAD  
Department of Lifelong Learning  
& Extension  
University of North Bengal



DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL

Accredited by NAAC with 'A' Grade

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjeeling, West Bengal, India, PIN-734 013

समानो मन्त्र समिति समानो

Ref: \_\_\_\_\_

Date: 18/02/22

*Intensive Awareness Outreach Extension Programme*  
*on*

**DISASTER MANAGEMENT**

**Date: 18.02.2022- 19.02.2022**

Organized by

**-DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL**

In Collaboration with

**UJJIBAN SOCIETY, TEOR, DAKSHIN DINAJPUR**

ASSOCIATE PROFESSOR  
Department of Lifelong Learning  
& Extension  
University of North Bengal

**List of Participants**

SL.NO	NAME	MOBILE NO	Signature
43.	Madhurima Ghosh.	7718182773	Madhurima Ghosh
44.	Abhijit Ghosh.	7718182773	ABHIJIT Ghos'
45.	Deepan Ghosh.	9691915652	Deepan Ghosh
46.	Shiben Mondal	7364969630	Shiben Mondal
47.	Latika Mahata	7031931692	
48.	Ankita Barman	8617867157	Ankita Barman
49.	Nandita Sutradhar	9851848048	Nandita sutradhar

HEAD  
Department of Lifelong Learning  
& Extension  
University of North Bengal





DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL

Accredited by NAAC with 'A' Grade

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjeeling, West Bengal, India, PIN-734 013

समानो मन्त्र समिति समानी

Ref: \_\_\_\_\_

Date: 18/02/22

Intensive Awareness Outreach Extension Programme  
ON

**DISASTER MANAGEMENT**

Date: 18.02.2022- 19.02.2022

Organized by

DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL

In Collaboration with

UJJIBAN SOCIETY, TEOR, DAKSHIN DINAJPUR

*List of Participants*

ASSOCIATE PROFESSOR  
Department of Lifelong Learning  
& Extension  
University of North Bengal

SL.NO	NAME	MOBILE NO	Signature
36.	Chayan Paul	8101189935	Chayan Paul
37.	Chandan Mohanta	7384748057	Chandan Mohanta
38.	Amit Mondal	8597887006	AMIT MONDAL
39.	Ankan Mondal	6297960002	Ankan Mondal
40.	MANOJIT BARMAN	9064266207	Manojit Barman
41.	Prasenjit Paul	8972800235	Prasenjit Paul
42.	Tanushree Sarkar	8759450196	Tanushree Sarkar

HEAD

Department of Lifelong Learning  
& Extension  
University of North Bengal



DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL

Accredited by NAAC with 'A' Grade

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjeeling, West Bengal, India, PIN-734 013

সমানী মত সমিতি সমানী

Ref: \_\_\_\_\_

Date: 18/02/22

*Intensive Awareness Outreach Extension Programme*  
*on*

**DISASTER MANAGEMENT**

**Date: 18.02.2022- 19.02.2022**

Organized by

**DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL**

In Collaboration with

**UJJIBAN SOCIETY, TEOR, DAKSHIN DINAJPUR**

*List of Participants*

SL.NO	NAME	MOBILE NO	Signature
50.	Ananya Das	7791588066	Ananya Das
51.	Sanjita Paul	7029266017	Sanjita Paul
52.	Megha Mohanta	<del>91588</del> 9907583773	Megha Mohanta
53.	Swapnali Sarkar	9382834896	Swapnali Sarkar
54.	Madhumita Das	0735433741	Madhumita Das
55.	Rupanjana Sarkar	9883268218	Rupanjana Sarkar
56.	Neha Ghosh	0339801705	Neha Ghosh

ASSOCIATE PROFESSOR  
Department of Lifelong Learning  
& Extension  
University of North Bengal

HEAD  
Department of Lifelong Learning  
& Extension  
University of North Bengal



DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL

Accredited by NAAC with 'A' Grade

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjeeling, West Bengal, India, PIN-734 013

সমানী মনস সমিতি সমানী

Ref: \_\_\_\_\_

Date: 18/02/22

Intensive Awareness Outreach Extension Programme  
ON

**DISASTER MANAGEMENT**

Date: 18.02.2022- 19.02.2022

Organized by

DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL

In Collaboration with

UJJIBAN SOCIETY, TEOR, DAKSHIN DINAJPUR

List of Participants

SL.NO	NAME	MOBILE NO	Signature
57.	Saniya Khatun	7797942270	Sania Khatun
58.	Subhajit Mondal	6894441995	Subhajit Mondal
59.	Parul Barman	9563172240	Parul Barman
60.	Ranobir Sarkar.	8509260257	Ranobir Sarkar
61.	Sharmistha Lahiry	9474342138	Sharmistha Lahiry
62.	Tuhin Chakraborty	8317828081	Tuhin Chakraborty
63.	Subha Mahato	9832935057	Subha Mahato

ASSOCIATE PROFESSOR  
Department of Lifelong Learning  
& Extension  
University of North Bengal

HEAD  
Department of Lifelong Learning  
& Extension  
University of North Bengal



DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL

Accredited by NAAC with 'A' Grade

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjeeling, West Bengal, India, PIN-734 013

समानो मनस समिति समानी

Ref: \_\_\_\_\_

Date: 18/02/22

*Intensive Awareness Outreach Extension Programme  
ON*

**DISASTER MANAGEMENT**

Date: 18.02.2022- 19.02.2022

Organized by

DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL

In Collaboration with

UJJIBAN SOCIETY, TEOR, DAKSHIN DINAJPUR

*List of Participants*

SL.NO	NAME	MOBILE NO	Signature
64.	Paritosh Sarkar	8509068893	Paritosh Sarkar
65.	Samim Mondal	9563633422	Samim Mondal
66.	Soumyajit Barman	7586061300	Soumyajit Barman
67.	Jit Mahanta	9800529134	Jit Mahanta
68.	Rahul Pramanik	8343090234	Rahul Pramanik
69.	Rita Das	7872156047	Rita Das
70.	Sajal Debnath	9635871665	Sajal Debnath

ASSOCIATE PROFESSOR  
Department of Lifelong Learning  
& Extension  
University of North Bengal

HEAD  
Department of Lifelong Learning  
& Extension  
University of North Bengal



DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL

Accredited by NAAC with 'A' Grade

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjeeling, West Bengal, India, PIN-734 013

समाजी मन्त्र समिति समाजी

Ref: \_\_\_\_\_

Date: 18/02/22

*Intensive Awareness Outreach Extension Programme*  
ON

**DISASTER MANAGEMENT**

Date: 18.02.2022- 19.02.2022

Organized by

DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL

In Collaboration with

UJJIBAN SOCIETY, TEOR, DAKSHIN DINAJPUR

*List of Participants*

SL.NO	NAME	MOBILE NO	Signature
71.	Samrat Saha	7384725801	Samrat Saha
72.	Tapash Debnath	8906147976	Tapash Debnath
73.	Biswajit Mahato	8293794739	Biswajit Mahato
74.	Debjani Mahato	7718732308	Debjani Mahato
75.	Sajal Mahato	7074131091	Sajal Mahato
76.	Ajoy Ghosh.	8322945785	Ajoy Ghosh
77.	Debashish Sankar	7432957423	Debashish Sankar

ASSOCIATE PROFESSOR  
Department of Lifelong Learning  
& Extension  
University of North Bengal

HEAD  
Department of Lifelong Learning  
& Extension  
University of North Bengal



DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL

Accredited by NAAC with 'A' Grade

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjeeling, West Bengal, India, PIN-734 013

समानो मन्त्र समिति समानो

Ref: \_\_\_\_\_

Date: 12/01/22

*Intensive Awareness Outreach Extension Programme*  
*on*

**DISASTER MANAGEMENT**

Date: 18.02.2022- 19.02.2022

Organized by

- DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL

In Collaboration with

**UJJIBAN SOCIETY, TEOR, DAKSHIN DINAJPUR**

*List of Participants*

SL.NO	NAME	MOBILE NO	Signature
78	Apurba Sarkar	6362108289	A.Sarkar
79	Racimul Kar. Mahato	8001096805	Racimul
80	monomohan Barma	9635064886	MBarma
81	PALASH MAHATO	8972692920	Palash Mahato
82	Chanchal Mandal	8768807799	Chanchal
83	Tapas Mahato	8195179873	Tapas Mahat
84	Archita Sultana	7718934746	Archita Sultana

ASSOCIATE PROFESSOR  
Department of Lifelong Learning  
& Extension  
University of North Bengal

HEAD  
Department of Lifelong Learning  
& Extension  
University of North Bengal



DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL

Accredited by NAAC with 'A' Grade

P.O. North Bengal University, Raja Rammohunpur, Dist. Darjeeling, West Bengal, India, PIN-734 013

समानो मन्त्र समिति समानो

Ref: .....

Date:.....

*Intensive Awareness Outreach Extension Programme  
on*

**DISASTER MANAGEMENT**

**Date: 18.02.2022- 19.02.2022**

Organized by

**DEPARTMENT OF LIFELONG LEARNING AND EXTENSION  
UNIVERSITY OF NORTH BENGAL**

In Collaboration with

**UJJIBAN SOCIETY, TEOR, DAKSHIN DINAJPUR**

*List of Participants*

SL.NO	NAME	MOBILE NO	Signature
85	Rumpa Mahanta	9339180098	
86	TARON BARMAN	8101282632	TARONBAR
87	Lalita Barman	9339823146	Lalita Barman
88	Gopinath Barman	8617669218	
89	SUBHAN GHOSH	8906777490	Subhan Ghosh
90	Swapan Adhikari	8145864839	Swapan Adhikari
91	Suraj Kr. Das	9563001821	

ASSOCIATE PROFESSOR  
Department of Lifelong Learning  
& Extension  
University of North Bengal

HEAD  
Department of Lifelong Learning  
& Extension  
University of North Bengal

### List of Resource Persons

<b>TOPIC</b>	<b>SPEAKERS</b>
<b>Unfolding the theme</b>	<b>Dr. Sidhartha Sankar Laha, Associate Professor &amp; Programme Coordinator, Department of Lifelong Learning &amp; Extension (DLLE), NBU</b>
<b>Concept , Types and Phases of Disaster management</b>	<b>Nisad Ahmed, Joint BDO, Hili Block</b>
<b>Disaster Impact and Response</b>	<b>Bangaratna Biswanath Laha</b>
<b>Disaster Preparedness</b>	<b>Sulekha Chakraborty, Headmistress, Teor Sarbeswar Balika Vidyalaya</b>
<b>Disaster Mitigation</b>	<b>Sonali Dey, Teacher, Teor Krishnastami High School</b>
<b>Disaster Management in Flood and Earthquake</b>	<b>Mr. Koushik Biswas</b>
<b>Disaster Rehabilitation</b>	<b>Mr. Suraj Das</b>
<b>Man-made disaster &amp; Mock Drill</b>	<b>Mr. Jyoti Bikash Dutta, Expert Trainer</b>
<b>Role of Nurse in Disaster Management</b>	<b>Anita Biswas, Teacher-In-Charge, Teor Krishnastami High School</b>



# UNIVERSITY OF NORTH BENGAL

Accredited by NAAC with Grade B<sup>++</sup>

HEAD OF THE DEPARTMENT  
DEPARTMENT OF TEA SCIENCE



\*समाप्तो मन्त्र समिति समाप्ती

P.O. NORTH BENGAL UNIVERSITY  
Raja Rammohunpur, Dist. Darjeeling  
Siliguri-734013, West Bengal, INDIA  
Tel.: +91 353 2776380  
Website: www.nbu.ac.in

We develop skills for your cup!

T.Sc./ L-2/23-24/40

Date: 25.5.2023

Sl.no.	Name of the agency seeking the services	Address	Phone number	Date
1	Darshana Tulangay	CU	9609318584	30.04.21
2	Naxalbari Tea Garden	Naxalbari	9734155750	19.07.21
3	Shambhu Swarnakar	Botany dept, RGU	8017512267	22.09.21
4	Jayanti Saha	RGU	8637345090	27.09.21
5	Gulma T.E.	Sukna, Darj.	8016458498	30.10.21
6	Darshana Tulangay	CU	9609318584	29.10.21
7	Papan Chauhan	Botany dept, RGU	7908888672	22.11.21
8	Bishnu Farm and Cane Research	Gopalganj (Pin-841428), Bihar	9431217715	22.11.21
9	Atal Tea Estate	Bagdogra, Darj.	8145901030	23.11.21
10	Gayaganga	Bagdogra, Darj.	8001565425	23.11.22
11	Singhania T.E.		9609913616	23.11.21
12	Himalayn Agro Plantation		6296152423	24.11.21
13	Bani Agro Pvt. Ltd.	Siliguri, Darj.	9064901314	26.11.21
14	Simulguri T.E.		9800101028	30.11.21
15	Parul Tea and Agro Plantation		7001686899	30.11.21
16	Hiralal agro Product	311 Bidhan Road, Siliguri	9933391167	30.11.21
17	Thakur Tea Estate		9832068778	01.12.21
18	Thanjhora Tea Estate		9732881681	01.12.21
19	Korunamoyee Tea garden		9434222232	03.12.21
20	Rani Thakur Tea Estate	Rishi Aurobindo Road, Hakimpara, Pin-734001	9832097000	03.12.21
21	Moni Trust		9434051478	13.12.21
22	Ava Tea Estate	Hakimpara, Shanti more, Siliguri	9434044148	14.12.21
23	Dew Tea Plantation		8001565425	14.12.21
24	Rani Thakur Tea Estate	Rishi Aurobindo Road, Hakimpara, Pin-734001	9832097000	16.12.21
25	K L Agarwal	Islampur	9434188193	16.12.21
26	Chuapara Tea Estate	Kalchini, Alipurduar	8918247463	17.12.21
27	Rohimabad Tea Estate		8101282248	17.12.21
28	Karbala Tea Estate		7001312104	17.12.21
29	United Alacrity Pvt. Ltd	<a href="mailto:dhrubomalakar10@gmail.com">dhrubomalakar10@gmail.com</a>	8473041615	21.12.21
30	Chittaranjan Tea Estate		8538068634	21.12.21
31	Jotindra Mohan Tea Estate	C/O Bukulrani Tea Estate	9872400307	23.12.21
32	Arjun Tea Estate		9734133010	24.12.21
33	Bijay Singha		8637851644	34.12.21
34	Sobujayan Plantation	Belakoba jalpaiguri	9832065914	27.12.21
35	Petki Tea Plantation	52, Najrul Sarani, Ashrampara, Siliguri	9733122297	31.12.21
36	Mnahananda Tea Estate		9733122297	30.12.21
37	Prova Tea Company		9800611179	31.12.21
38	Dilip Malakar		9064070184	31.12.21
39	Roghu Utkarsha Tea Garden		9933020942	06.01.22

*[Signature]* 25/5/2023  
HEAD  
Department of Tea Science  
University of North Bengal  
Dist. Darjeeling Pin-734013

# UNIVERSITY OF NORTH BENGAL

Accredited by NAAC with Grade B<sup>++</sup>

HEAD OF THE DEPARTMENT  
DEPARTMENT OF TEA SCIENCE



সমানো মন্ব সমিতি সমানো

P.O. NORTH BENGAL UNIVERSITY  
Raja Rammohunpur, Dist. Darjeeling  
Siliguri-734013, West Bengal, INDIA  
Tel.: +91 353 2776380  
Website: www.nbu.ac.in

We develop skills for your cup!

40	Nandan Tea garden		9933020942	06.01.22
41	Fatapukur Tea Estate		9002358060	06.01.22
42	Thanjhora Tea Estate		9732881681	07.01.22
43	Gourango Parvati Tea company Pvt. Ltd		9434070471	10.01.22
44	Green card developers Pvt.Ltd.		8967869191	10.01.22
45	Himalayn Agro Plantation		8670838471	10.01.22
46	Pranavananda Agro	Rajganj, Jal.	8101659997	13.01.22
47	Ecophilic Farming Solutions		8486360065	17.01.22
48	Rakkhit Tea Planters		9434012543	17.01.22
49	Priyanka T.G.		9434012544	17.01.22
50	Maa Basumati T.E.		9641673869	18.01.22
51	Sunita Lakra		9679168296	18.01.22
52	Anindita Das		9832600033	21.01.22
53	Kalyani Dey		9832600034	21.01.22
54	Nimtijhora T.E.	Nimtijhora, Alipurduar	9732529999	21.01.22
55	Gauranga Parvati T.E.		9634070471	24.01.22
56	Papan Chauhan	Botany dept, RGU	7908888672	27.01.22
57	Shambhu Swarnakar	Botany dept, RGU	8017512267	27.01.22
58	Sumi Paul	Botany dept, RGU	7908888672	27.01.22
59	Alam Tea Plantations		9800103242	27.01.22
60	Dhrubojyoti Paul		9735079870	28.01.22
61	Sarajeet Mondal	Bidhan Nagar, Darj.	9434052742	28.01.22
62	Ultra Green Agro Pvt.Ltd.	Siliguri, Darj.	9064569987	01.02.22
63	Azaad T.E.		9733024799	01.02.22
64	Patkapara T.E.		6294038240	09.02.22
65	Amarpur Tea and Plantations	Jalpaiguri	9932544480	10.02.22
66	Biplab Saha	Jalpaiguri	9932544480	10.02.22
67	Sourav Islam	Fulbari	8927980455	10.02.22
68	Bishnu Sugar Mills	Gopalganj (Pin-841428), Bihar	9431217715	23.02.22
69	Anandapur T.E.	Jalpaiguri	9434711365	23.02.22
70	S.C. Das Agro Industries		9832634502	03.03.22
71	Mohurgong and Gulma T.E.	Sukna, Darj.	7029909522	11.03.22
72	D&S Tea Agro plantations	Kumlai, Jalpaiguri	9832069695	14.03.22

*M. Shitacharya*  
25/5/2023  
HEAD  
Department of Tea Science  
University of North Bengal  
Dist. Darjeeling Pin-734013

### Webinar talk on 4 September 2021 (Saturday)

Topic: "[Fundamental of High Performance Computing](#)"

Talker: *Dr Ardhenddu Mandal, Associate Professor, Department of Computer Science and Application*

Time: 7pm onwards\*

*\*Interested person may join the webinar using the above link preferably within 10 minutes (from 6.50 PM to 7:00 PM) before starting of the talk.*

### Webinar talk on 11 July 2021 (Sunday)

Topic: "A general discussion on how corona virus spreads in an area: Individual perceptions"

Moderator: *Arindam Mukherjee, Sr. Research Officer, HECRRC, NBU*

Time: 7pm to 8pm

### Webinar talk on 27 June 2021 (Sunday)

Topic: "Global distribution of Covid-19 cases"

Moderator: *Dr. Arunava Bhadra, High Energy & Cosmic Ray Research Centre, NBU*

Time: 7pm to 8pm

# ANNUAL REPORT

2021-2022

## NATIONAL SERVICE SCHEME



समानो मन्त्र समितिः समानी



### Office of the Program Officer

1<sup>st</sup> Floor, Centre of Himalayan studies  
University of North Bengal  
Rajarammohunpur, Darjeeling, 734013  
West Bengal, India

1st April 2021 -31<sup>st</sup> March 2022

**PROGRAM COORDINATOR:**



**Prof. (Dr.) Monoranjan Chowdhury**

**PROGRAM OFFICERS:**

**University of north Bengal has Seven NSS units with capacity of 100 dedicated volunteers each. Out of seven units Unit V is fully girls unit.**



**Dr. Sujit Kumar Biswas, Unit-I (Department of Law)**



**Dr. Sudash Lama, Unit-II (Department of History)**



**Dr. Rakesh Kumar Mandal, Unit-III ( Department of Computer Science & Application)**



**Mr. Subhrojyoti Kundu, Unit-IV (Department of Mass Communication)**



**Dr. Nita Tamang, Unit-V (Department of Mathematics)**

**Dr. Prabir Panda, Unit-VI (Centre of Innovative Studies)**



**Rafikul Alam, Jalpaiguri Campus Unit (Department of Sanskrit)**

University of North Bengal is an educational institution established as per university act of West Bengal and is situated at foot hills of Himalaya of Darjeeling District. The institute providing quality education and research in this part of Eastern India. National Service Scheme has been introduced at the University of North Bengal since 1982. It was introduced as a complement to the academic programs of the University. It has become a part and parcel of the academic system. The major objective ever since has been to involve the students in the society of which they are an integral part. The entire programs of the NSS revolve around the students wherein the NSS volunteers put the students in a single thread in order to implement the NSS objectives. The NSS is a challenging medium for functioning amongst the down trodden section of the society as north Bengal University represents those affiliated colleges which are in majority located in rural areas where majority of the population belongs to Scheduled caste, Scheduled tribe and many other minority communities. To reach this vulnerable section of population and to work for them, the NSS can be a major weapon to curb their destitution.

Presently university has 93 NSS unit distributed in university campus and various colleges from hills of Darjeeling, Kalimpong and plains of North Bengal. Around 9000 students volunteers of colleges and university are directly involve themselves to provide the community services. University of North Bengal Rajarammohunpur campus itself holding 6 NSS units with around 600 volunteers and Jalpaiguri Campus with 1 unit with 100 volunteers. Out of 7 units, 6 unit accommodates male and female members and 1 unit is with fully for girls' volunteers.

Unit I- Students volunteers from the department of Law, NBU (Male and Female)

Unit-II: Students volunteers from the department of History, Bengali, Economics, Philosophy, Bengali and Education, NBU (Male and Female)

Unit-III: Students volunteers from the All the Science department, NBU (Male and Female)

Unit-IV: Students volunteers from the department of Mass communication and Arts departments, NBU (Male and Female)

Unit-V: Female Students volunteers from the all the department, NBU (Female)

Unit-VI: Students volunteers from the Centre for Innovative studies, NBU (Male and Female)

Unit-Jalpaiguri Campus: All students of Jalpaiguri Campus

## **NSS University Advisory Committee Meeting Schedules;**

16<sup>th</sup> NSS University Advisory Committee Meeting (Emergency). University of North Bengal was held on 11<sup>th</sup> February at 12:00 noon, through online platform (<https://meet.google.com/fkk-hdr>)

## **PRE-RD University Level Camp:**

University level camp for the selection of potential NSS volunteers from different colleges and University Units for Pre-Republic day Parade (ref no. P.16-1/NSS/RD/KOL/2021-2022/2338-2350 dt. 13.09.2021) to be organized by the office of Programme Coordinator NSS, NBU. This camp was held on 01.10.2021 at NBU sports board from 11 am onwards at Sports Board, NBU. Volunteers from various college NSS units were participated and the Potential Volunteers were sent to Pre-RD camp. Mr. Agineel Das (Representative RD Kolkata), Mrs. Arpana Ray (Cultural Expert), Mr. Partha Protim Roy (Associate NCC officer, Siliguri College, As Physical test expert) and few senior Program officer and staff of Sports Board, NBU and members of Office of Program coordinator were present there and successfully complete the camp.



Some Glimpses of Pre-RD Camp at NBU



## ORIENTATION PROGRAM

Office of the Program officer and Program Officer of University Unit II, Dr. Rakesh Mondal and Swami Vivekananda Chicago Mahasammelon boktritar 125 tomo borshapuri udjapon committee was Celebrated, the 125<sup>th</sup> year of Swami Vivekananda Chicago Speech, ending program was held at Rabindra-Bhanu Mancha, University of North Bengal on 29<sup>th</sup> March, 2022. Youths of Siliguri, Local people, NSS program Officer and several NSS volunteers of different affiliated colleges and University units actively participated with their presence. The key speaker was Swami Jyanlokanand Mahara, Ramkrishna Mission, Kolkata and he deliberated a detailed speech on Value based Education and motivated our audience specially the NSS youth volunteers. Hon'ble Vice-Chancellor inegurate the program and adrees the audience with mesmarizing speech. Overall Program was continues whole day with beautiful Cultural program, prize distribution, speeches etc and successfully completed.



Some Glimpses of Orientation Program

## National Service Scheme-Unit-II

### ❖ Observing Students Day by Clean Campus Initiative on 1<sup>st</sup> January, 2022, NSS Unit-II, University of North Bengal



**Volunteers with flex and Dustbins which has been placed in different places inside the university campus premises**

Parent gives us life but education gives us enlightenment. It makes us aware about our personal as well as social responsibilities. NSS Unit-II, University of North Bengal initiated a programme of Clean Campus on 1<sup>st</sup> January, 2022, to make the students feel that responsibility towards our educational premise also.



**Volunteers with brooms, dustbins to clean the Campus with full enthusiasm**

A rally to spread the message of Clean Campus with slogans of Cleanliness has been organised and around 25+ Dustbins were placed in different parts of the campus to keep the campus neat and clean.

**❖ Observing International Women's Day through an awareness camp on Women's Health & Hygiene at Monie Tea Estate, Bagdogra on 8<sup>th</sup> March, 2022 of NSS Unit-II, University of North Bengal**

We, from NSS Unit-II recognised and celebrated the presence of women in society and playing various roles in cultural, political and socio-economic genre on 8<sup>th</sup> March, 2022 in Monie Tea Estate, Bagdogra.



**Camp Premises: Moonie Tea Garden, Bagdogra**

To uphold and appreciate the unknown heroes of our society NSS Unit-II always tried to bring them together under one umbrella. It is always the fifty-fifty share of men and women to run our society in a rhythmic way. Not only the women workers of tea garden but the men too who always took a stand for their wife's well-being, children's education and taken care of old aged persons in their village. We tried to engage the students of tea garden workers of SSK ICDS School at Monie Tea garden to make them aware about the presence of their mothers in their lives, so we started our program by Sit & Draw Competition and distributed Art copy, colour pencil and other stationeries.



### Students of the Tea Garden School at our camp area

The other programs which were listed in 8<sup>th</sup> March, 2022, NSS Unit-II distributed new sarees with Sanitary Napkins to spread awareness about Menstrual Hygiene and its impact on women health. We also organized few games like Blow the Balloons, passing the plate and give them prizes to celebrate and cheer up their sportspersons spirit. NSS Unit-II, University of North Bengal hauls the idea of celebrating International Women's Day by recognising HER as a woman but to celebrate HER as a PERSON to appreciate her contributions to shape our society as a whole.

### ❖ Organised Educational Awareness Programme on 10<sup>th</sup> March, 2022

The NSS Unit-II volunteers also performed a drama named GAON KI AFSAR RANI BETI to spread the power of Education which can change one's future as well as livelihood.



**Drama: Gaon Ki Afsar Rani Beti, Performed by NSS Unit-II Volunteers to spread awareness about Education**

It showed that how a girl from an unknown tea garden area became an officer with her passion and talent to change the existing scenario of her village and how her parents helped her to reach her aimed goal of life. We are glad and overwhelmed to share that this drama touches every person's mind that was present in our camp premises. NSS Unit-II hopes that through the performance we made possible to mark the power of education.

**❖ Observing Red Ribbon Week & Anti-drug Awareness Program on 8<sup>th</sup> March, 2022**

You only live once, be drug free. Red Ribbon Week is a national celebration that promotes and encourages everyone to live a healthy and drug-free lifestyle. Red Ribbon Week which organises a special camp in Monie Tea Garden, Hansqua, Darjeeling on 8<sup>th</sup> March, 2022.



**Observing Red Ribbon Week among the people to stop the consumption of Drug, Alcohol and other addictive products**

To spread awareness among the locals especially youths to keep one away from drug addiction, consumption of alcohol and other addictive products. NSS Unit-II, University of North Bengal, and volunteers are initiated to share the bad sides of consumption of addictives among local peoples and its effect on their daily lives.



**Volunteers spread the message: SAY NO TO DRUGS**

## ❖ Organized Child Health Hygiene Awareness on 11<sup>th</sup> March, 2022

Health hygiene is more than just toilets; it encompasses the facilities, behaviours and services that prevent diseases caused by contact with human waste. Every day, thousands of children around the world Hygiene refer to behaviours that can improve cleanliness and lead to good health.



### Child Health Hygiene Awareness Programme in collaboration with TARANG Group

NSS Unit-II, University of North Bengal collaborated with TARANG, a group of nurses of North Bengal Medical College & Hospital organised a special camp to aware people about cleanliness and sanitation especially focused to children's and women health hygiene.



### Drama on Health Hygiene performed by TARANG Group

A drama was performed by TARANG group to share important and day-to-day routines of key hygiene behaviours like wash hands before eating, do not bite nails by teeth, for girls, how to maintain menstrual hygiene, use sanitary napkins and so on.

## **Blood Donation Camp on 15<sup>th</sup> March, 2022**

A mother's tear from her eyes doesn't save her child but your blood can. Donating blood is a win-win situation. Opportunities knock the door sometimes, so don't let it go and donate blood. NSS Unit-II, University of North Bengal and WBCUPA NBU Unit jointly organised a Blood Donation Camp on 15<sup>th</sup> March, 2022.



### **Inaugural of the Blood Donation Camp**

The programme which declares a huge success by donating 57 UNITS of Blood donated by the NSS Unit-II volunteers with the members of WBCUPA and the students especially without their active participation from various departments of University of North Bengal wouldn't have been a possible one.





**Blood donated by the NSS Unit-II Volunteers**

The doctors and blood collecting technicians of the Blood Bank of North Bengal Medical College and Hospital are immediate on their response to share the responsibility towards society along with us by collecting the blood. NSS Unit-II provided the food to the donors so that after giving the valuable life saving blood, donors won't feel illness and the volunteers played the key role to taken care of the donors.



**Lighten up the Diya to inaugurate the Blood Donation Camp and to encourage the Blood Donors**

Lastly the most important thing which every camp got is that the Blood Cards which we can use later for emergency purpose to save another life. So, the donors are the life changers by

giving their blood once by themselves and the other by the Blood Cards. The programme was concluded by distribution of certificates among the donors to encourage them for future donation of blood to bring someone's life from death. And NSS Unit-II will make sure to organise blood donation camp each year to took up some responsibility for our society with the motto to grow together to rise high.



**Distribution of Certificates to the donors issued by the Government of West Bengal**

Along with this auspicious programme NSS Unit-II also observed the World Consumer Rights Day to celebrate the world to cater to the concept of consumer rights and protection. The main motive of the celebration is to encourage more awareness and knowledge on consumer rights. This is also signifies the empowerment of consumers who must know their rights to raise their voice against any market abuses and take action to ensure a safe and sustainable market for everyone.

# NSS, NBU UNIT-III

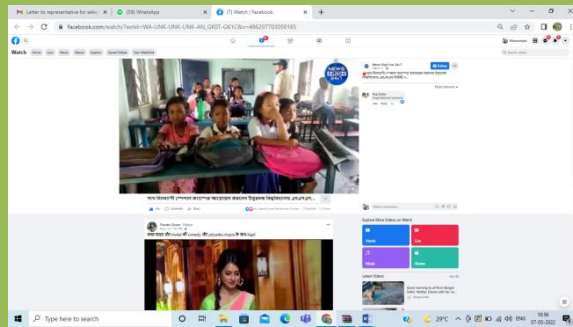
## REGULAR ACTIVITIES

**This Unit has been involved in the following Regular Activities:**

1. Van Mahotsav (20.07.2021)
2. HIV Awareness Program (15.12.2021)
3. Campus Cleanliness Awareness Program (01.01.2022)
4. Karate Camp ()







## NATIONAL SERVICE SCHEME UNIT V

### Regular camp:

“Students’ Day” was observed on 1<sup>st</sup> January 2022 at the campus of University of North Bengal. The theme of the programme was “Clean Campus Initiative”. A number of dustbins were placed at different locations within the University campus and some cleaning programme was done by our volunteers.



**Special camp:** A special camp was organized on the theme “Women Empowerment” at Mooni Tea Estate, Bagdogra during the period 8<sup>th</sup> March 2022 to 15<sup>th</sup> March 2022. A series of programmes were organized starting from observing International Women’s Day on 8<sup>th</sup> March 2022. Other programmes include Village sanitation programme, Educational awareness programme, Child Health and Hygiene, drug abuse awareness programme, Girls’ self-defence camp.



**Red Ribbon Programme:** A blood donation camp was organized as a red ribbon programme on 15<sup>th</sup> March 2022 at room 109, Humanities building , University of North Bengal. A total of 57 units of blood were collected. The donors not only includes NSS volunteers but also there were teachers, students, non teaching staffs of various departments of our University.



Bairatisal, West Bengal, India  
Room no. 109, Bairatisal, West Bengal 734013, India  
Lat 26.713963°  
Long 88.358267°  
15/03/22 12:27 PM



Bairatisal, West Bengal, India  
Room no. 109, Bairatisal, West Bengal 734013, India  
Lat 26.713963°  
Long 88.358267°  
15/03/22 01:28 PM



Bairatisal, West Bengal, India  
Room no. 109, Bairatisal, West Bengal 734013, India  
Lat 26.713963°  
Long 88.358267°  
15/03/22 01:26 PM



Bairatisal, West Bengal, India  
Room no. 109, Bairatisal, West Bengal 734013, India  
Lat 26.713963°  
Long 88.358267°  
15/03/22 12:27 PM



## NATIONAL SERVICE SCHEME UNIT IV

### 1. Documentary production on post Covid life

A documentary was produced on life after Covid 19 pandemic. The documentary mainly highlighted the changes that were brought in our daily life style after the pandemic and how people are coping with this “New Normal” life.



## 2. Rally and Street Play on Peer Pressure causing Mental Health

A rally followed by a Street play was organised by the NSS volunteer in the campus on the theme of how peer pressure causes mental agony and hereafter affects the mental health of students. The campaign was named “Reach Out”. The street play basically pointed out the problems and tried to provide a justifiable solution to the mental problem caused by peer pressure.



### 3. Debate completion on Russia – Ukraine War

A debate competition as held on the topic “Does Russia – Ukraine War Reveal Racism?”. NSS volunteers actively took part in it and highlighted different facets of the Russia – Ukraine War



#### 4. Street Play on the problem faced by Men in the society

Men do face a whole lot of problems in the society but hardly any section of the society including men do address those problems. NSS volunteers scripted and enacted a street play on such an uncommon topic in the campus and got huge feedback from the audiences. The name of the campaign was “Men Too”

